

INFORMATION EXCHANGE



Published monthly by the Developmental Disabilities Program of the Metropolitan Health Planning Board

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St. Paul, Minnesota 55101
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Vol. 8. No. 1.
January 1983

METRO DD PROGRAM NOTES

Training Workshops Begin

The State Developmental Disabilities DD Program will hold its first set of training workshops in the Metropolitan Area on Jan. 31, Feb. 1, and March 10, 1983. The management training series is made possible through a grant from the McKnight Foundation. See the December issue of this newsletter for more information. Participation is limited to 30 people. For registration information, call Kay Zwernik (b12) 292-7409.

McKnight Foundation Announces Changes in Developmental Disabilities Grant Program

At the December meeting of the state DD task force, there was a presentation on the current status of the three developmental disabilities projects funded by the McKnight Foundation. Changes in the projects are described below in the following article prepared by the state developmental disabilities program office.

On Dec. 6, 1982, the directors of the McKnight Foundation announced changes in the funding and implementation of the foundation's comprehensive program in developmental disabilities. As originally established in December 1981 (see Information Exchange, state supplement, January 1982), the four-year program totaled \$3.5 million to support a wide range of activities designed to meet needs of Minnesota residents with developmental disabilities. The revised program will total \$2,957,872 and include changes in two of four program components described below:

McKnight (Continued)

Systems Change Program. The purpose of this program is to develop more effective ways of meeting needs of clients who live in community-based residences and those who are participating in day and employment programs. In May, 1982, the foundation awarded planning grants of \$25,000 each to three organizations to change the system in activities regarding residential, day and employment services. The grants were awarded to the Association of Residences for the Retarded in Minnesota (ARRM), the Minnesota Developmental Achievement Center Association (MNDACA), and the Association for Retarded Citizens Minneapolis (MARC). The foundation had intended to award three-year implementation grants of \$500,000 to each organization if its plan warranted continued support.

Because of unanticipated difficulties in developing plans for change in the system, two revisions have been made in the original program design. First, MARC withdrew from further participation in the project. The foundation regretfully accepted the withdrawal and decided to continue to work in the employment area on a reduced scale through two projects to be operated by the Minnesota Association of Rehabilitation Facilities (MARF). The foundation has awarded \$32,130 to MARF for the months of December 1982 through February 1983, to conduct detailed planning for two projects. One project is the redesign of existing services, and the other is business development in rehabilitation facilities. If plans submitted at the conclusion of the three months are satisfactory, the foundation will award MARF up to \$268,870 for 33 months of implementation activities.

The foundation has also awarded three-month grants of \$52,126 to MNDACA and \$51,321 to ARRM to enable them to carry out additional detailed planning

McKnight (Continued)

activities relating to projects each organization had proposed in the initial planning period. If plans submitted at the conclusion of this period are satisfactory, the foundation will award each organization up to \$547,874 for MNDACA and \$548,679 for ARRM for 33 months of implementation activities.

Support to the Office of the Court Monitor. The foundation offered a three-year grant of \$150,000 to support the work of the office of the court monitor in the Welsch vs. Noot Consent decree. This grant was contingent on securing a determination from the Federal District Court that the court monitor's office was able to receive outside private funding under the decree. The court subsequently ruled that outside funding could not be granted. Consequently, the foundation has withdrawn this portion of its program.

The directors of the McKnight Foundation noted with satisfaction the work done in 1982 by the two other organizations funded under the McKnight developmental disabilities program. They are the Minnesota Developmental Disabilities Planning Program, which has contracted with Government Training Services to conduct personnel training throughout the state and Legal Advocacy for the Developmentally Disabled in Minnesota, a project of the Legal Aid Society of Minneapolis. The foundation intends to continue the planned activities and fundings for these components of the program.

Addition to Curriculum Library

The Metropolitan Developmental Disabilities program has added a new book to its curriculum library. It may be borrowed by Metropolitan Area residents for three weeks.

Communication Programming for the Severely Handicapped. Caroline R. Musselwhite and Karen W. St. Louis, College Hill Press, San Diego, 1982. \$29.50 plus \$3 for postage and handling.

Curriculum Library Addition (Continued)

This book covers both vocal and non-vocal communication strategies as well as related topics such as preliminary skills and support systems. It provides information on principles covering all types of communication programs, an overview of selected vocal and non-vocal programs and issues in language training.

The authors have provided detailed descriptions of each support system and the inherent skills needed for readers to make informed decisions about which program is best suited for a particular individual.

The book also focuses on a variety of impairments that lead to communication disorders. It recognizes that a primary impairment may often be accompanied by secondary conditions such as autism or cerebral palsy plus mental retardation, or mental retardation plus deafness or blindness. While the book is intended primarily for communication professionals, other major direct-care professionals, (occupational, physical and developmental therapists) may find this material useful in individual program planning.

EMPLOYMENT OPPORTUNITIES

The Phoenix Residence seeks a part-time registered occupational therapist to oversee implementation of an occupational therapy program for 48 developmentally disabled adults residing in an intermediate care facility. Duties include supervising two full-time certified occupational therapy assistants, developing adaptive equipment and working with wheelchair positioning aids and splinting. A basic knowledge of sewing is also required.

For further information, contact the personnel coordinator at the Phoenix Residence, 135 E. Colorado St., St. Paul, Minn. 55107. Tel. (612) 227-7655.

PUBLICATIONS

-- Employment Services Concept is a new publication from United Cerebral Palsy Association that describes programs that may lead to employment opportunities for disabled persons. Programs range from a food production and distribution operation employing disabled workers to a program that starts with the initial evaluation of capability for work and goes through the training process to employment. The 75-page book costs \$2.25 and may be ordered from: Professional Services Program Department, UCPA, Inc., 66 E. 34th St., New York, NY 10016.

-- The Directory of Living Aids for the Disabled is a 304-page catalog that lists living aids by type, such as alarm clocks for people who are blind and typewriter control systems that can be activated by suck, blow, or sensitive microswitches. Catalog information includes a brand name of a product, a description of its function and name and address of the manufacturer. It is available from the Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402. Stock number is 051-000-00158-3. The cost is \$7.50.

-- Fire Safety and You: A Guide for Handicapped People is a booklet including information for disabled persons on how to escape from fires, home fire prevention, fire-fighting, and burns. Available for \$.35¢ from: National Fire Protection Assoc., Publications Dept., Battery March Park, Quincy, Mass. 02269. Order stock number G-121.

-- The Handbook of Job Analysis for Reasonable Accommodation focuses on a job analysis process that can be used to plan easier and more convenient working conditions for people who are handicapped. It also includes a sample job analysis form and suggestions for accommodating people with specific handicaps. The booklet is available for \$3 from the Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402. Stock number: 006-000-1285-0.

FOR YOUR INFORMATION

New Program for Deaf, Retarded Children

The HELP Deaf Program for Retarded Children will soon be formed. It will be funded by a local foundation in Ohio and will focus on evaluation and training. HELP will initially explore techniques for evaluating previously undiagnosed hearing loss. The project will also develop a variety of training instruments to assist individuals to acquire communication skills. Goals will include research to confirm that 15 to 20 percent of people who are mentally retarded have a significant hearing loss and are misdiagnosed as autistic; and to demonstrate that stimulation of other senses, using sensory and electric equipment, will assist in learning new skills. For further information, contact: Walter Zborowsky, Executive Director, HELP, 13032 Euclid Av., East Cleveland, Ohio 44112.

Pen Pal Program

The publishers of Exceptional Parent magazine are developing a pen pal program for parents who wish to correspond with parents with similar experiences and to enable children with disabilities to exchange letters. Parents who wish to participate, or whose children would like a pen pal, should send a letter giving age, sex and disability of their child to: Pen Pals, The Exceptional Parent, 296 Boylston St., Boston, Mass. 02216.

Study Documents Shift in Residential Care

A substantial increase in the number of community-based residential facilities serving persons who are severely disabled, together with a dramatic drop in the disabled population of large public institutions, are among the recent changes in residential care for developmentally disabled people documented in a five-year research project by the Center for Residential and Community Services (CRCS), University of Minnesota.

Residential Care Study (Continued)

The CRCS Developmental Disabilities Project on Residential Services and Community Adjustment, conducted under a grant from the Administration on Developmental Disabilities, involved 13 separate surveys of community and public residential facilities and residents. One of the findings shows that a significant number of severely handicapped persons are being served in community-based facilities, and newly admitted residents are as likely to come from their natural homes as from a state institution.

The overall implication of these findings, center researchers conclude, is that there will have to be a reallocation of funds to community-based alternatives.

"Community-based facilities must accommodate the release from public facilities of an ever more seriously handicapped population and provide the required level of staffing and services necessary to meet individual needs," they state.

Additional information may be obtained from the Center for Residential and Community Services, Pattee Hall, 150 SE. Pillsbury Dr., Minneapolis, Minn. 55455.

Arts Programs for the Handicapped to be Coordinated

The National Committee, Arts for the Handicapped (NCAH), an educational affiliate of the John F. Kennedy Center for the Performing Arts in Washington, D.C. has announced that Minnesota Alliance for Arts in Education (MAAE) will receive funding to coordinate arts programs in Minnesota involving disabled persons.

The Very Special Arts Festival (VSAF) program provides handicapped children youth and adults with opportunities to increase learning and enhance their quality of life through participation in visual arts, drama, dance and music.

Arts Program (Continued)

All VSAF programs depend upon the assistance of volunteers. For more information, contact: Lori Ann Lee, Program Coordinator, MAAE, P.O. Box 13039, Minneapolis, Minn. 55414. Tel. (612) 376-1197.

Courage Center Classes

Courage Center is offering daytime and evening courses to physically disabled adults from Jan. 17 to March 24. Classes include clay works, ceramics, art, tri-chem embroidery, painting, photography, radio drama, chorus, music and literary writing. Class schedules, fees and requirements vary, and students are urged to register early.

For more information, contact: Cindy Raynor, Life Enrichment Program, Courage Center, 3915 Golden Valley Rd., Golden Valley, Minn. 55422. Tel. (612) 588-0811.

FUTURE EVENTS

March 10-12

The Council for Exceptional Children will sponsor a National Topical Conference on the Use of Microcomputers in Special Education in Hartford, Conn. The conference will focus on the use of microcomputers in special education programs and on adaptations and creation of software programs for specific disabilities.

More information may be obtained from John Grossi, Conference Manager, The Council for Exceptional Children, Department of Field Services, 1920 Association Dr., Reston, Va. 22091-1589. Tel. (703) 620-3660.



INFORMATION EXCHANGE

STATE
SUPPLEMENT

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Minnesota Department of Energy,
Planning and Development

Roger Strand 612/296-4018
Editor



REVIEW FOR POLICYMAKERS PUBLISHED

January 1983

The Minnesota Developmental Disabilities (DD) Program Office and the Governor's Planning Council on DD will release a new publication this month, entitled Developmental Disabilities and Public Policy: A Review for Policymakers. This publication was written in cooperation with the Center for Educational Policy Studies, College of Education, University of Minnesota.

It provides current information about persons with developmental disabilities, illustrates trends in community services and identifies policy issues and alternatives for the 1980s. Conclusions and recommendations are based on evidence presented in public forums, data and policy analysis studies and literature review.

"Much is right about Minnesota's services to people with disabilities," the publication states. However, it says the challenge for the 1980s is to preserve gains made during the last decade by reshaping and providing services in an efficient and coordinated way.

Premised on the broad policy goal that home life and day activity of people with handicaps be as close to normal patterns as their disabilities allow, the report recommends an alternative approach in addressing this goal. Rather than fitting the person into the services available, a flexible array of services should be designed to meet the identified needs of the person with a disability. This is referred to as a support model, which is a consumer-powered system that starts with the client's needs and strengths, identifies the resources needed, and evaluates the system according to the client's progress. Funds could be directed toward services rather than facilities and clients would not be forced to move as they become more independent and as their needs change.

Review for Policymakers (Continued)

Current practice is based upon a resource-powered system where clients choose from among services available and spend time on waiting lists. Policy is contradicted by disincentives that encourage counties to place people in more restrictive settings. Reallocation of funds could solve such disincentives. Two side effects are big dollar investments in bricks and mortar and difficult evaluations because of inappropriate placements.

Future policy choices depend on how basic issues are viewed and responded to. For example:

- A trend exists toward decentralization of governmental responsibilities, putting greater pressure on state and local governments to continue services viewed as necessary.
- Issues exist concerning funding disincentives and deficits in open entitlement programs, reexamining the use of the Title XIX waiver to allow Medicaid payments for home and community care, and exploring more cost-effective alternatives to long-term care.
- What is the value of placing greater emphasis on prevention and early intervention for long-term cost savings?
- What is the practicality of funding two service systems--a network of state hospitals and one of community services?

Copies of this publication will be sent to those on the Policy Analysis Series mailing list. Others may request a copy by contacting the Developmental Disabilities Program Office, 201 Capitol Sq. Bldg., 550 Cedar St., St. Paul, Minn. 55101. Tel: (612) 296-4018.

McKNIGHT FOUNDATION ANNOUNCES \$3.35
MILLION PROGRAM FOR MENTAL HEALTH SERVICES
IN MINNESOTA

The McKnight Foundation has announced the establishment of a four-year, \$3.35 million comprehensive program to make certain types of mental health services more widely available throughout Minnesota. The program is the result of an eight-month review of the needs of people who are mentally ill and their families.

Approximately 15 percent of the state's population, about 600,000 Minnesotans, experience mental health problems at any given time. The foundation's program is intended to encourage provision of needed services by concentrating efforts in the following areas:

- Community Support Programs. A Community Support Program (CSP) is a community-based, systematic approach to providing services for people who have experienced mental illness and have recurring life adjustment problems. The foundation will offer financial aid totalling \$2 million between 1983 and 1986 to encourage the establishment of new CSPs and further development of existing CSPs.
- Community Coalition Building Project. The foundation will provide \$244,200 between 1983 and 1986 to the Mental Health Advocate's Coalition, Inc., to establish consumer-dominated, community-based coalitions of mental health advocates across the state.

Advocacy Programs. The foundation will provide \$1,008,776 between 1983 and 1986 to the Mental Health Association of Minnesota, Inc., to operate three advocacy programs:

- Support for families of mentally ill persons;
- Legal representation to clients (through a subcontract with Legal Aid Society of Minneapolis); and
- Trained lay advocates to assist individual consumers of mental health services.

McKnight Foundation (Continued)

American Indian Mental Health Programs. The foundation will provide \$83,000 in 1983 and 1984 to match a state-mandated set-aside of federal block grant funds to assist the development and expansion of mental health services for American Indian clients living on a reservation or in urban communities. An additional \$20,000 will be provided for the two-year period to continue the activities of the American Indian Mental Health Advisory Committee, an official unit of the Minnesota Indian Affairs Intertribal Board.

For more information, contact: Russell V. Ewald, Executive Vice-President, The McKnight Foundation, Suite 410 Peavey Bldg., Minneapolis, Minn. 55402. Tel. (612) 333-4220.

VINLAND NATIONAL CENTER RECEIVES FEDERAL
DD SPECIAL SIGNIFICANCE GRANT

The Administration on Developmental Disabilities, Department of Health and Human Services in Washington, D.C., recently announced its discretionary grant awards--"Projects of Special Significance"--for fiscal year 1982. Among 17 projects funded throughout the nation was the Vinland National Center in Loretto, Minn.

The purpose of the one-year grant of \$125,000 to Vinland is to develop and provide a national resource for rehabilitation organizations interested in providing health sports and recreation services as part of the rehabilitation process. Vinland will prepare and disseminate materials nationally and train disabled persons and professionals in the field of health sports.

For additional information, contact: Joan Saari, Vinland National Center, 3675 Induhapi Rd., Loretto, Minn. 55357. Tel. (612) 479-3555.

NEW FILM ASKS "WHAT'S YOUR HANDICAP?"

Produced by a North St. Paul family physician, Dr. Joe Norquist, a new film "What's your Handicap?" takes a fresh look at how people with handicaps are living as normally as possible. The film reminds its viewers that all people have handicaps of one sort or another. The film captures the meaning of disability as seen from the eyes of people with primarily physical handicaps. For information on purchase or rental, call (612) 777-8393.

PUBLICATIONS

Guide to Minnesota Foundations and Corporate Giving Programs (1983 Update). This directory will be published this winter from the University of Minnesota Press. It has been expanded to include information on corporate giving programs as well as foundations. Introductory chapters provide information about grant making in Minnesota, types of grant makers and where to seek additional resource materials.

The directory may be ordered from the University of Minnesota Press, 2037 University Avenue, SE., Minneapolis, Minn. 55414, for \$14.95 per copy (plus tax or tax-exempt number). Stock number: 8166-1219-6.

1983 Minnesota Pocket Data Book. Packed with statistics, graphs and charts, this is a helpful reference for planners, executives, government officials, students and others who need current data about Minnesota. It includes data on manufacturing, marketing, population trends, human and natural resources, government revenues and expenditures, education and transportation. For price and more information, contact: Blue Sky Marketing, Inc., Publications Division, 2935 Humboldt Av. N., Minneapolis, Minn. 55411. Tel. (612) 774-2920.

Publications (Continued)

Minnesota Guidebook to State Agency Services is a 750-page resource book that details grants, licenses, materials and services from every state agency, including history, vital statistics and facts about Minnesota. Cost is \$9 plus \$1.45 for tax, postage and handling. Order from: Minnesota State Documents Center, 117 University Av., St. Paul, Minn. 55155. Tel. (612) 297-3000 or, toll free, 1-(800) 652-9747.

NEWSLETTER HIGHLIGHTS COMPUTER TECHNOLOGY FOR PEOPLE WITH HANDICAPS

Closing the Gap: Computers for the Handicapped is a publication that pays specialized attention to the growing industry of computer hardware and software technology for people with handicaps. A one-year subscription for this bimonthly publication costs \$15. Contact, Closing the Gap, Route 2, Box 39, Henderson, Minn. 56044.

EVENTS

Jan. 20, 1983

"Treatment of Traumas for Male Victims of Sexual Abuse" is a one-day seminar to be held at Central Lutheran Church in Minneapolis. This seminar will explore clinical issues involving male victims, abusive parents, family reconstruction and handicapped victims. Fee: \$22. Handicapped participants should alert seminar staff of about special needs. For registration, contact: Treatment Program for Male Victims of Sexual Abuse Inc., 1111 W. 2nd St. Minneapolis, Minn. 55405. Tel. (612) 888-3324.

Jan. 23

The Nationwide Telethon for Cerebral Palsy will be aired by the ABC network (WTCN-TV Channel 11 in the Metropolitan Area) from midnight to 6 p.m. Volunteers are needed. Call Mary Kaszynski, United Cerebral Palsy of Minnesota (612) 646-7568).

YEARNING FOR LEARNING

The state Developmental Disabilities Program Office has acquired several education, training and resource materials. They may be borrowed from each of the regional Developmental Disabilities offices and from the state program office in St. Paul. Each month, this section of DD Information Exchange highlights selections from these resources to provide information to potential buyers. The following selections may be borrowed from the State DD Program Office only.

Attitudes and Disability: An Annotated Bibliography, 1975-1982, E. Makas. This is a comprehensive coverage of articles and books that address attitudes related to disability. It is organized by categories that include: specific disabilities (e.g. mental retardation, hearing impairment, etc.); attitudes of employers, law enforcement, medical and mental health professionals; and intervention strategies and theories related to attitudinal development and change. It also includes a section on instrumentation for measuring attitudes.

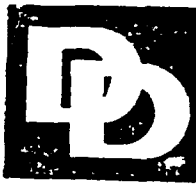
Prevocational and Vocational Education for Special Needs Youth: A Blueprint for the 1980s. K. P. Lynch, W. E. Kiernan and J. A. Stark (eds.). Besides providing strong policy statements on the overall design of vocational training programs, this book offers detailed recommendations for curriculum development and instructional methods based on careful evaluation. Strongly emphasized by the 21 contributing authors is the belief that if students fail entire programs, it is necessary to review and improve the procedures used rather than to draw premature conclusions about their limitations.

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Vol. 8. No. 2.
February 1983

METRO DD PROGRAM NOTES

Book on DD Public Policy Needs Distribution

The Governor's Planning Office on Developmental Disabilities has published an informative guide titled Developmental Disabilities and Public Policy: A Review for Policymakers.

The book is intended to provide elected officials with basic information on developmental disabilities and service system trends in community services. It also identifies policy issues for the 1980s. The Metropolitan Developmental Disabilities Program is assisting the Governor's Council in distributing the book to Metropolitan Area state and county legislators.

Volunteers are needed who are willing to personally deliver copies to their state senators, representatives and county commissioners. A brief orientation on how to present the book will be held on Tuesday, Feb. 8, at the Metropolitan Council. If you would like to attend the meeting and receive copies for your legislators, please call (612) 291-6363 for information. Legislative maps will be available to help you identify your legislators.

Training Workshop Set for March 10

For information on the organization and management training workshop sponsored by the State Developmental Disabilities Program, contact Kay Zwernik at (612) 222-7409. See the December issue of this newsletter for more information.

Proposal Funding Workshop Set for March 25

The Metropolitan Developmental Disabilities Program will sponsor a workshop, "The Art of Getting Proposals Funded: Trade Information You Should Know." It will be held at Inver Grove Community College, Friday, March 25, from 9 a.m. to 2:30 p.m. Registration will be limited to 60 participants, with a maximum registration fee of \$15 each.

The workshop is a follow-up to a 1982 proposal-writing workshop. Evaluation forms from the earlier workshop indicate a keen interest in influencing strategies applicants might pursue, both during the proposal development phase and after the proposal is submitted. Presentors will represent both corporate and foundation grantors.

A brochure and registration form will be sent to all Metropolitan Area recipients of the DD Information Exchange in the next few weeks.

Additions to Curriculum Library

--The Directory of Living Aids for the Disabled is a 304-page catalog that lists adaptive equipment and devices for use by people with various handicaps. Aids include scissors, alarm clocks, clothing, kitchen utensils, communication aids, switches using many types of controls, typewriter aids and many other aids. Listed in alphabetical order, aid descriptions include the type of limitation the aid is designed to assist and include the manufacturers' names and addresses. No prices are listed.

Books (Continued)

--Quality Education for the Severely Handicapped. This collection of information is the work of many professionals affiliated with The Association for the Severely Handicapped. Topics include a critique of special education technology, service delivery issues, assessment, evaluation support services and training of professionals. The chapter on family involvement in the education process should be read by parents as well as professionals. While the book has a heavy educational orientation, professionals who work with severely handicapped persons will find useful information in many chapters.

These new books are now available in the Metro DD curriculum library and may be borrowed for a period of three weeks. To obtain a book, please apply in person to the developmental disabilities secretary at the Metropolitan Council, (612) 291-6363.

McKnight Applications

Please be sure to read the news item on the availability of DD-McKnight Regional Problem-Solving grants from the State DD Program Office. See the first page of the state supplement (blue section) to this newsletter.

Maps Available

The Metropolitan Council has maps of the 1983 Twin Cities Metropolitan Area legislative districts available free of charge. For a copy, call the Council's Public Information Office at (612) 291-6464.

MISCELLANEOUS

Supreme Court Rules on AC Services

The Minnesota Supreme Court has made a decision in the Kittson County Developmental Achievement Center (DAC) appeal. The appeal was brought on behalf

Supreme Court (Continued)

of seven mentally retarded adults from Kittson County whose DAC services had been cut from five to three days because of fiscal constraints on the county's budget.

The court found that county boards do not have the authority to reduce funding for welfare programs mandated by state rule. The high court said such funding can be reduced only by changing the rule mandating the program.

The Supreme Court reversed earlier decisions made by the Commissioner of Public Welfare and a three-judge district court panel. The Supreme Court said the county had received adequate funds to make the mandated services available but chose to reallocate those funds to other non-mandated programs. The Department of Public Welfare is sending a directive to the counties on how to proceed.

New Jobs Bill Offers Greater Opportunity for Handicapped Persons

The new Job Training Partnership Act (JTPA) signed into law by President Reagan on Oct. 14, includes the eligibility of handicapped persons. It also offers more opportunity for their participation in job training programs than the Comprehensive Employment and Training Act (CETA) it replaces.

The new program is designed to encourage businesses and state and local governments to work together to train and place dislocated and economically disadvantaged workers in permanent private sector jobs. JTPA provides for basic job training and related training and support services. Unlike CETA, the new law does not provide for wages, stipends or public service jobs.

Of particular interest to handicapped persons, JTPA specifically defines eligibility as "any individual who has a physical or mental disability which for such individual constitutes or results in a substantial handicap to employment."

Job Training (Continued)

Persons who are handicapped are also included in the definition of "economically disadvantaged" if they meet income requirements. These requirements are based on the income of the individual rather than family income, as was the case under CETA. This provision opens the door to greater participation by handicapped persons.

'Waiver' Program for Medicaid Coverage Becomes Permanent

Former Secretary of Health and Human Services (HHS) Richard S. Schweiker recently urged the nation's governors to act quickly to let disabled persons leave medical institutions and be treated at home while still retaining Medicaid coverage. At the same time, Schweiker unveiled a streamlined "waiver" program that will make it easier for the states to take action.

The new waiver procedures are meant to permanently replace interim arrangements instituted by Schweiker in 1982. Acting on a request by President Reagan, Schweiker then issued a novel regulation allowing Medicaid eligibility for less expensive home care. The regulation allows disabled persons to go home from an institution without losing Medicaid eligibility. The states must apply to HHS for authority to cover disabled persons. The new procedures make it easier for HHS to grant the authority quickly.

Schweiker said, "The new procedure means more home care and less red tape with savings for the Medicaid program as well. I urge governors to move quickly and take advantage of this new flexibility. They can benefit disabled patients as well as their own state taxpayers and the Medicaid program, too."

Disabled Student Network Project Begun

A disabled student leadership network project has been initiated as a joint effort of the National Student Education Fund and the United States Student Association. The goal of the project is to build organizations for disabled students on campuses around the country. This will include disabled students in the higher education decision-making process through involvement in student government associations as well as state and national student organizations.

The project produces a bimonthly newsletter, News Aids, that focuses on events and issues affecting students with disabilities, with emphasis on legislative and regulatory developments in Section 504 of the 1973 Rehabilitation Act. Disabled students may contact: News Aids, National Student Educational Fund, 2000 NW. P St., Suite 305, Washington, D.C. 20036.

SERVICES

Model Residential Application Form Available

The Iowa Private Residential Facilities for the Mentally Retarded have developed a uniform residential application form based on one developed by Developmental Services Organization Inc. (DSO).

If you know residents of other states interested in using DSO's admission and application form as a model, or of Minnesota residential facilities that do not have a copy of this form, please contact Jane Birks, DSO Inc., 666 Pelham Blvd., St. Paul, Minn. 55114. Tel. (612) 646-2711.

Behavior Management Program Offered

Gillette Children's Hospital is offering a new behavior management program that focuses attention on behavior problems of young people with disabilities. The program is designed to assist families, physicians, school personnel, human service providers and others who provide ongoing care in the child's home community.

Gillette Program (Continued)

The program offers a one-day behavioral, medical and learning assessment. Problem behaviors are identified, causes identified, recommendations for treatment made and follow-up management provided if requested.

The cost varies according to the extent of professional services required. For more information, contact: Katy Amundson, Behavior Management Program, Gillette Children's Hospital, 200 E. University Av., St. Paul, Minn. 55101. Tel. (612) 291-2848.

Information on Aids and Equipment Available

ABLEDATA, a data bank containing information on rehabilitation products, has been expanded to include descriptions of 5,000 commercially available aids and equipment. It includes information in the following areas: personal care, home management (food preparation, furniture, etc.), vocational and educational aids, mobility, cushions and other types of seats, transportation, communication (including environmental control systems), recreation, orthotics, prosthetics and therapeutic aids.

ABLEDATA system may be used by anyone. Information brokers throughout the country perform searches of the file to meet users' specific information needs. A list of brokers may be obtained from Marian Hall, ABLEDATA System Manager, National Rehabilitation Information Center, 4407 NE. 8th St., The Catholic University of America, Washington, D.C. 20017-2299. Tel. (202) 635-6090.

BOOKS, PUBLICATIONS

Catalog of Aids for the Disabled offers descriptions of aids in the areas of personal care, meal preparation and other household activities, mobility, communication and recreation, with photographs or illustrations of many items. The catalog is available from local bookstores, or from: McGraw-Hill, 1221 Avenue of the Americas, New York, N.Y. 10020. The price is \$24.95.

Publications (Continued)

Sometimes I'm Mad, Sometimes I'm Glad-- On Being a Prader-Willi Family, by Janalee, is a children's book written in simple language for brothers and sisters of Prader-Willi children. It describes conflicting emotions a sister has about her brother who has Prader-Willi Syndrome.

The book is available for \$2.50, including postage and handling, from: Prader-Willi Syndrome Association, 5515 Malibu Dr., Edina, Minn. 55436. (Tel. (612) 933-0113.

Responding to Disability: A Question of Attitude is a questionnaire designed to stimulate thinking and dialogue about persons who are disabled. Written in question-and-answer form, the booklet illustrates situations that could be uncomfortable or awkward. It allows the reader an opportunity to think about the situation, to respond and then to consider the various responses more carefully. The first five copies are free. A donation of \$2 each to cover printing and postage is requested for each additional copy.

Order from: The Minnesota State Council for the Handicapped, Metro Square Bldg., Suite 208, 7th and Robert Sts., St. Paul, Minn. 55101. Tel. (612) 296-6785 or, toll-free 1 (800) 6552-9747.

Handbook for the Disabled: Ideas and Inventions for Easier Living presents hundreds of devices and ideas to make life easier for persons who are disabled. Instructions are given on how to make simple aids such as lapboards. Sources of commercial equipment are also included. The handbook is available from local bookstores or from: Scribners, 597 5th Av., New York, N.Y. 10017. The price is \$17.95.

For the Disabled Traveler---

The following five booklets may be helpful to travelers who are disabled:

--Access Amtrak, a guide to Amtrak services, includes information on discount fares, boarding accessibility and railcar arrangements. It is available at no cost from: National Railroad Passenger Corp. 400 N. Capitol St. NW., Washington, D.C. 20001.

--Access Travel: Airports lists design features, facilities and services at 472 airport terminals in 46 countries. It includes information on walkway widths, ramp slopes and location of elevators. A single copy is available free from the Consumer Information Center, Dept. 632K, Pueblo, Colo. 81009.

--Highway Rest Areas for Handicapped Travelers lists over 800 accessible rest areas along major highways in 48 states. It is available at no cost from The President's Committee on Employment of the Handicapped, 1111 NW. 20th St. NW., Washington, D.C. 20036.

--1981/1982 International Directory of Access Guides lists guides to information on accessibility in cities, towns, parks and transportation systems around the world. Individual copies are free, with additional copies \$1 each. Available from Rehabilitation International U.S.A., 1123 Broadway, New York, N.Y. 10010.

--Access National Parks: A Guide for Handicapped Visitors is a 100-page guide that gives detailed information about accessibility of facilities, services and interpretive programs in almost 300 historic sites, monuments and parks. It includes trail surface and length, door widths and rest room accessibility. Also included are addresses, telephone numbers and brief descriptions of each park area. The cost is \$6.50. Order by number SN 024-005-00591-5 from the U.S. Government Printing Office, Washington, D.C. 20402.

EMPLOYMENT OPPORTUNITIES

Camp Friendship, serving mentally retarded persons of all ages, is now accepting staff applications for the 1983 camping season. A total of 125-150 persons are hired for the 15 weeks camp is in session. Depending on each employee's summer schedule, contracts are written for each individual staff member. Term of employment ranges from 2 to 15 weeks. Positions available are: counselors, nurses, nutritionist, dining hall workers, store keeper, camp crafter, receptionist, boat mechanic and other maintenance. Also needed are persons skilled in arts and crafts, nature, recreation, music and water safety.

For more information, contact: Camp Friendship, Rt. 3, Box 162, Annandale, Minn. 55302. (612) 274-8376.

RECREATIONAL ACTIVITIES

For Summer Camp Information...

The Association for Retarded Citizens (ARC) of St. Paul is holding a free, informational forum at which representatives from residential and day summer programs will present information on services for children and adults who are mentally retarded, learning disabled or autistic. Groups represented will include Camp Friendship, Camp Confidence, Camp New Hope, Camp Indian Chief, St. Paul Adaptive Recreation Dept., Wilder Forest, Camp Hand-in-Hand, Camp Courage, Camp Buckskin, Camp Winnebago, Search Beyond Adventures and Day Camp for the National Society for Autistic People.

The forum will be held in the auditorium of the St. Paul Schools administration building at 360 Colborne St. (near W. 7th and Jefferson Sts.) on Wednesday, March 9 at 7 p.m.

Information on financial assistance for summer camp will also be available. For more information call, (612) 224-3301.

Recreational Programs (Continued)

Dakota County Programs

The Association for Retarded Citizens in Dakota County has many recreational programs planned from January through May. For information, call Gail Colton at (612) 457-2588.

CONFERENCES, WORKSHOPS

March 9 and 12

Two identical workshops sponsored by Parent Advocacy Coalition for Educational Rights (PACER) will be held at the Park Bldg., McRae Park, E. 47th St. and Elliot Av. S., Minneapolis. The March 9 workshop will be from 7-10 p.m. and the March 12 workshop will be from 9:15 a.m. to 2:30 p.m. Registration will take place 15 minutes prior to each workshop.

Topics will include an overview of special education laws and regulations, and an update on what's happening on the federal and state levels with funding for special education programs.

The workshops are free, but pre-registration is encouraged. For more information, call Betty Binkard at (612) 827-2966.

March 23

The Minnesota Interreligious Committee for Bio-Medical Ethics will present a workshop, "To Save or Let Die: Dilemmas Concerning Defective Newborns," at the Beth El Synagogue, 5224 W. 26th St., Minneapolis, from 8:15 a.m. to 4:15 p.m.

Registration is \$18 and must be prepaid. It includes the workshop, lunch, bibliography, position papers, continuing education accreditation and coffee. For more information or for a registration blank, contact: Trudy Rogness Jensen, Chairperson, 4420 Philbrook Lane, Minneapolis, Minn. 55424. Tel. (612) 922-3537.

FUTURE EVENTS

April 29 and 30

A Developmental Achievement Center (DAC) information fair will be held at the Louise Whitbeck Fraser School, 2400 W. 64th St., Richfield, Minn.

The event takes place from 7 to 9 p.m., April 29 and 9 a.m. to 1 p.m. Saturday, April 30. It will feature entertainment, refreshments, information booths, panel discussions and slide/tape presentations explaining the work of DACs and exploring the challenges of today's uncertain economy.

For more information, contact: Diane Cross at Courage Center. Tel. (612) 588-0811.

May 15-20

"Communication Training for the Nonverbal or Seriously Language-Deficient Child: A Transactional Approach" is an intensive, six-day in-service workshop that will take place in Kansas City, Mo. The training is funded through Special Education Programs, U.S. Department of Education. The workshop is designed for special education and speech and language clinicians at the leadership level. It is aimed at clinicians who serve severely handicapped children and youth who are nonverbal or who exhibit serious language and communication difficulties. The application deadline is March 1. For more information, contact: Language Intervention: Leadership Training Program, University of Kansas, Bureau of Child Research, Parsons Research Center, Parsons, Kan. 67357. Tel. (317) 421-6550, ext. 395.

The Department of Educational Psychology at New York University is sponsoring a special education summer abroad program in Denmark. Participants can work toward a M.A. degree in special education or study as nonmatriculated students in July and August. Twelve credits at \$116 per credit are required. Inexpensive accommodations are available. For information, contact: Helen Kelly, New York University, 64 Press Annex, New York, N.Y. 10003. Tel. (212) 598-2126 or 2153.



INFORMATION EXCHANGE

STATE
SUPPLEMENT

Developmental Disabilities Program
201 Capitol Square Building
550 Cedar Street
St. Paul, Minnesota 55101

Minnesota Department of Energy,
Planning and Development

Roger Strand 612/296-4018
Editor



REGIONAL DD PROBLEM-SOLVING APPLICATIONS REQUESTED

The developmental disabilities program of the Minnesota Department of Energy, Planning and Development recently announced that application for regional problem-solving grants will be accepted until April 15, 1983. This is the second year that funds up to \$100,000 are being made available under a grant from the McKnight Foundation.

The grant program is designed to offer modifications or solutions to problems that affect the quality and quantity of services to persons with developmental disabilities. Grants are for a period of one year and are generally less than \$5,000. Purchase of equipment, land or buildings is not permitted. Local match of 25 percent of the total project cost is required.

Grant information and application forms may be obtained from: Ron Kaliszewski, Developmental Disabilities Program, Room 201, Capitol Square Bldg., 550 Cedar St., St. Paul, Minn. 55101. Tel. (612) 296-2207.

COURAGE CENTER OFFERS SIX-WEEK COURSE FOR PARENTS

A six-week course on how parents can become more effective in helping their children reach their potential learning skill, will be held on Mondays, from 7-9 p.m., starting Feb. 28. The course title is "Managing Your Child's Behavior: Improving Learning Skills." Fee is \$2 per session or \$12 total. Make check payable to Margot Laird, instructor, and send with name, address and phone number
Annette Pantel, Courage Center, 3915 Golden Valley Rd., Golden Valley, Minn. 55422.

February 1983

SOCIAL SECURITY BENEFITS REINSTATED

Last December, Federal District Court Judge Earl Larson ordered the Social Security Administration (SSA) to restore supplemental security and disability insurance benefits to over 800 Minnesotans whose benefits had been denied or terminated. The precedent-setting decision was the result of a class action suit filed against the U.S. Department of Health and Human Services by the Mental Health Association of Minnesota (MHAM) and four individuals with mental illness.

The suit charged the SSA with changing its evaluation processes for determining an applicant's eligibility for benefits based on medical criteria without consideration of the person's ability to perform work or hold a job. According to Judge Larson's decision, the new process is illegal, and "arbitrary, capricious, irrational and an abuse of discretion."

The decision has far-reaching implications. It affects all six states in the SSA's Region 5 (Minnesota, Wisconsin, Illinois, Michigan, Ohio and Indiana) and means restoration of monthly benefits ranging from \$289 to \$439 to over 15,000 people with mental illness in these states. Because of terminations and denials of benefits, many people have been forced to subsist on general assistance funds or have been faced with return to state hospitals.

ACTION ALERT TEAMS: AN OPPORTUNITY FOR
CITIZEN INVOLVEMENT

The Minnesota Committee for the Handicapped (MCH) is establishing action alert teams throughout the state. MCH is seeking individuals who will write or call their state and national legislators before key votes. No attendance at meetings is required. As stated by Molly Woehrlin, MCH coordinator, "Our ability to influence legislators is in direct proportion to the number of communications from constituents. We must mobilize the large number of people who support handicapped citizens so their voices may be heard." Please send the following information to Molly Woehrlin, Minnesota Committee for the Handicapped, Action Alert Team, 302 Maple St., Northfield, Minn. 55057: Name, address, phone, legislative district number, whether professional or parent, and interest area (e.g., special education, rehabilitation, residential, etc.).

EARLY INTERVENTION RESEARCH INSTITUTE
ESTABLISHED AT UTAH STATE UNIVERSITY

The Exceptional Child Center at Utah State University was recently awarded a \$1.8 million, five-year contract to establish the Early Childhood Research Institute (ECRI). The grant was awarded by the Special Education Rehabilitation Services Office of the U.S. Department of Education. ECRI will focus its research on efficacy and cost-effectiveness.

The research staff is requesting information about other similar research efforts and also desires information on populations of children that could possibly be utilized in their research. To share information, please contact: Glenda Casto, Ph.D., Project Director, ECRI, Exceptional Child Center, Utah State University, Logan, Utah 84322. Tel. (801) 759-2029.

WINTER WOODS NOW ACCESSIBLE

Wilderness Inquiry II is offering a series of four-day winter trips and one three-day workshop near the Boundary Waters Canoe Area for people with physical disabilities and nondisabled persons. No experience is necessary and most gear is provided. The cost is \$100 for trips and \$35 for the workshop. Financial assistance is available for those who need it and no one is turned away for lack of funds. Trip dates are Feb. 23-27 and March 2-6. The workshop will be held March 11-13 at the Environmental Learning Center near Isabella, Minn. For further information and application forms, contact: Wilderness Inquiry II, 2929 4th Av. S., Suite 0, Minneapolis, Minn. 55408. Tel. (612) 827-4001.

SLIDE/TAPE PROGRAM FOR TEENAGERS'
AVAILABLE

The Association for Retarded Citizens (ARC) of St. Paul has produced a slide/tape presentation entitled "I Never Thought About It." This is a straightforward, nontechnical look at how careful choices made by teenagers can help to reduce the incidence of mental retardation and other handicapping conditions.

Why a teenage audience? Because they are tomorrow's parents--and too often today's. Children born to young teenage parents run a much higher risk of physical and mental defects than the general population.

Ahmad Rashad, former Minnesota Viking, narrates the program. Interviews with teenagers reveal what it is like to be 18 with a retarded child.

Purchase price of the tape is \$59.50. To preview, or for more information, contact: ARC St. Paul, 65 E. Kellogg, Suite 437, St. Paul, Minn. 55101. Tel. (612) 224-3301.

AUTISM LIBRARY PRESENTED TO GILLETTE
CHILDREN'S HOSPITAL

The Twin Cities Society for Autistic Children has selected Gillette Children's Hospital, St. Paul to receive a special research collection on autism. It is part of the National Football League Charities' \$15,000 grant awarded to the National Association for Children and Adults with Autism. The library replicates the reference collection at the University of Pittsburgh Graduate School of Public Health, covering the fields of medicine, education, nutrition and psychology. Parents, teachers, students and professionals may use the library located at University Av. and Jackson St. in St. Paul. Tel. (612) 291-2848, ext. 105.

PUBLICATIONS

Citizens in Action is a booklet published by the League of Women Voters of Minnesota that serves as a guide to citizen participation in government at all levels. It is full of specific information, from how to find parking, to how to prepare testimony or register as a lobbyist. The price is \$4 plus \$1.50 for postage. Contact: League of Women Voters of Minnesota, 555 Wabasha St., St. Paul, Minn. 55102. Tel. (612) 224-5445.

A Guidebook for Managing Speech and Swallowing Problems by Douglas E. Fox. This newly published and informative 61-page guide is intended to help understand and manage speech and swallowing changes experienced by persons with hereditary ataxia or related disorders. The price is \$6.50 for members of the National Ataxia Foundation and \$14.50 for nonmembers. Mail request with check to: National Ataxia Foundation, 6681 Country Club Drive, Minneapolis, Minn. 55427.

EVENTS

Feb. 7-8

"Sexuality and the Mentally Handicapped" is a workshop for professionals to be held at Planned Parenthood of Minnesota in St. Paul. Registration fee: \$50, not including lunch. For more information, contact: Department of Education and Training, Planned Parenthood of Minnesota, 1965 Ford Pkwy., St. Paul, Minn. Tel. (612) 698-2401.

March 4

"The Perfect Fit" workshop will address postinstitutional planning for patients and families. It is designed for social workers, nurses and discharge coordinators in rehabilitation, home care and acute and long-term care. The fee is \$50. Contact: Registrar, Sister Kenny Institute, 800 E. 28th St., Minneapolis, Minn. 55407. Tel. (612) 874-4300.

March 28-29

"Student-Use Media For Severely Handicapped Learners: Microcomputers and You" is the theme of the Sixth Annual Symposium to be held at the Opryland Hotel, Nashville, Tenn. Emphasis is on how teachers can use new media and methods. Registration is \$70. Contact: Instructional Media Production Project, Box 318, George Peabody College for Teachers, Nashville, Tenn. 37203.

YEARNING FOR LEARNING

The state Developmental Disabilities Program Office has acquired several education, training and resource materials. They may be borrowed from each of the regional Developmental Disabilities offices and from the state program office in St. Paul. Each month, this section of DD Information Exchange highlights selections from these resources to provide information to potential buyers. The following selections are available from the state DD program office only.

Behavior Modification Skills: A

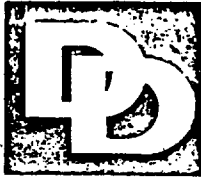
Complete Training Program, P. L. Brown and R.J. Presbie, Research Media, Inc., 1974. This is a self-contained, multi-media program about the basics in behavior modification. The materials (including slide/tapes) are not instructor-dependent, and no special background or training is required either to administer or take the program. The training package consists of five independent but interrelated units: Unit 1, Observing Behavior; Unit 2, Increasing Behavior; Unit 3, Decreasing Behavior; Unit 4, Creating New Behavior; and Unit 5, Implementing the System.

Communicating with the Handicapped:

The Bottom Line, National Media Materials Center for Severely Handicapped persons, Vanderbilt University, 1981. This is an in-service training package for those who work with nonverbal handicapped children. The program addresses three questions: How can I get the children's attention? What are they saying? How can I tell? Sound/slide presentations reinforce the idea that all children, even the most profoundly retarded, do have some nonverbal communication. The more receptive teachers and caregivers are to this communication, the easier the daily tasks of care and education can become.

Metropolitan Council DD Program
300 Metro Square Building
7th and Robert Sts.
St. Paul, MN 55101

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INFORMATION EXCHANGE



Published monthly by the Developmental Disabilities Program of the Metropolitan Health Planning Board

Metropolitan Council
300 Metro Square Building
St. Paul, Minnesota 55101
Toni Lippert: 291-6364
Tom Chapel: 291-6357

Vol. 8. No. 4.
April 1983

METRO DD PROGRAM NOTES

The Developmental Disabilities Task Force announces the following informational forums as part of its CAPACITY-BUILDING SERIES:

- | | |
|------------------------|--|
| May 20
1-3 p.m. | The Relationship of Evaluation and the Individual Program Plan (IPP) |
| June 14
2-3:30 p.m. | Medical Issues |
| Aug. 9
2-3:30 p.m. | Communication Disorders |
| Sept. 9
1-3 p.m. | Issues and Options Related to Elderly Mentally Retarded People |

The forums will focus on people with developmental disabilities,--those who have severe, chronic handicaps and are in need of specialized or adapted services. A special notice giving information on the speakers will be sent to readers prior to each event.

The forums are open to the public. They will be held at the Metropolitan Council, 300 Metro Square Building, 7th and Robert Sts., St. Paul, Minn. Admission is free and no registration is necessary. For more information, call Toni Lippert at (612) 291-6364.

SERVICES

Hearing Aid Loan Program

Metropolitan Area residents with hearing impairments may be eligible to participate in Courage Center's hearing aid loan program. The program lends reconditioned hearing aids to people who can't afford to buy them.

To be eligible for the program, a person must be recommended for a hearing aid by a Courage Center audiologist, financially unable to purchase a hearing aid and ineligible to receive funds for this purpose from public assistance programs or insurance companies.

For more information, contact the audiology department at Courage Center. Tel. (612) 588-0811.

Speech Therapy Sessions

St. Paul Rehabilitation Center offers clinical speech and language therapy services on Tuesday and Thursday evenings, 4 to 8 p.m. Services offered include speech and language screenings, evaluations, consultations, therapy and inservice training for people with communication disorders.

For information, call the center at (612) 227-8471 or 227-3779 (TTY).

Janitorial Service Available

Community Employment, a county subsidized janitorial service, employs mentally retarded adults graduating from residential facilities who are living independently in the community. Construction firms or building managers in need of janitorial services are urged to contact this employment program, which is operated by AID Homes.

Current service area includes southern Ramsey and Hennepin Counties and northern Dakota County.

For further information, or for free service estimates, contact Karl Forsberg, AID Homes, Inc. at (612) 452-4264.

Vocational Skill Training Expands Program

Rise, Inc., a vocational skill training service, is offering a specialized program for assistants in auto body repair work. The program is conducted at two training sites: Blaine Auto Body and Spring Lake Bus Company. To be accepted in the auto body repair assistant program, an individual must complete a vocational evaluation at Rice, Inc., and demonstrate good work behavior.

For information on admission, or to use this service, call Barb Byars at (612) 786-8334.

Consulting Firms Offers Services

Life Resources, Inc. is a consulting firm that offers services to developmentally delayed or multi-handicapped people as well as to parents and staff who work with them. Services include individual assessment with follow-up, inservice training and workshops, and program consultation by qualified mental retardation professionals.

For more information, contact Linda Motoyoshi, OTR, Life Resources Inc., 17950 Jacquard Path, Lakeville, Minn. 55044. Tel. (612) 435-7551. Speech Therapy Sessions

Travel Information Available

There are approximately 20 agencies and organizations in the United States that serve disabled travelers. The central source for information about these groups is Mobility International USA (MIUSA). MIUSA is a nonprofit association offering information about travel opportunities, international conferences, a travel attendant network and student internships. Emphasis is placed on low-cost opportunities.

For further details, contact Mobility International, P.O. Box 3551, Eugene, Ore. 97407.

FOR YOUR INFORMATION

United Nations Proclaims Decade of Disabled

On Dec. 3, 1982, the United Nations proclaimed the period 1983-92 as the "Decade of Disabled Persons."

The General Assembly unanimously approved a resolution adopting a World Program of Action for Disabled Persons and companion resolutions on the Decade of Disabled Persons. Both urge the world community to intensify effort on behalf of the world's one-half billion people with disabilities.

In support of this program, the National Office on Disability, successor to the United States Council for the International Year of Disabled Persons, will inaugurate the Decade of Disabled Persons in the United States with a national disability awareness campaign. The campaign will include a national poster program sponsored by Eastman Kodak Co., a national Advertising Council television campaign sponsored by Westinghouse Corp. and a \$25,000 community awards program sponsored by the MacArthur Foundation.

For further details, contact Linda Schultz, National Office on Disability, 1575 NW. Eye St., Washington, D.C. 20005.

"Handicapped Parking" Bill Passed by Legislature

Because of a bill passed by the State Legislature recently, people who park illegally in parking spaces for the handicapped will have to pay a minimum fine of \$25, an increase of \$10 from the previous fine levied. Stricter enforcement of the law is also incorporated into the bill. The law also adds protection for disabled and non-disabled drivers by requiring that 'handicapped parking' signs be permanently fixed. Previously, cases have been cited where an able-bodied driver parked in a 'handicapped parking' spot after moving the pedestal-style sign to another space, whereupon the driver in that space received a ticket.

Governor Perpich is expected to sign the newly-passed bill shortly.

News from Value Village

People making a donation of used furniture in good condition to Value Village thrift stores in Minneapolis by May 15, are eligible to participate in a drawing for a weekend for two at the Sheraton Inn Northwest in Brooklyn Park. Value Village is operated by the Minneapolis Association for Retarded Citizens (MARC). Its proceeds support their programs for the benefit of retarded people and their families.

The winning name will be drawn on May 26 during the association's annual meeting at Mount Olivet Lutheran Church. Donors don't have to be present to win.

For more information, call Mary Forberg at (612) 866-3633.

RECREATIONAL ACTIVITIES

Metropolitan Opera Performance

The Metropolitan Opera Co. of New York is offering a free benefit performance on May 17, 11 a.m. to noon, for children and adults who are mentally retarded.

Opera Performance (Continued)

The performance will be in the O'Shaughnessy Auditorium at the College of St. Catherine in St. Paul. It is an informal presentation of instrumental and vocal music by several members of the opera and has been well-received in past years. Reservations are required because of limited seating capacity; chaperone and transportation must be provided.

For more information, or for a sign-up sheet, contact Pat Schenk, Association for Retarded Citizens St. Paul, 65 E. Kellogg Blvd., St. Paul, Minn. 55101. Tel. (612) 224-3301.

Benefit Performance

A benefit performance of the play, "Of Feathers, Bells and Seashells," will be presented by members of the Exceptional Theater April 22, 7:30 p.m. at the Hallie Q. Brown Community Center, 270 Kent St., St. Paul. Proceeds from the performance will be used for Camp New Hope's camper scholarship program.

Exceptional Theater gives mentally retarded people an opportunity to apply their creative skills and talents in a theatrical setting. Performing with the group will be the Flying Carpet Theater Company of Minneapolis and Adam Granger, formerly with the Powdermilk Biscuit Band.

Tickets cost \$5 (\$2.50 for low-income people). They will be sold at the door, but may be obtained in advance by calling Greg Lais at (612) 827-4001. Parking is available and the building is accessible.

CAMPING INFORMATION

Camping Program at Camp Courage

Children and adults with physical disabilities or speech, hearing and vision impairments are encouraged to register for summer sessions at Camp Courage, which is near Maple Lake, and Courage North, which is on Lake George in northern Minnesota.

Camping (Continued)

In an accessible setting and under medical supervision, campers can enjoy traditional summer activities such as fishing, swimming, boating and horseback riding.

More information about the camping program is available from Camp Courage, 3915 Golden Valley Rd., Golden Valley, Minn. 55422. Tel. (612) 588-0811.

Camp Schedule Available

The summer schedule of Indian Chief Camp, a program of the Minneapolis Association for Retarded Citizens (MARC), has been prepared. To obtain a copy, contact MARC, 2344 Nicollet Av. S., Minneapolis, Minn. 55404. Tel. (612) 874-6650.

New Camp for Children

The YMCA Camp Ihduhapi at Lake Independence west of Minneapolis is the site of Minnesota's first camp for children with epilepsy. The camp is for girls and boys, age 7 to 12.

The YMCA counselors will receive special training in the care and treatment of seizures. A pediatric neurologist, nurses and other trained professionals will assist the camp staff.

This new camp is the result of the combined efforts of the Minnesota Epilepsy League, Gillette Children's Hospital and the Comprehensive Epilepsy Program.

For more information, call toll-free (800) 292-7932 or, in the Metropolitan Area, 340-7630.

WORKSHOPS, CONFERENCES

April 22

"Cognitive-Behavioral Procedures for Working with Individuals Who are Mentally Retarded" is a conference that will focus on developing expertise needed to teach mentally retarded clients the more complex problem solving skills.

Conference (Continued)

The conference will be held at the Earle Brown Continuing Education Center on the St. Paul campus of the University of Minnesota. Registration fee is \$52 which includes tuition, materials, lunch and refreshment breaks.

For more information, contact Mary Kay Wood, Continuing Education in Social Work, 197 Armory, 15 SE. Church St., Minneapolis, Minn. 55455. Tel. (612) 373-5831.

April 30

The Minnesota chapter of the American Association on Mental Deficiency will sponsor a workshop on the use and monitoring of psychotropic drug use with people who are mentally retarded. The workshop will be held at the Plymouth Radisson from 9 a.m. to 3:30 p.m. Speakers and their topics include: Dr. Marilyn Jensen, St. Cloud State University, psychotropic drug action, side effects and research from experimental applied settings; Dr. Eric Erickson, St. Cloud State University, psychotropic drug use in state hospitals and community facilities, and requirements for monitoring applied to the Welsch vs. Noot case; Dr. Ron Landblom, Ramsey County Mental Health Center, clinical uses of psychotropic drugs; and John Kalachik, Cambridge State Hospital, monitoring of drug side effects and documentation of drug efficacy.

Cost of the workshop will be \$35, which includes lunch. For registration materials contact Mary Tjosvold at Camilla Rosé Group Home, 11800 Xeon Blvd., Coon Rapids, Minn. Tel. (612) 755-8489.

Another workshop on this subject will be held in Willmar on May 14. For information on that workshop, contact Bev Hegleson, Presbyterian Family Foundation, 901 Memorial Pkwy., Willmar, Minn. 56201. Tel. (612) 235-5898.

May 13

See the state supplement for details on the conference, "Preventing Sexual Abuse of Adolescents with Disabilities."



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550 Cedar Street
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Minnesota Department of Energy,
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Editor



STUDY CONFIRMS EFFECTIVENESS OF FAMILY SUBSIDY

April 1983

The Mental Retardation Family Subsidy Program greatly enables families to care for their mentally handicapped child at home. This is a major conclusion of a study scheduled for publication this month. The survey will be a part of the Policy Analysis Series: Issues Related to Welsch vs. Levine. It is a cooperative effort between the Department of Family Social Science at the University of Minnesota, the Department of Public Welfare and the Minnesota Developmental Disabilities Program Office.

Launched in 1976, the mental retardation family subsidy program has been an experimental attempt to provide financial incentives and home-based services to families with handicapped children in their own homes. The intent has been to prevent or forestall out-of-home placement in foster care homes or institutions.

Currently, 187 Minnesota families receive subsidies averaging \$245 a month to cover the additional expenses incurred because of their child's disability. For example, a family can purchase respite care, special equipment, clothing, family counseling, camping, medical and dental care. The program is designed to complement and not duplicate other human services.

Telephone interviews were conducted with 37 families who have participated in the family subsidy program. The families were asked how the program enables them to cope with everyday life. Family functioning on which the subsidy has had the greatest effect include: purchase of special items needed by the child, purchase of respite care and an enhanced ability to attend to the child's needs.

Family Subsidy Study (Continued)

The study will be sent to those on the Series mailing list. Others may request copies by contacting: Developmental Disabilities Program Office, 201 Capitol Square Bldg., St. Paul, Minn. 55101. Tel. (612) 296-4018.

NATIONAL CONFERENCE ON COMPUTERS FOR PERSONS WITH DISABILITIES SET

The first interdisciplinary national conference addressing microcomputer technology for disabled persons will be held at the Leamington Hotel in Minneapolis, Sept. 12-14, 1983. It will be cosponsored by the University of Wisconsin-Stout and the publishers of Closing the Gap (GTG), a special newspaper about computers for people with handicaps. Budd and Delores Hagen of Henderson, Minnesota, are the publishers of CTG.

According to Delores Hagen, "This conference is designed to encourage cross-pollination of microcomputer technology information from several disciplines. So many of the hardware modifications are coming from the vocational rehabilitation side and so much of the control software is coming from education, it's necessary to bring the two disciplines together to share information and learn what is new in both fields."

The conference will feature over 75 one-hour sessions and 6 three-hour workshops. For more information, contact: Office of Continuing Education, University of Wisconsin-Stout, Menomonie, Wis. 54751, or Closing the Gap, P.O. Box 68, Henderson, Minn. 56044. Tel. (612) ~~665-6572~~.

665-6573

TRAINING OPPORTUNITIES

Continuing Education in Social Work Offers Summer Seminars at University of Minnesota

A number of seminars are scheduled between June 6 and June 28, 1983 at the Nolte Center on the Minneapolis campus of the University of Minnesota. Some of the topics that may be of interest to persons in the field of developmental disabilities are:

- Marital and Family Counseling: Systems Approach;
- Overcoming Anger and Resistance in Clients;
- Supervision: The Interplay of Clinical and Administrative Roles;
- Financial Distress as a Counseling Issue; and
- Appearing in Court: Strategies and Techniques.

For more information, contact: Joyce Portner, Program Coordinator, Continuing Education in Social Work, University of Minnesota, 107 Armory, 15 SE. Church St., Minneapolis, Minn. 55455. Tel. (612) 373-5831.

Management Continuing Education Courses Offered at Rochester Center

The following courses will be offered in Rochester, Minnesota, for people in business and human services:

- April 12, Long-Range Planning;
- May 5, Effective Decision Making; and
- May 18, Time Management.

Dr. Nelson Otto, president of Anticipatory Sciences, Inc. will serve as instructor. For further information, contact: Beryl Byman, University of Minnesota, Rochester Center, 1200 S. Broadway, Rochester, Minn. 55901. Tel. (507) 288-4584 or (612) 224-3106.

PUBLICATIONS

Materials List 1982-83, compiled by the United Cerebral Palsy Association, provides a number of resources available through this national organization, such as: publications, audio-visuals, reprints and displays. For a free copy of the list, contact: United Cerebral Palsy Associations, Inc., 666 E. 34th St., New York, NY 10016.

New Catalog: 937 Bestsellers. The Government Printing Office in Washington, D.C. has published a free catalog of nearly a thousand of the most popular books published by the U.S. Government. Contact: New Catalog, Superintendent of Documents, Washington, D.C. 20402.

State Family Support/Cash Subsidy Programs, by Marion V. Bates, is a report that summarizes laws, policies and programs in various states that provide special support to families with a disabled member. It points out that in 1975 Minnesota became the first state to provide direct cash assistance to families. (See feature article on page one of this state supplement.) For copies of this report, contact: Wisconsin Council on Developmental Disabilities, P.O. Box 7851, Madison, Wis. 53707. Tel. (608) 266-7826.

Centsitivity: A Self-Help Guide to Presenting Awareness Workshops was developed by the Center for Education for Non-Traditional Students (CENTS) to teach postsecondary educators how to present workshops on physical disability. Available for \$22 from: Jerry Bergdahl, 731 21st Av. S., Minneapolis, Minn. Tel. (612) 330-1137 or (612) 330-1139 (TTY).

Sexual Abuse Pamphlets for Parents and Adolescents. The Minnesota Program for Victims of Sexual Assault (MPVSA) has developed two pamphlets on preventing sexual abuse of adolescents with disabilities: Are Children with Disabilities Vulnerable to Sexual Abuse? (for parents) and Say "No Get Away Tell Someone" (for persons with limited reading ability). Contact: Peg Exley, MPVSA, 430 Metro Square Bldg., St. Paul, Minn. 55101. Tel. (612) 296-7084.

MINNESOTA VOLUNTEER HONORED

volunteer recognition award was recently presented to Gene Deterling of Orono, Minnesota, who founded the National Prader-Willi Syndrome Association (NPWSA). The award was presented by Jean Elder, commissioner of the Developmental Disabilities Administration in Washington, D.C.

Deterling helped to form NPWSA in 1975 while living in Harvard, Massachusetts, prior to moving to Minnesota. Membership of the organization has grown to 900 individuals and families from all 50 states and eight other countries. The organization has maintained the volunteer spirit of its founder by not relying on outside funding sources and is run completely by volunteers.

Prader-Willi Syndrome is an uncommon condition resulting from a birth defect that occurs sporadically with no known cause. It is characterized by lack of muscle tone, lack of sexual development, dysfunction of the central nervous system and symptoms such as insatiable appetite, mental retardation and behavior problems.

For more information, contact the National Prader-Willi Syndrome Association, 5515 Malibu Dr. Edina, Minn. 55436. Tel. (612) 933-0113.

EVENTS

April 9

The Deafness Education and Advocacy Foundation (D.E.A.F) will hold its third annual meeting and banquet at the Fox and Hounds restaurant, Interstate Hwy. 35E and E. Larpenteur St., St. Paul, Minn. The guest speaker will be Dr. Robert G. Sanderson, Utah Department of Vocal Rehabilitation.

The social hour will begin at 5:30 p.m. and the banquet at 7:30 p.m. Cost: \$14. For more information, contact: D.E.A.F., 47 SE. Bedford St., Minneapolis, Minn. 55414.

Events (Continued)

May 13

"Preventing Sexual Abuse of Adolescents with Disabilities," Holiday Inn, Nicollet Av., Minneapolis, Minnesota, is a one-day conference to present innovative materials for education of disabled adolescents and their parents about preventing sexual abuse. The conference is designed for those who work closely with disabled adolescents. The \$20 registration fee includes conference materials, lunch and coffee.

Contact: Bonnie O'Day, Coordinator, Sexual Abuse Education for Disabled Adolescents Project, Minnesota Program for Victims of Sexual Assault, 430 Metro Square Bldg., St. Paul, Minn. 55101. Tel. (612) 296-7084.

May 23-27

"PASS Introductory Workshop," Holiday Inn, Stevens Point, Wis. The methodology of using Program Analysis of Service Systems (PASS) will be presented at this intensive workshop. For information, contact: Terri Johnson, Wisconsin Coalition for Advocacy, 30 W. Mifflin St., Suite 508, Madison, Wis. 53703. Tel. (608) 251-9600.

July 19

"Workshop on Physical and Medical Complications of Educating the Handicapped" will be held at St. Cloud State University. This workshop is designed to train individuals in an integrative educational treatment approach with a total child focus. Dr. Eva Gadberry will be the instructor. For more information, contact: Department of Special Education, St. Cloud State University, St. Cloud, Minn. 56301.

The state Developmental Disabilities Program Office has acquired several education, training and resource materials. They may be borrowed from each of the regional Developmental Disabilities offices and from the state program office in St. Paul. Each month, this section of DD Information Exchange highlights selections from these resources to provide information to potential buyers.

Methods of Instruction for Severely Handicapped Students, W. Sailor, B. Wilcox, and L. Brown (Eds.), Paul H. Brooks, Publisher, 1980. Trends and implications for the 1980s in serving persons with severe handicaps are explored. This book reveals new technologies developed during the past decade. The book is intended to equip teachers with a new set of tactics for the delivery of educational programs in public schools and the community. The 10 chapters by contributing authors address assessment, instruction, measurement and research.

This selection may be obtained from the regional developmental disabilities offices as well as from the state DD program office.

Metropolitan Council DD Program
300 Metro Square Building
7th and Robert Sts.
St. Paul, MN 55101

PsycINFO RETROSPECTIVE: Abstracted Bibliographies, American Psychological Association, 1982. Vol. I., Mental Retardation, 1971-1980. Vol. II, Learning and Communication Disorders, 1970-1980. The significance of theoretical and empirical research often becomes apparent only with time. An historical perspective is required to detect trends and developing areas of study. For this reason, a 10-year retrospective bibliography is an appropriate method for revealing developments in the literature and the current understanding in a specific area. Each volume contains 3,000 abstracts, arranged in three major areas: 1) theories, research and assessment; 2) treatment and rehabilitation; and 3) educational issues. Available from the state DD program office only. Tel. (612) 296-4018.

Bulk Rate
U.S. Postage
PAID
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Permit No. 1610



INFORMATION EXCHANGE

Metropolitan Council
300 Metro Square Building
St. Paul, Minnesota 55101
Toni Lippert: 291-6364
Tom Chapel: 291-6357

Published monthly by the Developmental Disabilities Program of the Metropolitan Health Planning Board

May 1983
Vol. 8. No. 5.

* * * * *

The Metro Region Developmental Disabilities Task Force
of the
Metropolitan Health Planning Board/Metropolitan Council



*invites you to a Public Forum
in its CAPACITY-BUILDING SERIES...*

ASSESSMENT AND PLANNING FOR INDIVIDUALS; DOES NEED = ISP/IPP*?

*ISP - Individual Service Plan; IPP - Individual Plan

PANELISTS:

* Gordon Krantz - Technical Consultant, MR Program Division
Department of Public Welfare

"What Constitutes Appropriate Assessment?"

* Mary Kudla - Technical Consultant, MR Program Division
Department of Public Welfare

*"The Difference between ISP's and IPP's
Their Relationships to Assessment"*

* James Nelson - School Psychologist, District #916 and
Administrator of ACR Homes,
Arden Hills, Minnesota

"How to Assure Coordination between IPP's:"

QUESTIONS FROM THE AUDIENCE

DATE: Friday, May 20, 1983
TIME: 1-3 p.m.
PLACE: Council Chambers of the Metropolitan Council
300 Metro Square Building
7th and Robert Streets
St. Paul, Minnesota

Open to the Public No Admission

* * * * *

METRO DD PROGRAM NOTES

Additions to Curriculum Library

The Metropolitan Developmental Disabilities Program has added two new books to its curriculum library. They are:

- Guide to Minnesota Foundations and Corporate Giving Programs, University of Minnesota Press; and
- The Handicapped's Source, A Catalog of Computer Products and Services, Intelligent Consumer Electronics.

The books may be borrowed by Metropolitan Area residents for three weeks.

FOR YOUR INFORMATION

Nominations Sought for Award

Courage Center is seeking nominations for the Rose and Jay Phillips awards, granted annually to five men and women who have achieved outstanding success in their vocations despite severe disabilities. Nomination forms may be obtained from Courage Center, 3915 Golden Valley Rd., Golden Valley, Minn. 55422. Tel. (612) 588-0811, Ext. 217. Nominations must be received by June 1.

Information Needed

A member of the National Association for the Severely Handicapped is looking for materials on child rearing geared toward parents who are mentally handicapped. Books, other publications, slide programs or movies to help with training are needed.

Please send information to Terri Bennett, Amarillo State Center for Human Development, P.O. Box 3070, Amarillo, Tex. 79116.

Transit Policy

The Urban Mass Transportation Administration announces that transit services for handicapped people such as dial-a-ride, shared ride taxi, subscription bus, van pools and other shared transit

Transit Policy (Continued)

arrangements are eligible for federal financial assistance.

The administration states that this type of transportation is more cost effective and better suited to specialized needs, especially in rural and low-population areas where mass transit is often not available. Federal funds are available for nonprofit agencies to plan and operate transit services, if it is decided locally that the agencies' services are best served by shared transit services.

For more information, contact Kenneth E. Bolton, Office of Budget and Policy, Rm. 9311, 400 SW. 7th St., Washington, D.C. 20590.

State Hospital Advocates Will Report to DPW

Public Welfare Commissioner Leonard Levine announced that patient advocates in Minnesota's eight state hospitals and two state nursing homes will report to his office instead of hospital administrators. Internal accountability of advocates in state hospitals has been questioned by consumer groups such as the Mental Health Association of Minnesota and the Association for Retarded Citizens Minnesota.

Advocates have been reporting to hospital administrators since the positions were established in 1972. According to Mental Health Association's newsletter, advocates were hired and evaluated in job reviews by the same official they often dealt with over treatment issues for a particular patient. Projected benefits of the reporting change are: increased credibility of the advocates, better supervision and training, and less pressure to succumb to institutional pressures.

Epilepsy League Seeks Research Volunteers

The Minnesota Epilepsy League needs volunteers to participate in an anticonvulsant drug study at the Epilepsy Treatment Center, Veterans Administration Medical Center, in Minneapolis.

Epilepsy Study (Continued)

The study concerns the effects of anti-convulsant drugs on human chromosomes and reproduction mechanisms of the blood cells.

Investigators are seeking male volunteers, aged 20 to 45, who have been using phenobarbital, Mysoline, Tegretol, Dilantin, or any combination for these drugs for at least two years.

Also needed are men in this age group who have had seizures, but have never been on any medication to control them.

The study requires an interview and one small blood sample from the volunteers. Results of the chromosomal analysis will be available, free of charge, to each participant.

For further information, call Karen Moore at (612) 725-6767.

Group Home Tours

All interested people, especially parents of mentally retarded adolescents and young adults, are invited to tour group homes and apartments for mentally retarded adults. The tour, which will be conducted by the parent support and consumer committees of the Dakota County Association for Retarded Citizens (ARC), will begin at 1 p.m. at the ARC office, 33 E. Wentworth, Suite 105, W. St. Paul. Participants will car pool to group homes.

The following homes are included in the tour:

- Thompson Avenue Group Home, West St. Paul;
--serves moderately retarded residents who learn basic domestic skills;
- Summit Residence, South St. Paul;
--15 residents who are mildly or moderately retarded live in apartments and learn independent living skills; and
- Horizon Apartments, West St. Paul;
--15 residents who are mildly or moderately retarded learn independent living skills.

Group Home Tour (Continued)

After the tour, a representative from AID Community Living Services will talk to tour participants at the ARC office. Community Living Services is a counseling service for adults living in the community in their own apartments.

To sign up for the tour, call the ARC office at (612) 457-2588. Deadline for registration is May 13.

Civil Rights Bill Introduced

Disabled people would get more state civil rights protection against discrimination, according to a bill introduced in the Legislature. Evidence has shown that protection can be provided at little or no cost. The bill was introduced in the Senate by Sen. Spear and in the House by Rep. Greenfield. Its first hearing was March 16.

The bill, drafted by the Minnesota State Council for the Handicapped, amends the state Human Rights Act to incorporate many concepts from a federal civil rights law, Section 504 of the 1973 Rehabilitation Act. The major concept to be added to state law, deals with provision of reasonable accommodations. Basically, this means changes that allow a disabled person to perform equally on the job. In the proposed amendment, employers are required to talk to the disabled employee to decide what reasonable accommodations are needed. No accommodation need be provided if it poses an "undue hardship" on the employer. Specific steps to determine undue hardship are incorporated into the amendments. Examples of reasonable accommodations are: --provision of ramps, brailled materials, flexible work hours, restructuring of tasks and job sharing.

A recently published study by the Department of Labor reported that 51 percent of accommodations cost nothing and 30 percent cost between \$1 and \$500. Most of the employers surveyed said the accommodations were not burdensome.

Equal Rights Bill (Continued)

Other amendments in the bill include protection to ensure nondiscrimination in public services and public transportation. Specifically, services must be provided in a similar geographic area, with equivalent hours, fares, trip restrictions and response times as is provided for non-disabled people in the community.

For further information, contact Patti Hague, Minnesota State Council for the Handicapped, 208 Metro Square, 7th and Robert Sts., St. Paul, Minn. 55101. Tel. (612) 297-2029, or toll-free, (800) 652-9747 Voice and TDD.

BOOKS, PUBLICATIONS

Bulletins on Home Accessibility Available

The Minnesota Housing Finance Agency (MHFA) has prepared two publications on making single-family homes more accessible for persons who are physically disabled.

The Home Accessibility Information Series is a set of nine bulletins explaining how to modify an existing single-family home to increase accessibility. Each bulletin identifies the basic design principles involved, general construction details to follow, and estimated costs. Charge for the series is \$4.50, plus \$1 for postage and handling.

The Cost of Accessibility in New Single Family Homes is a 30-page report that evaluates how a new construction design can be modified to provide accessibility for a person with a physical disability. The report also discusses costs, and construction elements including unit size, exterior features and interior space, hardware and fixtures. The report costs \$4, plus \$1 for postage and handling.

Further information may be obtained from the MHFA Home Improvement Division, 333 Sibley St., St. Paul, Minn. 55101. Tel. (612) 296-7608.

WORKSHOPS, CONFERENCES

A conference on "Genetics of Developmental Disabilities--Factors Influencing Child Development," will be held at the Atwood Center at St. Cloud State University. It will provide an overview and update of genetics and developmental disabilities for educators, parents and health professionals.

Key speakers include Dr. Richard King, director of Minnesota Genetic Services program, and Dr. Richard Nelson, director of the Comprehensive Developmental Disabilities program at Gillette Children's Hospital in St. Paul.

The registration fee, (\$10 for educators and health professionals, \$5 for parents and students), covers all program materials, refreshments and lunch. Preregistration is required.

For further information, contact Ed Sootsman, Central Minnesota Health Systems Agency, 113 Division St., Sauk Rapids, Minn. 56379, tel. (612) 253-2930.

May 21

The Special Education Advisory Council (SPEAC) of the Minneapolis Public Schools will sponsor a conference exploring current and possible future use of computers in the education of students with handicaps. The conference will be held at Michael Dowling School, 3900 W. River Pkwy., Minneapolis, from 9:30 a.m. to 12:30 p.m.

No preregistration is required and there is no charge. For more information, call Polly Edmunds at (612) 827-2966 (days), or (612) 823-9482 (evenings), or Dennis Ahlburg at (612) 373-4122 (days), or (612) 734-3002 (evenings).

May 22-27

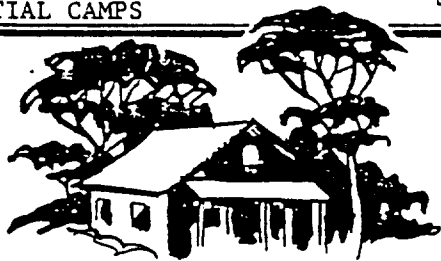
A five-day "PASS Introductory Workshop," assessing service quality from a normalization perspective using Program Analysis of Service Systems (PASS), will be held at the Holiday Inn, Stevens Point, Wis.

For more information, contact Barb Billings, Wisconsin Coalition for Advocacy, 30 W. Mifflin St., Suite 508, Madison, Wis. Tel. (608) 249-5747 or (608) 251-9600.

SUMMER CAMPS AND RECREATION OPPORTUNITIES

REPRINTED FROM PARENTTALK, COURTESY OF
ST. PAUL ASSOCIATION FOR RETARDED CITIZENS

RESIDENTIAL CAMPS



Camp Friendship - Annundale, MN
Ages 5 and up, all levels of MR
Sessions of 5½ days and one 11 day session
Cost: \$170 per session
Contact: Bev Robertson
Rt. 3 Box 162
Annundale, MN 55302
(612) 274-8376

Indian Chief Camp - Eden Prairie, MN
Ages 5 and up, all levels of MR
Sessions of 6 days
Offerings include Theatre in the Woods,
Sports & Health Camp, Boundary Waters
Canoe trips and Day Camp
Cost: \$160 for residential camp session
\$85 for 1 week day camp
Contact: Kim Keprios
ARC Minneapolis
2344 Nicollet Ave. S.
Mpls., MN 55404
(612) 874-6650

Camp New Hope - McGregor, MN
Ages 6 and up, all levels of MR
Sessions of 5-6 days
Offerings include regular camp and
Exceptional Theatre Workshop
Cost: \$165 for regular camp session
Contact: Greg Lais
2929 4th Ave. S.
(612) 827-4001
(218) 426-3560 (camp)

Camp Winnebago - Caledonia, MN
Ages 6 and up, all levels of MR
Sessions of 6 days
Cost: \$175 per session
Contact: Karen Murray
Rt. 1, Box 44
Caledonia, MN 55921
(507) 724-2351

Camp Hand In Hand - Marine-on-St. Croix
Ages 7-21, autistic & similar disabilities
Two one-week sessions
Contact: Julie Brown
Twin Cities Society for Autistic
Children
1729 Carroll Ave.
St. Paul, MN 55104
(612) 642-9042

Camp Courage - Maple Lake, MN
Ages 8-12
Mild retardation and speech/language/hearing
impairment
One week - Aug. 7-12
Speech/language services provided
Cost: \$200
Contact: Bob Pollard
Courage Center
3915 Golden Valley Rd.
Golden Valley, MN 55422
(612) 588-0811

NEW!

Camp Courage also offers a full camp
program for physically disabled and speech/
language/hearing impaired people who are
not mentally handicapped.

Camp Buckskin - Ely, MN
Ages 6-17, learning disabled, mild MR
Two sessions of 5 weeks each
Intensive reading and self-development programs
Contact: Ralston "Duffy" Bauer
3811 W. Broadway
Robbinsdale, MN 55422
(612) 536-9749
(218) 365-2121 (camp)

Camp Confidence - Brainerd, MN
For groups of all ages and ability levels.
Must bring own stuff and food
Cost: None
Contact: Dick Endres
Box 349
Brainerd, MN 56401
(218) 828-2343
(218) 829-7830 (camp)

Camp Knutson - Brainerd, MN
For handicapped children, adults and their
families
Sessions of one week, one for families too
Contact: Mike Muehlbach
Lutheran Social Service
2414 Park Ave. S.
Mpls., MN 55404
(612) 871-0221
(218) 543-4232 (camp)

Camp for Children with Epilepsy - Lake
Independence
Ages 7-12, primary diagnosis of epilepsy
One week session - June 20-25
Cost: \$125
Contact: Tish Martinez
Comprehensive Epilepsy Program
2829 University Ave. SE
Mpls., MN 55414
(612) 376-5031

NEW!

LOCAL DAY CAMPS

Roseville Day Camp

Ages 16 and up, ambulatory
Located at Central Park Shelter, Roseville
August 1-26
Cost: \$35 resident, \$75 non-resident
Contact: Gloria Johnson (738-7894)

Dakota County ARC - Recreation Unlimited

Various programs offered during the summer
and year-round for mentally retarded
individuals.

Contact: Gail Colton (457-2588)
Dakota County ARC

Sunshine Connection Day Camp

Ages 4 and up, autistic and similar
disabilities
Located at Armatage Neighborhood Center, Mpls.
One month (August)
Transportation provided
Contact: Mary Kay Carney (560-5330)
Alternatives for Autistic People

Maplewood Day Camp

Ages 8-20, moderately retarded
Four weeks (during August)
Contact: Pauline Adams (770-4574)
Maplewood Parks & Recreation

St. Paul Adaptive Recreation

Physically and mentally handicapped
children and adults
Variety of weekly recreation and social
programs
Contact: Ev Senty or Marc Toupal
771-6336

CAMP FIRE DAY CAMP - Chisago City

Mildly to moderately retarded girls and
boys mainstreamed with other campers
Grades 1 through 6
Two four-day sessions: June 21-25 and 26-30
Cost: \$75 per session
Contact: Camp Fire (771-0313)



OUTDOOR/TRAVEL PROGRAMS



Wilder Forest - Marine-On-St. Croix, MN
Outdoor program resources for group camping
and environmental education. Includes
a working farm, hiking trails, group
campground, cabins and a central meeting
and food building.

Families and groups welcome for day visits,
weekend trips or weekly programs.

Fees are minimal
Contact: Wilder Forest
14189 Ostlund Trail N.
Marine-On-St. Croix, MN 55047
433-5198

Camp du Nord - Ely, MN

YMCA camp open to all families and groups.
Contact: YMCA (292-4120)

Camp Northland - Ely, MN

YMCA camp serving families and groups.
Possibly some programs designed for
people and families with special
needs.
Contact: YMCA (292-4100)

Tours Exceptionale

Travel tours in a motor home for mentally
retarded people.

Destinations include Grand Ole Opry,
Wisconsin Dells, Michigan and more.
From 3 days to 8 days.

Cost: variable
Contact: Mel and Floy Christianson
P.O. Box 1
Chaska, MN 55318
448-5503
448-5538

Search Beyond Adventures

Wilderness trips for groups. Special
programs for mentally retarded people
including BWCA canoeing, Lake Superior
Sailing, backpacking and winter trips.

Cost: variable
Contact: Steve Anderson
1934 Hayes St. NE
Mpls., MN 55418
778-7634



INFORMATION EXCHANGE

STATE
SUPPLEMENT

Developmental Disabilities Program
201 Capitol Square Building
550 Cedar Street
St. Paul, Minnesota 55101

Minnesota Department of Energy,
Planning and Development

Roger Strand 612/296-4018
Editor



SPECIAL EDUCATION FINDINGS SUGGEST SHIFT TOWARD MORE RESTRICTIVE PLACEMENTS

May 1983

A shift toward more restrictive educational placements of handicapped children by Minnesota public schools appears to have occurred in the past year. The special education section of the Department of Education has obtained this information from preliminary data received from the annual unduplicated child count. This shift reverses a trend begun about six years ago when Public Law 94-142 (the Education for All Handicapped Children Act) required that handicapped children be educated in the least restrictive environment.

In 1982 there were 62,189 special education students placed in regular classes. That figure dropped one year later to 60,512, a decrease of 1,677 students. At the same time, the number of children placed in schools for handicapped children only increased from 2,011 in 1981 to 4,129 in 1982, an increase of 2,118 students.

For more information, contact:
Special Education Section, Minnesota
Department of Education, Capitol Square
Bldg., 550 Cedar St., St. Paul, Minn.
55101. Tel. (612) 296-4163.

ADDITIONAL COPIES OF 'REVIEW FOR POLICYMAKERS' AVAILABLE

The executive director of the Developmental Disabilities, Colleen Wieck, recently announced that another 2,000 copies of the following publication will be available this month:
Developmental Disabilities and Public Policy: A Review for Policymakers. "I would strongly encourage parents to obtain and examine this publication," Wieck said. Free copies may be obtained by writing to: Developmental Disabilities Program, 201 Capitol Square Bldg., 550 Cedar St., St. Paul, Minn. 55101.

STUDY DOCUMENTS PERCEIVED TRAINING NEEDS OF PERSONNEL IN RESIDENTIAL AND DAY PROGRAMS

Preventing behavior problems topped a recent survey of needs listed by Minnesota residential and day program administrators and staff.

From a statewide random sample of 312 direct care staff members, the following topics were selected by the highest number of respondents, indicating areas of greatest need for in-service training:

- Preventing behavior problems (79 percent);
- Designing and developing behavior management programs (64 percent);
- Current information on variety of handicapping conditions (63 percent);
- Handling client self-abuse (61 percent);
- Resources and services available (60 percent); and
- Handling aggression, (59 percent).

The survey results of Minnesota community residential facilities and development achievement centers (DACs) will soon be published as number 14 in the Policy Analysis Series: Issues Related to Welsch vs. Levine. The report is entitled "Training Needs as Perceived by Residential and Day Program Administrators and Staff."

The study will be sent to those on the Series mailing list. Others may request copies by contacting: Developmental Disabilities Program Office, 201 Capitol Square Bldg., St. Paul, Minn. 55101. Tel. (612) 296-4018.

ECONOMY CONSTRAINS DAY AND SHELTERED EMPLOYMENT PROGRAMS

"Day and work programs for developmentally disabled people are among community services that have felt the impact of poor economic conditions and budgetary cuts during the last two years. Lack of movement to less restrictive settings and insufficient amounts of appropriate work for developmentally disabled adults are system-wide problems that appear to have been exacerbated recently by budgetary constraints and difficult economic conditions."

These findings come from two recent studies conducted by the Developmental Disabilities Program Office. The studies are: Policy Analysis Papers No. 16, regarding sheltered workshops; and No. 17, an updated study of developmental achievement centers (DACs).

Nearly one-third of the DACs reported operating deficits for 1982. Total statewide enrollment of 5,399 individuals in DACs indicated an increase of 245, or 4.7 percent over the 1981 figure. Despite the increased enrollment, the number of individuals on waiting lists to receive DAC services did not decrease appreciably from 1981. A total of 402 persons (82 children and 320 adults) were on waiting lists at 28 DACs. (Metropolitan Area DACs accounted for 89 percent of people on waiting lists.) Among those currently served, 528 adults in DACs are ready for placement in either sheltered or competitive employment.

The 25 sheltered workshops surveyed indicated similar operational deficits, projecting an overall loss of over \$200,000 in 1983. Several agencies cited a lack of work as a primary reason for staffing and program changes. Individual work program hours declined but the total number of clients served increased. A total of 637 clients currently participating in 25 sheltered work programs are ready to move to another work setting. At the same time, 87 clients are awaiting entry into sheltered work settings.

Day and Sheltered Employment Programs (Continued)

These findings also point out the interconnections between components of the community service system.

The studies will be sent to those on the Series mailing list. Others may request copies by writing: Developmental Disabilities Program Office, 201 Capitol Square Bldg., St. Paul, Minn. 55101.

NEW AGENCY TO SERVE PEOPLE WITH DUAL DISABILITIES

In Touch, Inc., is a private, nonprofit agency that will address the needs, problems, issues and concerns of people who are both deaf and blind. The goal of In Touch is reduce the extreme isolation that this segment of the population experiences. Besides providing information and referral services, In Touch plans to help develop services that will increase opportunities for people with both disabilities to become more independent.

The agency will also offer specialized instruction and counseling in the areas of:

- Adjustment to deaf-blindness;
- Communication skills;
- Use of adaptive equipment and aids;
- Leisure and activities of daily living;
and
- Orientation and mobility.

For more information, contact: In Touch, Inc., 310 4th Av. S., Suite 310, Minneapolis, Minn. 55415. Tel. (612) 332-2575 (TDD/Voice).

BENEFITS TO PEOPLE WITH MENTAL
DISABILITIES ORDERED RESTORED

Last December, Federal District Judge Earl Larson ordered the Social Security Administration to restore supplemental security and disability insurance benefits to people with mental disabilities whose benefits had been wrongfully denied or terminated. The order affects all mentally disabled persons under social security programs in Illinois, Indiana, Michigan, Minnesota, Ohio and Wisconsin. (Persons with mental retardation are probably not included in this action suit.

The Mental Health Law Project in Washington, D.C. is publishing a series of memoranda designed to inform people about this class action.

In order to receive this memorandum series, contact: Mental Health Law Project, 2021 NW. L. St., Suite 800, Washington, D.C. 20036. Tel. (202) 467-5730.

TRAINING OPPORTUNITIES

Volunteer for Minnesota Project
Schedules Regional Workshops

"Solving Community Problems by Building Community Partnerships" is the theme of nine regional workshops to be sponsored by the Minnesota Office of Volunteer Services and the Volunteer for Minnesota Project. These one-day workshops will provide community leaders with tools and skills to build community coalitions, to cooperatively identify needs and resources and to plan for organized community change. Dates and locations are scheduled as follows:

- May 3, Brainerd
- May 10, Marshall
- May 12, Rochester
- May 17, Crookston
- May 18, Willmar
- May 24, Eveleth
- May 26, Fergus Falls
- June 2, Mankato
- June 7, Bloomington

Minnesota Project Workshops (Continued)

For more information, contact: Minnesota Office of Volunteer Services, 200 Administration Bldg., St. Paul, Minn. 55155. Tel. (612) 296-4731 or, toll-free, (800) 652-9747.

University of Minnesota Management
Seminars Set for May and June

A total of 16 seminars will be offered by the continuing management education division at the University of Minnesota in Minneapolis. A sample of the one- and two-day seminars of interest to people in the field of developmental disabilities include:

- May 4, "Effective Delegation: The Art of Holding on While You Let Go";
- May 6, "Time Management for Managers";
- May 11, "Females, Management, Middle Age";
- May 24, "How Computers Work";
- June 8, "Assertiveness Training for Managers"; and
- June 28, "The Manager as Coach: Correcting Performance Problems."

For additional information, contact: Terry J. Henry, Program Director, Continuing Management Education, 338 Nolte Center, 315 SE. Pillsbury Dr., University of Minnesota, Minneapolis, Minn. 55455. Tel. (612) 373-3680.

CONFERENCES

May 12-13

A workshop entitled "Serving the Handicapped in the Community," sponsored by the Arrowhead Regional Development Commission (ARDC) and Duluth Regional Care Center, will be held at the Holiday Inn-Duluth.

It will focus on the importance of community-based service development for persons with special needs.

For registration or program information, contact: ARDC Developmental Disabilities Program at (218) 722-5545 or, toll-free, (800) 232-0707.

YEARNING FOR LEARNING

The state Developmental Disabilities Program Office has acquired several education, training and resource materials. They may be borrowed from each of the regional Developmental Disabilities offices and from the state program office in St. Paul. Each month, this section of DD Information Exchange highlights selections from these resources to provide information to potential buyers.

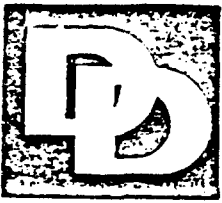
Managing and Employing the Handicapped: The Untapped Potential, G. Pati, J. Adkins, Jr., and G. Morrison, Brace-Park Press, 1981. This book offers a good business sense approach to the employment of qualified handicapped persons. It is directed toward employers, rehabilitation professionals, and other interested persons. A basic premise is that handicapped people constitute an underutilized human resource of great potential to an employer and to society. For every dollar spent on rehabilitation, employed handicapped people return between eight and ten dollars in the form of taxes. Once they are an integral part of a productive labor force, working handicapped people bring about savings in welfare and social security payments. Available from the state DD program office only. Tel. (612) 296-4018.

Metropolitan Council DD Program
300 Metro Square Building
7th and Robert Sts.
St. Paul, MN 55101

Successful Management by Objectives: An Action Manual, K. Albrecht, Prentice Hall, 1978. The reader who is looking for another cookbook on "how to install an MBO system" will not find it in this book. However, the reader who wants to know how to manage by objectives will indeed find a thorough treatment of that subject. The author strongly encourages focus on people, not on systems: "If we can develop a fundamental approach to organizational life that promotes payoff-oriented thinking, rewarding human environments in our organizations, and honest respect for the needs and potentials of American workers, then we will be free to use our systems and methods, rather than be used by them."

Available from the regional DD offices as well as from the state DD program office.

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INFORMATION EXCHANGE



Published monthly by the Developmental Disabilities Program of the Metropolitan Health Planning Board

Metropolitan Council
300 Metro Square Building
St. Paul, Minnesota 55101
Toni Lippert: 291-6364
Tom Chapel: 291-6357

METRO DD PROGRAM NOTES

Vol. 8 No. 3.
March 1983

Private Sector Assistance Workshop Set for March 25

The Metropolitan Developmental Disabilities Program is sponsoring "The Art of Getting Resources--A Workshop on Private Sector Assistance" on Friday, March 25, 1983, from 9 a.m. to 2 p.m. at Inver Hills Community College. Registration forms have been mailed to all Metropolitan Area recipients of this letter. Participation is limited to 50 people in the DD field. Deadline for registration is March 17.

The workshop title was changed to reflect the addition of information about other nongrant resources available from the private sector. Workshop speakers are: Martha Butt, Northwest Area Foundation; John Kostishack, Otto Bremer Foundation; Jan Schwarz, Medtronic Foundation and Colleen Naughton, Management Assistance Project. The workshop schedule will provide time for questions and discussion with the speakers. For more information, call 291-6363.

Panel to Discuss Extension of Medicaid Services

The Metropolitan Region Developmental Disabilities (DD) Task Force invites the public to attend a panel discussion on "Extending the Use of Title XIX (Medicaid) for Additional Community-based DD Services." Speakers include Sue Abderholden, Association for Retarded Citizens Minnesota; Bev Driscoll, Association of Minnesota Counties and Frank Giberson, deputy commissioner of the Department of Public Welfare.

Panel members will address the issues of whether to extend the use of Title XIX funds, or whether the funds should cover a broad array or only a few services. The panel will begin at 2 p.m. on April 12 in the Council Chambers of the Metropolitan Council, 300 Metro Square Bldg., 7th and Roberts Sts., St. Paul, Minn. For more information, call 291-6363.

Copies of DD Regional Problem-Solving Proposals from the Seven-County Metropolitan Area must be submitted to the Metro DD Regional Program, Metropolitan Council for an A-95 review by April 15, 1983. Send to: Metro DD Program, 7th and Robert Sts., St. Paul, Minn. 55101.

NEW RESOURCES

Lending Library Established

The Community Health Education Network (CHEN), a program of the Association for Retarded Citizens Minnesota, has established a resource lending library. Materials may be used by staff working with residents in Semi-Independent Living

Lending Library (Continued)

Services (SILS) or in Intermediate Care Facilities for the Mentally Retarded (ICF-MRs) that provide supervised apartment-training programs. Other materials for use by residents of these programs include workbooks and easy-to-read fiction.

Topics include living skills, socialization, sexuality, health care, cooking, nutrition and employment. Resource materials may be borrowed for three weeks from the CHEN office. Write or call Sally Swallen or Judy Crawford at 3225 Lyndale Av. S., Minneapolis, Minn. 55408. Tel. (612) 827-5641 or, toll-free, (800) 582-5256.

Consortium Institute to Provide Two Workshops

The U.S. Department of Education has provided funds for the University of Minnesota Consortium Institute for the Education of the Severely Handicapped. The funds are for a five-year period to conduct research on educational interventions for severely handicapped students. The institute will identify ways that provide opportunities for optimal integration with nonhandicapped peers in school activities and in recreation and employment situations.

Dr. Luanne Voeltz, director of the project, plans to work with parents and service providers. Among the institute's first activities will be a program on "Components of Vocational Education Programs" presented by Dr. Lou Brown, a national authority in vocational training for severely handicapped people. This session will be held on Friday, March 18, from 7 to 9 p.m. at the Earle Brown Center, University of Minnesota St. Paul campus. Staff from developmental achievement centers, work activity centers, sheltered workshops, residential facilities and parents of retarded persons are welcome to attend. Admission is free.

Consortium Institute (Continued)

The second event on Saturday, March 19, 8:30 a.m. to 5 p.m. at the Earle Brown Center, is open only to parents, foster parents, or guardians of severely handicapped persons. Dr. Ann Turnbull, University of Kansas, will discuss flexible models of parental involvement in the education process. Dr. Lou Brown, University of Wisconsin-Madison, will discuss integration in domestic, leisure, community and vocational settings. Participants will receive information on how to evaluate the quality of educational programs. The parent workshop is cosponsored by the Association for Retarded Citizens Minneapolis. Admission is free.

To register, or for more information, call (612) 373-5608 or 373-5609.

NEW SERVICES

Minnesota Epilepsy League Offers New Service

The Minnesota Epilepsy League now provides a coat check service for visitors to the Minnesota State Capitol. The coat check area is located on the ground floor, one floor directly below the main entrance at the carriage entrance on the south side of the building. The service is available Monday through Thursday from 7:45 a.m. to 6:15 p.m. during the legislative session. Charge for the service is 50 cents.

The League also offers two items printed in braille. One is a pamphlet, "Questions and Answers about Epilepsy" and the other, a wallet-sized first aid card. To obtain either of the above items, call the Minnesota Epilepsy League. Tel. (612) 340-7630, or toll-free, (800) 292-7932.

Housing for Handicapped People Now Under Construction

The National Ataxia Foundation has hired Dominion Management Service to market and manage 20 units of housing for people who are handicapped. The two housing complexes, now under construction in St. Paul and Bloomington, are scheduled for occupancy in early spring.

The units are designed for handicapped persons who are capable of independent living, or who have personal aides.

For more information, call Dominion Management Service Inc. at (612) 559-1495.

FOR YOUR INFORMATION

Autism Library Donated

The Twin Cities Society for Autistic Children, Inc., recently presented a special research collection on autism to Gillette Children's Hospital. The autism library duplicates a reference collection at the University of Pittsburgh graduate school of public health. Publications include the fields of medicine, education, nutrition and psychology. Parents, teachers, students and professionals may use the collection at Gillette Children's Hospital, University Av. and Jackson St. in St. Paul.

Arts Festival for Mentally Retarded People Set

The Minnesota Alliance for Arts has awarded the Association for Retarded Citizens (ARC) in Anoka County a grant to sponsor an arts festival for mentally retarded people. Titled "Arts Alive," the project will consist of a series of four classes in aerobic dancing, mime and acrylic painting. The classes will start in April and will culminate in a one-day festival in mid-June. During the festival, class participants will display their achievement and demonstrate their newly acquired skills.

Arts Festival (Continued)

Registration is limited to teenagers and adults. For information on fees, contact the ARC in Anoka County office at (612) 571-5318.

Program for Parents of Retarded Children Set

"A Family Approach to Child Management" is the title of a course starting this month for parents of retarded children. Joann Sorem, family counselor with the Association for Retarded Citizens Minneapolis, will be the group leader. The course will assist parents to develop new skills for teaching appropriate behavior, or to change inappropriate behavior using positive management techniques.

All programs will be held on Friday evenings, 7-9 p.m., at Arlington Hills Presbyterian Church, 1275 E. Magnolia St., St. Paul.

The program schedule is as follows:

- March 18--What is problem behavior?;
- March 25--Identify the ABC pattern;
- April 1--(Good Friday, no program);
- April 8--What is reinforcement, punishment, ignoring?;
- April 15--Effective use of time out; and
- April 22-- When is discipline necessary?

A manual entitled Behavior Problems will be used in the course. The course is free but there is a charge for the manual for those who wish to purchase it.

Preregistration is requested by calling the ARC office at (612) 224-3301.

911 Emergency System Accessible to TDD/TTY Users

The new 911 telephone emergency system is accessible to persons who use telecommunication devices for the deaf (TDD/TTY). TDD/TTY users who have a medical, police or fire emergency can dial 911, or an alternative number (422-1212), and receive assistance.

Council for Exceptional Children to Consider Starting New Division

The Minnesota chapter of the Council for Exceptional Children (CEC) will hold a meeting for persons interested in starting a special division for children who are mentally retarded. The council is a professional organization for people working with handicapped persons. The new division would be specifically targeted to those who work with mentally retarded individuals.

The meeting will take place on Friday, March 18, 4:30 p.m. at the Sheraton Ritz Hotel in downtown Minneapolis.

Membership is open to all CEC members. Other interested persons may join CEC at the meeting. For more information, call Nancy Hall at (612) 429-5391, ext. 292, or (612) 777-9224.

Residential Project for Mentally Retarded People Explored

Catholic Ministry to Persons with Handicaps is exploring the need for residential services for people who are mentally retarded. The first step will be to develop a mailing list of families that would need a residential program for their children. Families that respond will be asked to complete a more detailed questionnaire. The information will be used to document the need and desire of Catholics to develop residential programs. To be included in this project, call or write Mary Hinze, Association for Retarded Citizens, 65 E. Kellogg Blvd., St. Paul, Minn. 55101. Tel. (612) 224-3301.

Theater Workshop Offered to Physically Disabled Adults

Inver Hills Community College and COMPAS, a local arts organization, will offer a three-credit theater workshop for physically disabled adults spring quarter. The class will be held at the Little Sisters of the Poor, 330 S. Exchange St., St. Paul, Minn. Classes begin March 30.

Theater Workshop (Continued)

For more information, call: Gini Spurr, (612) 455-9621, ext. 211 or Oneida/St. Paul Learning Center at (612) 227-8704. Transportation will be available.

Shrine Circus Tickets Available

Service providers for persons who are mentally retarded are invited to contact Russell Colberg, chairman of the 60th Annual Shrine Circus, for free tickets.

Circus times are as follows:

- March 17, two shows, 1:30 p.m. and 7:30 p.m.
- March 18, three shows, 10 a.m., 1:30 p.m. and 7:30 p.m.
- March 19, three shows, 9 a.m., 1:30 p.m. and 7:30 p.m.
- March 20, two shows, 1:30 p.m. and 7:30 p.m.

Please indicate the number of tickets needed and date of attendance. Send the information to Russell Colberg, 5035 217th St. N., Forest Lake, Minn. 55025.

WORKSHOPS, CONFERENCES

April 14-16

"Perspectives in Communication Disorders" will be the theme of the Minnesota Speech, Language and Hearing Association convention at the Radisson Hotel in St. Paul. Keynote speaker will be Dr. Fred Minifie, president of the American Speech, Language and Hearing Association. Other nationally known featured speakers will include Dr. Mabel Rice, who will speak on language and cognition, Dr. Norma Rees, on auditory processing, Dr. David Buekelman, on dysarthria and Dr. Alan Rubens, on neurology of aphasia.

Registration fee for members is \$40 and \$55 for nonmembers, with a late registration fee for nonmembers of an additional \$5.



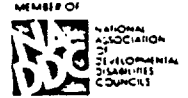
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201 Capitol Square Building
550 Cedar Street
St. Paul, Minnesota 55101

Minnesota Department of Energy,
Planning and Development

Roger Strand 612/296-4018
Editor



AUDIT COMMISSION EVALUATES COMMUNITY RESIDENTIAL PROGRAMS

March 1983

"Although the population of state hospitals continues to decline, the total number of mentally retarded persons in long term care settings--state hospital and community--has increased steadily in recent years." This is according to a new study, Evaluation of Community Residential Programs for Mentally Retarded Persons. It was released in February by the Program Evaluation Division of the Office of the Legislative Auditor. The study concludes that "the state relies too heavily on Intermediate Care Facilities for the Mentally Retarded (ICF-MR) for residential care. Alternatives less expensive and less restrictive have been largely neglected."

The study examined these questions:

- Has the Department of Public Welfare (DPW) effectively planned and encouraged a mix of residential services for retarded persons? Do recently opened facilities meet identified needs?
- Are the mechanisms used to set reimbursement rates for community residential facilities effective in containing costs?

In light of the report's findings, several policy changes were recommended to the Legislature:

- Increase the availability and use of alternatives to ICF-MR care, including Semi-Independent Living Services (SILS), professional foster care, and family assistance programs.
- The Legislature and DPW should encourage existing facilities to serve more dependent clients.

- DPW and the Legislature should limit development of new facilities. New development should be allowed only to meet very specific targeted priorities and where those needs cannot be served within existing facilities or through alternative services.

The study discussed several findings and recommendations relating to DPW Rule 52, which establishes and administers reimbursement rates. Some of the recommendations include:

- DPW should revise Rule 52 to establish effective limits on reimbursable interest rates.
- DPW should revise Rule 52 to pay an earnings allowance that is based on actual capital investment, and that encourages and rewards investment.
- The Legislature and DPW should impose a cap on rate increases of no more than 10 percent, based on anticipated inflation rates.
- The Legislature and DPW should consider the use of caps on reimbursement for specific cost categories, such as administration.

The report also stated, "The DPW has not effectively limited new admissions to state hospitals." It said "the process by which state agencies plan and regulate new facilities is not effective in meeting state needs."

To obtain a copy of this report, contact: Program Evaluation Division, Office of the Legislative Auditor at (612) 296-4721.

POLICY ANALYSIS PAPERS ADDRESS STATE TRAINING NEEDS

The State Developmental Disabilities (DD) Program Office recently published the first two of three studies on personnel training. The papers are numbers 12 and 13 in the Policy Analysis Series: Issues Related to Weisch vs. Levine.

Policy Analysis Paper No. 12 is entitled "Analysis of Nonformal Training for Personnel Working in the Field of Developmental Disabilities in Minnesota: 1981-82." Nonformal training refers to adult education outside of formal education. Nonformal training includes conferences, workshops, seminars, in-service training or courses. The DD program interviewed 19 agencies and organizations in the fall of 1981 to document the scope of nonformal training activities, identify problem areas and solicit ideas for improving interagency coordination.

The study said, "People are generally motivated to continue their education throughout their adult lives. Literally thousands of people regularly participate in hundreds of training events taking place throughout the state each year, just in the specialized area of developmental disabilities alone."

The study said that, historically, "Nonformal training efforts have been fragmented, uncoordinated, piecemeal and reactive to crises and events as opposed to being proactive, thoughtfully planned, organized and sequenced in scale with current developmental and behavioral technology."

All 19 agencies and organizations contacted agreed on the need for improved coordination and collaboration. Some solutions they suggested were: establish an information clearinghouse; encourage multidisciplinary interaction and learning opportunities; and provide a central office that would conduct training needs assessments, staff evaluations and provide technical assistance.

Policy Analysis Papers (Continued)

Policy Analysis Paper No. 13 is entitled "A Survey of Formal Training Programs in Developmental Disabilities in Postsecondary Schools in Minnesota and Adjacent States." This study documents availability of training in colleges, universities and vocational-technical schools. These schools traditionally have provided preservice training for professionals and paraprofessionals working with people with developmental disabilities. The study examines course bulletins for 1981 and 1982 from 89 postsecondary schools in Minnesota and eight selected schools in Wisconsin, North Dakota and South Dakota.

The study suggests two areas for improvement: "changes in statewide distribution of education resources," and "changes in the course work offered by individual institutions and the system as a whole." Course work changes appear to be needed in at least three areas:

- Relatively few courses addressed the unique needs of adults with developmental disabilities;
- Comparatively few courses addressed the needs of severely and profoundly handicapped individuals; and
- Almost no courses dealt with nonmentally retarded developmentally disabled persons.

The third paper, Policy Analysis Paper No. 14, will present findings on perceived training needs of administrators and line staff in community residential facilities and developmental achievement centers.

These documents will be sent to those on the Series mailing list. Others may request copies by contacting: Developmental Disabilities Program Office, 201 Capitol Square Bldg., 550 Cedar St., St. Paul, Minn. 55101. Tel. (612) 296-4018.

SPECIAL EDUCATION RULES SCHEDULED FOR
PUBLIC HEARING

A public hearing on proposed rules governing special education will be held at the Sheraton Midway St. Paul, Interstate Hwy. 94 and Hamline Av. on April 13. The hearing will begin at 9 a.m. and continue until all interested persons have had an opportunity to be heard. The proposed rules may be modified as a result of the hearing process.

Written statements or material may be submitted to Jon Lunde, Hearing Examiner, Office of Administrative Hearings, 400 Summit Bank Bldg., 310 S. 4th Av., Minneapolis, Minn. 55415. Tel. (612) 341-7645.

A free copy of the proposed rules may be obtained from: Wayne A. Erickson, Capitol Square Bldg., 550 Cedar St., St. Paul, Minn. 55101. Questions on content of the proposed rules should be directed to Norena Hale at (612) 296-1793.

MINNESOTA JAYCEE WOMEN SUPPORT BRITTLE
BONE SOCIETY

The Minnesota Jaycee Women have chosen the American Brittle Bone Society (ABBS) as their two-year priority project for statewide fund raising. The ABBS is planning to generate funds for research, educational materials and counseling services.

Brittle bone disease, known as osteogenesis imperfecta, is characterized by bones that break easily, often from no apparent cause or trauma. A hereditary, connective tissue disorder, it affects about 20,000 people in this country. The American Brittle Bone Society and Film in the Cities have recently produced a 20-minute film on this disabling condition. For more information, contact: Jean Mandeville, Brittle Bone Society, 1800 Douglas Av. S., Minneapolis, Minn. 403. Tel. (612) 377-0035.

U OF M CONSORTIUM WILL STUDY WAYS TO
INTEGRATE SEVERELY HANDICAPPED LEARNERS

The formation of the University of Minnesota Consortium Institute for the Education of Severely Handicapped Learners was recently announced. The consortium will produce 11 research studies focused on the issue of moving severely handicapped children to least restrictive, integrated school and community environments. Consortium faculty and staff will present programs at the university in special education, communication disorders and therapeutic recreation. Four major school district cooperatives in the Twin Cities are also involved. For more information, contact: Luanna M. Volletz, Director, or Bonnie B. Wuerch, Assistant Director, 144 Burton Hall, University of Minnesota, 178 SE Pillsbury Dr., Minneapolis, Minn. 55455. Tel. (612) 373-5608 or 373-5609.

ASSOCIATION FOR RETARDED CITIZENS OF
MINNESOTA SEEKS AWARD NOMINATIONS

The Association for Retarded Citizens (ARC) of Minnesota is offering an opportunity to recognize individuals and organizations that have made significant contributions to citizens who are mentally retarded. Awards will be presented Aug. 22 at an awards and recognition banquet during the ARC state convention held on the St. Cloud State University campus. Nominations in the following categories must be submitted to the ARC Minnesota office by May 1:

- Outstanding Service by a Professional,
- Franklin C. Smith Award for Outstanding Volunteer Service,
- Andrew R. Richardson Advocacy Award,
- Hubert H. Humphrey Consumer Award,
- Media Award,
- Best Mental Retardation Month Project (to local ARC unit), and
- Outstanding Achievement by an ARC Local Chapter.

Nomination forms may be obtained from the ARC Minnesota office by calling (612) 827-5641, or toll-free, 1 (800) 582-5256.

The state Developmental Disabilities (DD) Program Office has acquired several education, training and resource materials. They may be borrowed from each of the regional DD offices and from the state program office in St. Paul. Each month, this section of DD Information Exchange highlights selections from these resources to provide information to potential buyers. The following selections are available from the state DD program office only.

How to Improve Performance through Appraisal and Coaching, D. L.

Kirkpatrick, AMACOM, 1982. This book provides a manager with tools to conduct performance appraisals. The goal is to improve subordinates' performance through proper coaching and guidance. The book contains sample forms, case studies and research from three multinational corporations. The author maintains that if proposed guidelines are followed, neither the manager nor subordinates should have to consider the performance appraisal as an annual ritual to be dreaded. Rather, it should be welcomed as an opportunity to improve performance for the good of the individual, the department and the organization.

Teacher Supervision through Behavioral Objectives: An Operationally Described System, T. J. Piper and D. B. Elgart,

Paul H. Brookes Publishing Co., 1979. The authors believe that the process of teacher supervision can be the greatest contributing factor in improving the quality of education. This text defines the qualities that good teachers display and then provides the forms and means for measuring those qualities. Accurate, meaningful supervision, when conducted in a systematic, quantifiable manner, offers the best indicator of whether skills being used are successful and appropriate. This document shows teachers how to do their own classroom research. It also shows teachers how to develop new ideas about educational programming, curriculum and a successful arrangement of the learning environment.

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Published monthly by the Developmental Disabilities Program of the Metropolitan Health Planning Board

Metropolitan Council
300 Metro Square Building
St. Paul, Minnesota 55101
Toni Lippert: 291-6364
Tom Chapel: 291-6357

Vol. 8. No. 6.
June 1983

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YOU ARE INVITED TO ATTEND AN INFORMATION FORUM

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GUEST SPEAKER: DENNIS MATTHEWS, M.D.

TOPIC: "MEDICAL CARE OF DEVELOPMENTALLY DISABLED PERSONS"

Dr. Dennis Matthews will discuss:

- * The Importance of Early Diagnosis and Intervention,
- * The Role of the Physician in Monitoring Development and Implementing a Program,
- * Long-Term Medical Needs for all Age Groups,
- * Suggestions for Improving the Medical Encounter with Persons who are Developmentally Disabled.

Dr. Matthews is an assistant professor and currently serves as director of the Children's Rehabilitation program and co-director of the Muscular Dystrophy Clinic, University of Minnesota; co-director of Muscular Rehabilitation, Courage Center; and consultant, Rosemount Developmental Achievement Center. He is also a member of the Metropolitan Council's Developmental Disabilities Task Force.

Date: Tuesday, June 14, 1983

Time: 2 to 3:30 p.m.

Place: Metropolitan Council Chambers
300 Metro Square Building
7th and Robert Streets
St. Paul, Minnesota

No Admission Charge

Open to the Public

ANOTHER PROGRAM IN THE DD CAPACITY-BUILDING SERIES

METRO DD PROGRAM NEWS

Applicants Sought for Developmental Disabilities Task Force

The Metropolitan Health Planning Board is seeking nominations to fill three vacancies on the board's Developmental Disabilities Task Force.

The 25-member group is composed of persons who are substantially handicapped by severe mental or physical disabilities that started in their developmental years (before age 22), parents and providers of services for such persons, and the general public. Members serve three-year terms. Representation from minority groups and urban and rural poverty areas of Anoka, Carver, Dakota, Hennepin, Ramsey, Scott and Washington Counties is particularly welcome.

The task force advises the health planning board and its parent Metropolitan Council on needs of developmentally disabled people and helps coordinate planning to meet those needs. Nominees must be able to attend meetings on the second Tuesday of every other month from 1-4 p.m. and serve on at least one committee. Appointments will be made in September 1983.

Persons interested in applying should send a resume by June 24 to Toni Lippert on the health planning board staff, 300 Metro Square Bldg., 7th and Robert Sts., St. Paul, Minn. 55101. For more information, please call 291-6364.

Study Says Personnel Turnover in Group Homes No Problem

Personnel turnover is not currently a problem in Metropolitan Area group homes, although the depressed economy can take most of the credit. This comes from a recent study, "Personnel Turnover in Community Group Homes for Mentally Retarded People in the Twin Cities Metropolitan Area." It was conducted by Thomas Chapel, staff member of the Metropolitan Region Developmental Disabilities Program. The report concludes both full- and part-time

Personnel Turnover (Continued)

turnover of direct-care staff has declined substantially in the last few years. Overall, average turnover in group homes in group homes decreased from 52.3 percent in 1980 to 27.2 percent in 1982.

The study, which examined one-third of Metropolitan Area intermediate care facilities for mentally retarded people, also explored factors that led to turnover and strategies used by administrators to retain good staff.

The study has been mailed to Metropolitan Area recipients of the Information Exchange. To obtain a copy, please call the Metropolitan Council at 291-6464.

Grantmanship Kits Available

The Metropolitan Region Developmental Disabilities staff has prepared a resource kit to help developmental disabilities organizations that seek funding from the world of foundations and corporations.

The kit, prepared for a March 1983 workshop on private sector assistance, includes: a list of Minnesota foundations and corporate giving programs that make grants to human service organizations, tips on researching foundations, advice on putting together a grant proposal and several other items related to grantmanship.

People interested in seeking foundation grants may also be interested in two recent additions to the DD resource library. The Guide to Minnesota Foundations and Corporate Giving Programs includes profiles of over 500 organizations. The Grantsmanship Center News Reprint Series is a collection of in-depth articles on grant research, grant writing and fundraising. Both documents are available for use only in the Metro DD library.

EMPLOYMENT OPPORTUNITIES

Coordinator Needed

The Minnesota Foundation for Better Hearing and Speech is seeking a coordinator who will be responsible for the comprehensive information system network on communication (speech, language and hearing) impairments. The position involves the collection, maintenance, compilation and dissemination of information through formal information and referral services, specialized topical information, public awareness materials and the agency newsletter.

Qualifications required: knowledge of information services, successful work experience in program coordination and effective written and verbal communication skills. Bachelor's degree in human services, library science or information services, or equivalent experience is also required. The salary range is \$14,976 - \$19,296.

Contact Gerald Nelson, executive director, Minnesota Foundation for Better Hearing and Speech, 508 Bremer Bldg., St. Paul, Minn. 55101. Deadline for applications is June 3, 1983.

Executive Director Needed

Nonprofit developmental achievement center in Faribault seeks administrator. Skills required: supervisory, budgetary, planning and financial/accounting. Experience with mentally retarded people needed. Minimum of bachelor's degree.

Send resume to: Wm. J. Steele, chairman, Rice Co. Activity Center, 203 Nevada St., Northfield, Minn. 55057.

FOR YOUR INFORMATION

Degree in Independent Living Available

A Master of Science degree in the study of independent living is now available from the University of Delaware. Admission requirements include an undergraduate degree in consumer economics, business administration or other social sciences. More information is available by writing: University of Delaware, College of Human Resources, Newark, Del. 19711.

Targeted Jobs Tax Credit Program Extended

Congress has extended the Targeted Jobs Tax Credit (TJTC) program until Dec. 31, 1984. TJTC will give direct tax credits to private employers who hire handicapped people from approved vocational rehabilitation agencies, recipients of supplemental security income benefits, and economically disadvantaged Vietnam veterans.

Companies may take credits of 50 percent of the first \$6,000 in wages paid to a qualified employee in the first year of work and 25 percent of the first \$6,000 paid in the second year.

Tax Guide Published

The Michigan Association for Retarded Citizens has published a 1983 Tax Guide for Parents of Mentally Retarded Citizens. The guide is helpful for parents concerned with tax deductions stemming from the care of a disabled family member. For copies, write: John Scholten, ARC/Michigan, 313 S. Washington Sq., 3rd floor, Lansing, Mich. 48933.

Report on Self-Inflicted Injury Issued

The Association for Advancement of Behavior Therapy has issued a task force report: The Treatment of Self-Injurious Behavior. The report, developed by a panel of experts, summarizes and evaluates research on treatment for self-injurious behavior in developmentally disabled persons. An extensive bibliography is included.

For copies, contact: Mary Ellen Brown, Publications Director, AABT, 420 Lexington Av., New York, N.Y. 10170

Old Time Family Day Set

The Metropolitan Area foster care licensing agencies will sponsor "Old Time Family Day" on June 18, 10 a.m. - 4 p.m. at Gibb's Farm Museum (corner of Larpenteur and Cleveland Avs., near the state fairgrounds).

The event will feature activities typical of the late 1800s. Exhibitors will reflect this historic theme and will help

Family Day (Continued)

children make cornhusk dolls, churn home-made ice cream and dip candles. Quilters, weavers and a blacksmith will demonstrate their crafts, and clowns and a magician will perform throughout the day.

Food will be available, but visitors are encouraged to bring picnic lunches; no alcoholic beverages will be allowed.

The purpose of Old Time Family Day is to encourage family activities and foster-parenting as a family activity. Everyone is invited and admission is free.

For more information, contact: Patrick O'Leary, Foster Care Program, Ramsey County Human Services. Tel. (612) 298-4697 or (home) 721-2272.

Respite Care Information

The South Carolina Department of Mental Retardation (DMR) and the York County Mental Retardation/Developmental Disabilities Board have developed a new project. The project seeks to identify people interested in providing respite care for families with handicapped members.

The project includes a training program that allows a civic group or community organization to provide training in any community. Furthermore, a comprehensive manual has been developed to support the training effort. The manual is designed as a self-teaching mechanism for potential respite care providers, preparing them for the formal training session. A unique feature of the manual is the inclusion of a self-administered test. Each applicant is instructed to study the manual and complete the test prior to the training session.

For further information, write: J. Calvin Taylor, S.C. Department of Mental Retardation, P.O. Box 4706, Columbia, S.C. 29240.

In Nebraska, the Parent/Family and Respite Training Projects provide individualized support to families who are caring for their developmentally disabled members. Both projects concentrate on developing networks of service in Nebraska.

Respite Care (Continued)

For more information on the two projects, write: Patricia McGill Smith, Meyer Children's Rehabilitation Institute, 444 S. 44th St. Omaha, Neb. 68131.

WORKSHOPS, CONFERENCES

June 11 - August 10

The Peabody College for Teachers in Nashville, Tenn. announces seven courses for special education teachers. The courses will be open for noncredit or credit enrollment. Title and dates of the courses are:

- Using Microcomputers in Special Education, June 13-14;
- Teaching Functional Language to Handicapped Children, June 13-24
- Working with Families of Young Handicapped Children, June 13-24;
- Human Resource Planning in Special Education: Changing Environments, June 27-July 8;
- Teaching Visually Impaired Children: Nemeth Braille Code for Mathematics and Science, July 11-15; and
- Model Vision Project, July 25-29;
- Optacon and Communications Technology, Aug. 1-10.

A descriptive brochure is available from Summer Institutes, Box 164, Peabody College, Vanderbilt University, Nashville, Tenn. 37203.

Aug. 26-28

"The Importance of Being There... Together" is the theme of the 1983 Association for Retarded Citizens (ARC) convention, which will be held at St. Cloud University, St. Cloud. The theme reflects the need for parents, professionals and consumers to unite on behalf of people who are mentally retarded. More than 30 workshops are planned for parents and consumers. A fund has been established to provide grants of \$10-\$50 to help consumers with the costs of attending the convention.

For more information, or for registration forms, contact the ARC Minnesota office at (612) 827-5641.



INFORMATION EXCHANGE

STATE
SUPPLEMENT

Developmental Disabilities Program
201 Capitol Square Building
550 Cedar Street
St. Paul, Minnesota 55101

Minnesota Department of Energy,
Planning and Development

Roger Strand 612/296-4018
Editor



DEINSTITUTIONALIZATION SLOWS, COURT MONITOR SAYS

"Fewer Minnesota state hospital residents were placed into the community in 1982 than in 1981," said Lyle Wray, court monitor, in his semiannual report to the U.S. District Court, District of Minnesota. The report concerns the Welsch vs. Levine consent decree. However, as of July 1982, "the decree's population reduction specified for 1982 was more than met," the report said.

In 1982, the number of people with mental retardation in the seven state hospitals dropped from 2,431 at the beginning of the year to 2,334 at year's end, a reduction of 97 people. That figure is significantly less than the census-based reduction of 137 persons observed in 1981. "The present rate of net population reduction, about eight persons per month across the state hospital system, falls below the net monthly reduction of about 10 persons required for compliance with the depopulation target specified (in the decree) for 1987," the report added.

The report also said that state hospital residents with physical handicaps are being placed into the community at much slower rate than other residents. Out of the 774 individuals identified as having physical handicaps in June 1981, only eight have been placed into the community. Other highlights from the report are:

- "Children continue to be admitted to state hospitals and make up five to 10 percent of the population of state hospitals."
- "There has been a continued decline in the use of mechanical restraint, separation and seclusion procedures at most state hospitals".

June 1983

Court Monitor Report (Continued)

--Results from a survey by the plaintiff counsel regarding psychotropic medication use in the seven state hospitals revealed that, "Cambridge has the greatest number of persons on major tranquilizers in the system. Willmar has the highest average dosage for persons on psychotropic medications."

A considerable number of compliance issues have been brought before the court monitor. "To date, 1,042 issues have been raised with more than 300 issues currently unresolved," the report stated. A major unresolved issue is that financial incentives for state hospital placement of mentally retarded adults remain in place for counties.

A limited number of copies of the report are available from: Lyle D. Wray, Ph.D., Court Monitor, 201 Capitol Square Bldg., 550 Cedar St., St. Paul, Minn. 55101. Tel. (612) 291-9961.

MENTAL HEALTH ADVOCACY PROJECT ESTABLISHED

As part of a three-year funding grant from the McKnight Foundation, the Mental Health Association of Minnesota has contracted with Legal Aid of Minneapolis to establish a legal advocacy project. The project is to provide legal representation for persons who are mentally ill throughout Minnesota. The project will also offer legal training and education to professionals, consumers, and other interested persons.

For more information or for legal assistance, contact: Susan Lenz, managing attorney, (612) 332-1441, or, toll-free, (800) 292-4150.

SOCIAL SERVICE ASSOCIATION HONORS ERIC
JANUS

At the 90th Annual Minnesota Social Service Association Spring Training Conference, Eric Janus received the Distinguished Service Award for Individual Service. Janus is managing attorney for Legal Aid of Minneapolis. The award recognized his role in drafting the Minnesota Vulnerable Adult Act, which went into effect in 1981. The law provides for the reporting of suspected abuse or neglect of adults, who, due to impairment, cannot seek assistance for themselves.

PACER CENTER AWARDED RESEARCH GRANT

Paula Goldberg, codirector of the Parent Advocacy Coalition for Educational Rights Center (PACER), announced that the U.S. Department of education has awarded them a grant to measure results of its parent training program. In connection with the project, many parents who have received services from PACER will be contacted. "We will really appreciate everyone's cooperation," said Goldberg.

HOW TO OBTAIN IDENTIFICATION CARDS FOR
NONDRIVERS

If a person cannot drive due to a physical disability, or chooses not to for whatever reason, having appropriate identification for activities such as cashing checks can be difficult. This problem can be remedied by having a Minnesota Identification Card. The card is clearly marked 'nondriver' and includes an assigned number, a color photograph, full name, date of birth, address, a description of the card holder and a place for signature.

Minnesota identification cards may be obtained by going in person to the clerk of district court in the county office, and, in some instances, to drivers' license examination stations. It is wise to call first to verify the location, hours, days of operation, and whether the building is accessible to people with special mobility needs. When application is made, acceptable forms of identification must be presented, such as birth or baptismal certificates, birth records from a family bible or a passport.

Identification Cards (Continued)

Fees for the cards vary. Generally, cards are valid for four years and cost \$6. Persons who are mentally retarded should present an acceptable form of identification, plus a letter from an agency that provides services to them (such as a group home) stating that they are mentally retarded. The cost to people with mental retardation is 50 cents. For persons over age 65, the fee is \$5 and the card is valid for life.

Applicants receive a receipt with a batch number on one side and their signature on the other. The receipt may be used for identification until the actual card arrives in the mail (about three to five weeks.)

ARCHITECTURAL AND TRANSPORTATION
BARRIERS COMPLIANCE BOARD ADOPTS VOTING
POLICY

The federal Architectural and Transportation Barriers Compliance Board has recently adopted the following voting policy: disabled people are entitled to effective access to voter registration and polling places. With the establishment of this policy, the board can focus on how to assist in the development of legislation ensuring effective access to voting places for physically handicapped people.

Announcement of this policy, effective March 8, 1983, appeared in the April 12 issue of the Federal Register. Further information can be obtained by contacting: Laurinda Steele, Office of Policy, Planning and Program Development, Architectural and Transportation Barriers Compliance Board, 330 SW C. St., Room 1010, Washington, D.C. 20202. Tel. (202) 245-1801, voice or TDD.

VIDEO TAPES ON ABUSE AND NEGLECT
AVAILABLE

Video recordings from a conference, "Presenting Harm to Children with Disabilities: Dimensions in Recognizing and Responding to Abuse and Neglect," held in May 1982, may now be borrowed. The three tapes feature keynote addresses by Drs. Eli Newberger and Lynn Wikler and a panel presentation.

Video Tapes (Continued)

To borrow the tapes, contact: Sue Aggar, Department of Public Welfare Library, c/o Oak Terrace Nursing Home, 14500 Co. Rd. 67, Minnetonka, Minn. 55343. Tel. (612) 934-4100, ext. 252.

ILLINOIS FILM CENTER OFFERS SERVICES

The University of Illinois Film Center provides a nationwide service by sharing its collection of over 15,000 films and video recordings. Besides rentals and sales, it provides a number of other services, such as computerized reference searches and a free newsletter.

For more information, contact: University of Illinois Film Center, 1325 S. Oak St., Champaign, Ill. 61820. Tel. (800) 367-3456 (toll-free).

COURSES

June 17

"Legislative Wrap-Up" is a course for attorneys and other interested professionals that will summarize the major outcomes from the 1983 Minnesota Legislature. It will specifically cover significant changes affecting nearly all activities in state government. The course will be held from 8:30 a.m. - 4:30 p.m. at the St. Paul Athletic Club. Tuition is \$95, which includes course materials. Also, 5.75 hours of continuing education credits are available.

For registration and information, contact: Advanced Legal Education, Hamline University School of Law, 1536 Hewitt Av., St. Paul, Minn. 55104. Tel. (612) 641-2336.

PUBLICATIONS

The St. Paul Pioneer Press (May 5, 1983) reprinted an article by Julie Hatfield of the Boston Globe regarding a number of resources available on clothing and fashions for people with special needs. As an example, the following may be purchased from PRIDE Foundation, 1159 Squonnock Rd., Groton, Conn. 06340:

Publications (Continued)

- Dressing With Pride, a 116-page book on modifying and making adaptive clothing (\$11 postage paid).
- Clothing Lesson Plan, an educational program on clothing as a special need for therapists, home health aides, and educators working with older or disabled people (\$25 prepaid postage).

EVENTS

June 7

"New Perspectives on Charitable Giving: Bequest Fundraising for Your Charitable Cause" is a half-day workshop designed to demystify the nature of bequest fundraising. It is a nontechnical briefing for administrators and volunteers in organizations seeking private donations. The fee is \$35.

For registration and a descriptive brochure, contact: Continuing Management Education, Continuing Education and Extension, University of Minnesota, 338 Nolte Center, Minneapolis, Minn. 55455. Tel. (612) 373-3680.

June 16

The Minnesota Chapter of American Association on Mental Deficiency will sponsor a workshop on "Establishing Cooperative Groups to Manage Conflict and Anger That Occur in Residential Settings," to be held at the Plymouth Radisson. Presentations will be given by Drs. Dean and Mary Tjosvold, authors of Working with Mentally Handicapped Persons in Their Residences. Fee: \$40. Contact: Mary Tjosvold at (612) 755-8489 or Bev Helgeson at (612) 235-5897.

July 12-16

The National Society for Children and Adults with Autism (NSAC) will hold its 15th annual meeting and conference at Hotel Utah in Salt Lake City. The theme will be "Opportunity to Learn, Freedom to Choose." For further information, contact: NSAC, Suite 1017, 1234 NW Massachusetts Av., Washington, D.C. 20005. Tel. (202) 783-0125.

YEARNING FOR LEARNING

The state Developmental Disabilities Program Office has acquired several education, training and resource materials. They may be borrowed from each of the regional Developmental Disabilities offices and from the state program office in St. Paul. Each month, this section of DD Information Exchange highlights selections from these resources to provide information to potential buyers.

Developmental Training Homes: A Resource Book, L. Wray, Office of Court Monitor, 1983. This is a compilation of materials on special needs foster care, mostly originating from the state of Michigan. The intent is to assist individuals and organizations in looking at options other than group homes for meeting the residential needs of children with mental retardation or other developmental disabilities, who, for whatever reason, are not able to remain with their families. Content includes ideology, recruitment, training, and monitoring as related to the provision of foster care services.

Available from the state DD program office only.

Metropolitan Council DD Program
300 Metro Square Building
7th and Robert Sts.
St. Paul, MN 55101

A Review and Catalog of Early Childhood Special Education Resources, C. Robinson and K. Davey (editors), University of Nebraska Medical Center, 1982. This resource was developed to help people with an interest in early childhood special education to be more selective in ordering materials for preview purchase. There are materials for program planning, preservice and in-service training, assessment, parent and professional relationships and more. Although not an exhaustive coverage, the materials included represent what the authors consider major works since 1977. Available from the state DD program office only.

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STATE PLAN DEV DISAB PRO
201 CAPITOL SQUARE BL
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MAY 25 1983



INFORMATION EXCHANGE



Published monthly by the Developmental Disabilities Program of the Metropolitan Health Planning Board

Metropolitan Council
300 Metro Square Building
St. Paul, Minnesota 55101
Toni Lippert: 291-6364
Tom Chapel: 291-6357

Vol. 8. No. 7
July 1983

Forum (Continued)

METRO DD PROGRAM NEWS

Title XIX Public Forum

The Metropolitan Region Developmental Disabilities Task Force will sponsor an information forum presented by the Minnesota Department of Public Welfare (DPW) on Tuesday, July 26, from 10 a.m. to 3 p.m. on the Title XIX waiver legislation. The forum will be held in the Metropolitan Council Chambers, 300 Metro Square Bldg., 7th and Robert Sts., St. Paul, Minn.

DPW is presenting a series of regional meetings to inform interested parties on the content of the legislation and its implication for changes in services for persons who are mentally retarded. At the forum, the department will also be seeking recommendations from the public on the types of services that should be offered under the waiver plan.

The forum is open to all Metropolitan Area residents.

Communication Disorders is Next Capacity-Building Presentation

The Metropolitan Council will present an information forum on communication disorders of persons with developmental disabilities, Aug. 9, 2 to 3:30 p.m., Council Chambers, 300 Metro Square Bldg., St. Paul, Minn.

The presentation will include a brief overview of the most common disorders and the most current technologies for initiating and improving communications, especially for non-verbal and non-reading individuals. Joe Riechle, Ph.D., of the Department of Communication Disorders, University of Minnesota, will be the primary speaker.

This program is another in the CAPACITY-BUILDING SERIES presented by the Metro Region Developmental Disabilities Task Force of the Metropolitan Health Planning Board/Metropolitan Council. Consumers, parents and service providers are invited to attend. There is no admission charge.

Fiscal Disincentives Paper Available Soon

In cooperation with the State Developmental Disabilities Program office, the staff of the Metropolitan DD program will soon release a new policy analysis paper, Fiscal Disincentives in the Service System for Developmentally Disabled People.

The paper examines how methods of funding and administering DD programs often prevent placement in the least restrictive setting.

A second section examines three potential solutions to the problem and traces the cost impact of each solution on a hypothetical county and the state and federal government. A final section reviews recent state legislation affecting financing of DD services and its impact on reducing fiscal disincentives. For copies of the report, contact Marjorie Segell at (612) 291-6363.

Summary of Funding, Service Delivery
Changes Available

Recent state legislation alters several aspects of funding and delivery of services for people who are developmentally disabled. The legislation, (S.F.1234) changes the method of funding Developmental Achievement Centers (DACs), sets rates for DACs and Intermediate Care Facilities for people who are mentally retarded, and expands the number of services potentially eligible for Medicaid financing.

A summary of S.F.1234 is available from the Metropolitan DD program. Call Marjorie Segell at (612) 291-6363.

FOR YOUR INFORMATION

Grant Awarded to American Bar Association

The American Bar Association (ABA) has been awarded a \$287,732 grant by the Department of Health and Human Services' Administration on Developmental Disabilities. The grant is to prepare and disseminate model state guidelines to improve the quality of board and care facilities for developmentally disabled, elderly and mentally ill persons.

During the 15-month grant period, the project staff will develop a model state statute, study and report on applicable regulations in each state and draft methods that can be used by state officials to improve surveillance of such facilities. In addition, ABA will provide technical assistance to states wishing to revise their current legislation or develop new laws in this area.

An initial draft of guidelines for a model state statute was scheduled to be completed by May 31, 1983, with revisions to be made in August and September. The draft will then be circulated to organizations and individuals for comment. It is scheduled for completion by Sept. 30, 1983.

For further information, write: Jane Beyer, American Bar Association, Commission on Legal Problems of the Elderly, 1800 NW. M St., Washington, D.C. 20036.

Preventing Epileptic Seizures

A key priority of a comprehensive epilepsy center is to prevent seizures from being unresponsive to treatment, according to Dr. Fritz Dreifuss in a recent address to the Western Institute on Epilepsy in New Orleans.

Dr. Dreifuss is the head of such a center at the University of Virginia in Charlottesville, Va. He said that seizures may resist treatment because of faulty diagnosis, use of the wrong medication, patient response, or a combination of all three.

Faulty diagnosis may result from incorrect identification of the seizure type, failure to distinguish between true epilepsy and pseudo-epileptic episodes, failure to recognize that an underlying disease is producing the seizures, or failure to recognize other special factors that are producing seizures. Use of the wrong drug, the wrong dose or use of medication for longer than needed can also contribute to treatment failure. Dr. Dreifuss said that on the patient's side, failure to take medication as prescribed, failure to stay away from things that may trigger seizures, other illnesses and use of competing medications may all add to the difficulty of achieving seizure control.

Posters Celebrating 'Decade of Disabled
Persons' Available

The Eastman Kodak Co. has developed a series of posters for the National Organization on Disability. The posters depict handicapped people achieving full participation in their own areas of interest. They were developed in response to a declaration by the United Nations designating the period of 1983-1992 as the "Decade of Disabled Persons."

The series is comprised of six posters and a different one will be released every other month throughout 1983. Single posters will be available free of charge to individuals and organizations. Contact: National Organization on Disability, 2100 Pennsylvania Av. NW., Suite 232, Washington, D.C. 20037. Tel. (202) 293-5690.



INFORMATION EXCHANGE

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St. Paul, Minnesota 55101

Minnesota State Planning Agency

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Editor



LEGISLATURE ALLOWS CHANGES IN SERVICES FOR RETARDED PERSONS

July 1983

The Minnesota Legislature recently authorized the Department of Public Welfare (DPW) to apply for a waiver, which would allow home- and community-based services to be funded by medical assistance (Title XIX of the Social Security Act). Persons would be eligible for these services if they would otherwise need care in a state hospital or in a community Intermediate Care Facility for mentally retarded persons (ICF-MR). Payments under an acceptable waiver plan must not exceed the cost of ICF-MR services that would have been provided without the waived services.

At a minimum, the waived services would include case management, family training and support, developmental training homes, supervised living arrangements, semi-independent living services, respite care, and training and habilitation services. Regarding the latter, training and habilitation services were defined as "those health and social services needed to ensure optional functioning of persons who are mentally retarded or have related conditions."

There were many other features in this new legislation that will have far-reaching impact upon future state and county operations.

--A moratorium was placed on the number of beds in ICF-MRs. It was set for no more than 7,500 beds as of July 1, 1983, and 7,000 beds as of July 1, 1986.

--The Commissioner DPW must establish admission criteria for state hospitals and county utilization targets to limit and reduce the number of ICF-MR beds.

Legislature (Continued)

- DPW will develop a client-tracking and evaluation system.
- Prior to serving mentally retarded persons, the county must make a determination of retardation, provide a needs assessment, develop an individual plan and authorize specific services.
- County agencies must establish a screening team to evaluate a client's needs (any client entitled to ICF care or a client expected to need ICF care in the future). The screening team will also identify the level of service needed to maintain the most normal and least restrictive setting consistent with treatment needs.
- DPW must establish procedures and rules for determining rates for ICF facilities, waived services, and for training and habilitation services provided to residents of an ICF.
- Up to 15 positions are authorized for DPW to implement the program.
- Applicable sections would be repealed if the waiver is not approved by June 30, 1984.

Rep. Ann Wynia, St. Paul, a chief advocate behind the bill, commented on what she hoped would be accomplished through this enabling legislation: "I hope that this is going to give us a more rational system of services, a system that will reflect individual needs as well as sensitivity to the cost of services."

REVIEW OF SOCIAL SECURITY BENEFITS
ORDERED FOR MENTALLY ILL

Minnesotans between the ages of 18 and 49 with a mental illness who have been denied Social Security or Supplemental Security Disability benefits, or whose benefits were terminated on or before March 1, 1981, should have their eligibility for benefits reviewed by the Social Security Administration (SSA) as soon as possible.

The SSA was ordered to review these claims due to a recent court decision in a suit brought against the SSA by the Mental Health Association of Minnesota. At least 800 individuals were terminated from these programs, while others were denied benefits prior to the court's decision.

Persons who meet these requirements should call the SSA office at (612) 378-1151.

NONPROFIT AGENCIES MUST PARTICIPATE IN
SOCIAL SECURITY

Due to recent amendments to the Social Security Act, employees of all nonprofit organizations must participate in Social Security. In the past, nonprofit organizations were given the option of participating either in the system or in private retirement plans. As of Jan. 1, 1984, an employer and employee will jointly have to pay a social security tax not to exceed seven percent of an employee's wages.

FUNDS AVAILABLE FOR BARRIER REMOVAL IN
SCHOOLS

The Emergency Jobs Bill recently passed by Congress included \$40 million for the removal of architectural barriers in schools. For more information, contact: Marty Kaufman, Director of Educational Services, Department of Education, Room 4853 Donahoe Bldg., 400 Maryland Av. SW., Washington, D.C. 20202.

LOAN FUND CRITERIA EXPANDED

The Minnesota Nonprofits Assistance Fund (MNAF) recently expanded its criteria for loans to nonprofit organizations.

Until April 1983, the loan fund was open only to nonprofit organizations in the seven-county Metropolitan Area. Now it has been expanded to include any organization in Minnesota that holds a 501(c)(3) tax status and is experiencing cash flow problems. Such problems may be caused by delay in payment of a contract or grant from government or foundations.

MNAF makes loans up to \$20,000 at a reduced interest rate of six percent for the first 45 days, and eight percent from 46 to 90 days. MNAF is sponsored by the Minneapolis Foundation and St. Anthony Park State Bank.

To apply, or for more information, contact: Susan Kenny Stevens, MNAF, St. Anthony Park State Bank, 2250 Como Av., St. Paul, Minn. 55108. Tel. (612) 647-0131.

HUMAN SERVICE WORKER CERTIFICATION
AVAILABLE

The National Commission for Human Service Workers (NCHSW), recently announced that certification is now available. Applications are being accepted for the first national examination scheduled for October.

The certification process involves three steps and fees: application (\$15); assembly of portfolio documenting competent work performance (\$25); and written examination (\$35). Test locations will be named later this summer after applications have been distributed.

For more information, contact: Dr. Angela Holweger, 1710 Gervais St., Suite 205, Columbia, S.C. 29201. (NOTE: This is the new address of NCHSW; former headquarters were in Atlanta, Ga.)

Communication Skills Model Available

Communication strategy, published as a manual called the "Bridge Model" is now available. It is an approach to strengthening communication skills and fostering positive working relationships among parents and educators of handicapped children. It was developed by the Parents' Campaign for Handicapped Children and Youth and the Council for Exceptional Children. The model consists of a sequence of planning activities that culminate in a one-day workshop. It has been tested successfully in both urban and rural settings and has been found to foster cooperation and collaboration between parents and professionals.

In addition to distributing the manual, project staff are available to provide technical assistance to groups who want to use the model. Single copies of the manual are available free of charge, but there is a postage and handling fee of \$2. To order a copy, or for more information, contact: Parent's Campaign for Handicapped Children and Youth, 1201 NW. 16th St., Washington, D. C. 20036. Tel. (202) 822-7900.

Call for Papers for Quality of Life Conference

The Minnesota chapter of the American Association on Mental Deficiency will sponsor a conference Oct. 27 and 28 at the Radisson Inn, Plymouth. The theme will be "Quality of Life--What is it and How Do We Develop Quality of Life?"

Proposals should be submitted by Aug. 1 for possible conference presentation, papers, posters, panels and seminars. Suggested areas related to quality of life include:
-- Environment -- physical aspects, medications, bio-ethnic factors, equipment, physical therapy, occupational therapy, hereditary vs. environmental factors;
-- Interpersonal Area -- communication skills, conflict resolution, cooperative groups;
-- Self-Identity -- hierarchy of needs, wellness, sexuality, arts, music therapy, play therapy, survival/development needs.

To submit proposals or suggestions for topics, contact: Mary Tjosvold at Camilia Rose Group Home, 11800 Xeon Blvd., Coon Rapids, Minn. 55344. Tel. (612) 755-8400.

Summer Course for Recreation Leaders Offered

The University of Minnesota is offering a summer session from July 18 to Aug. 19 on "Assessment and Evaluation in Leisure Services for Special Populations." This will be an in-depth study and application of approaches to therapeutic recreation service assessment and evaluation.

Emphasis will be on individual and group assessment techniques, data collection strategies for independent living, leisure, social and motor skill development, objective program evaluation in various settings, and its application to research. The course is appropriate for therapeutic recreation specialists and service providers working in group homes, institutions, day achievement centers and community programs.

The course will be held on Tuesdays and Thursdays from 2:30 - 4:45 p.m. at 206 Cooke Hall on the University campus. The instructor will be Stuart J. Schleien, Ph.D.

For registration information, contact: Education Career Development Office at (612) 373-2257.

PUBLICATIONS

-- Unlocking Doors, a new booklet on communication skills is now available from Parent Advocacy Coalition for Education Rights (PACER). It describes a communication style that can help parents work more comfortably with teachers, including activities and exercises. Individual copies are free to Minnesota parents of handicapped children. The cost to other people is \$2.50 for a single copy or \$2 a copy when ordering more than one. Orders must be prepaid. Write to: PACER Center, Inc., 4701 Chicago Av., Minneapolis, Minn. 55407.

Publications (Continued)

--The 1983 edition of Standards for Services for Developmentally Disabled Individuals is available from the Accreditation Council for Services for Mentally Retarded and Other Developmentally Disabled Persons (ACMRDD). This new edition costs \$25 and incorporates all changes made since the 1981 edition was published.

For further information, contact: Kenneth G. Crosby, Executive Director, ACMRDD, 5101 Wisconsin Av. NW., Suite 405, Washington, D.C. 20016.

--A new publication, The Economic and Societal Benefits of Independent Living Services provides an overview of services furnished by Centers for Independent Living in Illinois, Michigan, Minnesota, Indiana, Ohio and Wisconsin. The report includes case histories and background information on 23 independent living centers in the six states. For copies, contact: Helen Kupper, RSA-15th Floor, 300 S. Wacker, Chicago, Ill. 60606.

--Prof. Julian Wolpert of Princeton University has updated his 1978 study on the impact of group homes on local property values. The updated study analyzes market prices and turnover rates for properties near 32 group homes located in eight communities in New York State. Generally, Professor Wolpert found no long-term negative effects upon property values or neighborhood turnover rates.

To obtain a copy of this report, contact: Matt Janicki, Ph.D., Office of Mental Retardation and Developmental Disabilities, 44 Holland Av. Albany, New York, NY 12229.

FUTURE EVENTS

Sept. 12-14

The Office of Continuing Education, University of Wisconsin-Stout will sponsor a conference, "Discovery '83: Computers for the Disabled," at the Leamington Hotel in Minneapolis.

Conference (Continued)

The purpose of this conference is to provide an overview of the many areas in which computers can serve the needs of people who are disabled, and some specific applications of the new medium of microcomputers.

"Discovery 83" is an annual conference designed to highlight frontier areas in serving disabled people. This year's topic is a blending of two disciplines, vocational rehabilitation and special education. The conference will provide teachers, administrators, counselors, government personnel, researchers, purveyors of computer technology and disabled people with an opportunity to learn about the advances made in computer technology that are changing special education and vocational rehabilitation.

The registration fee before Aug. 15 is \$150; after that date it will be \$175.

For more information, or for a registration form, contact: Office of Continuing Education, University of Wisconsin-Stout, Menomonie, Wis. 54751.

Oct. 19-21

A conference sponsored by the 4H youth organization and the University of Minnesota will be held at Camp Courage for people involved in youth development.

The conference is open to teachers, 4H leaders and other youth development leaders, volunteers and handicapped persons.

For more information, contact Sandy Becker, office of special programs at the University of Minnesota. Tel. (612) 373-0725.

Oct. 27-28

The fall conference of the Minnesota chapter of the American Association on Mental Deficiency will be held at the Radisson Inn, Plymouth.

For more information on this conference, see article on page 3.

STUDY SHOWS BIAS AGAINST DISABLED

FEMALES

A study recently conducted by the Disabled Rights Education and Defense Fund, Inc., shows widespread discrimination against women and girls with disabilities in educational and other programs. The pattern of unequal opportunity was especially apparent for those persons with learning disabilities and mental retardation.

The 1981 study, funded by the federal Department of Education's Women's Educational Equity Act, revealed:

- Although the ratio of males to females in schools was about even, twice as many services were given to boys as to girls;
- Women with physical disabilities were found more likely to be isolated in special institutions than men; and
- Sex bias was apparent in educational programs that teach boys job-related skills (e.g. assembly work, janitorial skills) but that teach girls to make beds and do dishes.

Part of the reason girls with learning disabilities weren't being placed in appropriate programs was that their behavior did not draw attention to their special needs. On the other hand, the study found that behavior problems were often what led to placement of boys in special programs.

Copies of the report may be obtained from Disability Rights Education and Defense Fund Inc., 1349 Connecticut Av. NW., Suite 1124, Washington, D.C. 20036. Tel. (202) 659-4684 (voice or TDD).

TRAINING RESOURCE

Training and staff development in the "Try Another Way" approach to the preparation of people with handicaps for employment is being offered by Marc Gold and Associates (MG & A). Flexible scheduling for small groups can be arranged by contacting: MG & A, 1538 E. Anderson Lane, Suite 8, Austin, Tex. 78757. Tel. (512) 836-3763.

PUBLICATIONS

Programming for Adolescents with Cerebral Palsy and Related Disabilities, United Cerebral Palsy Associations, Inc. This publication is a result of a national conference that emphasized helping adolescents with disabilities. Contents cover: family life skills, communication, medical needs, movement, psychosocial needs, education, sexuality and recreation. Price: \$4.50, plus shipping costs. Contact: Professional Services Program Dept., United Cerebral Palsy Associations, Inc., 66 E. 34th St., New York, N.Y. 10016. Tel. (212) 481-6300.

A Guide to Job Analysis, published by U.S. Department of Labor. This 488-page book analyzes the content of jobs and helps to describe those jobs in a standardized and easily understood manner. It is intended for vocational evaluators, job placement specialists, vocational rehabilitation counselors and physical and occupational therapists. The cost is \$10 per copy.

A major portion of the writing of this book was accomplished through the U.S. Department of Labor and is being disseminated through: Materials Development Center, Stout Vocational Rehabilitation Institute, University of Wisconsin-Stout, Menomonie, Wis. 54751.

EVENTS

August 8-11

The International Conference on Psychological Abuse of Children and Youth will be held at Purdue University in Indianapolis, Ind. Several major areas of psychological abuse will be addressed by speakers and conference participants including: mental cruelty, sexual abuse, institutional abuse, drug and substance abuse, and emotional neglect and stimulation deprivation. For further details, contact: Office for the Study of the Psychological Rights of the Child, Indiana University-Purdue, ES 2129 D, 902 W. New York St., Indianapolis, Ind. 46223.

YEARNING FOR LEARNING

The state Developmental Disabilities Program Office has acquired several education, training and resource materials. They may be borrowed from each of the regional Developmental Disabilities offices and from the state program office in St. Paul. Each month, this section of DD Information Exchange highlights selections from these resources to provide information to potential buyers.

Community Housing Options for Handicapped People, National Institute on Mental Retardation, Canada, 1978. This is a manual about developing community-based residential services. It is designed to help planners, programmers, proprietors, organizations, agencies and staff cope with problems they face. The text reflects complexities involved in planning and developing a range of residential alternatives. It strongly urges that, "the key to the success of community services is the degree of coordination whereby one area of service backs up and reinforces the others." Content includes sections regarding planning principles, physical settings, housing alternatives, management issues and economic issues.

Available from the state D.D. program office only. Tel. (612) 296-4018.

Metropolitan Council DD Program
300 Metro Square Building
7th and Robert Sts.
St. Paul, MN 55101

Becoming Independent: A Living Skills System, A. Westaway and T. Apolloni, Edmark, 1978. This is an individualized programming system that provides a framework to ensure adolescents or adults with developmental disabilities have a coordinated plan covering work, recreational and residential settings. It contains methods for planning, assessing, recording, reporting and learning 704 different skills. This is a useful resource for schools, developmental achievement centers, group homes, sheltered workshops and for persons involved with integrating developmentally disabled persons into the community.

Available from the state D.D. program office only. Tel. (612) 296-4018.

Bulk Rate
U.S. Postage
PAID
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Permit No. 1610



INFORMATION EXCHANGE



Published monthly by the Developmental Disabilities Program of the Metropolitan Health Planning Board

Metropolitan Council
300 Metro Square Building
St. Paul, Minnesota 55101
Toni Lippert: 291-6364
Tom Chapel: 291-6357

Vol. 8. No. 8
August 1983

YOU ARE INVITED TO ATTEND
THE DEVELOPMENTAL DISABILITIES TASK FORCE
INFORMATION FORUM

TOPIC: "COMMUNICATION DISORDERS OF PERSONS
WHO ARE DEVELOPMENTALLY DISABLED"

SPEAKERS: JOE REICHLER, Ph.D. - Assistant Professor,
Department of Communication Disorders,
University of Minnesota

DIANA GOLDHAGEN - Speech Pathologist,
Courage Center

This presentation will include a review of the most prevalent communication disorders found in both severely mentally retarded and non-retarded persons, the latest treatment technology and current techniques in communication for non-verbal and non-reading individuals.

Date: Tuesday, August 9, 1983

Time: 2 to 3:30 p.m.

Place: Metropolitan Council Chambers
300 Metro Square Building
7th and Robert Streets
St. Paul, Minnesota

Admission is free. Please register at the door.

ANOTHER PROGRAM IN THE DD CAPACITY-BUILDING SERIES

Third Annual MNASH Conference

The Minnesota Association for the Severely Handicapped (MNASH) will hold its third annual fall conference on Oct. 21 and 22 at the Ramada Inn, Hwy. I-494 and France Av., Bloomington, Minn. The theme this year is "Severely Handicapped Persons in the Community: Educational, Residential and Vocational Integration." On the next page, readers will find a form, "Call for Presentations," which may be sent to Dr. Nancy Fenrick at the address listed.

In the past decade, the principle of normalization has made dramatic changes in the service systems for handicapped individuals. The impact on people who are severely disabled has been less obvious. Mere placements or access to community-based services has not resulted in true integration for the severely handicapped. The 1983 MNASH Conference will identify key problems that impede community integration, explain new theories and present practical models that can resolve some problems.

The targeted areas -- residential, educational and vocational services -- have been selected since they are the key programs needed by persons who are severely handicapped. Keynote speakers include: Dr. Luanna Voeltz, Consortium Institute, University of Minnesota (educational); and Dr. Paul Wehman, School of Education, Virginia Commonwealth University (vocational). Other nationally known specialists in community integration have been invited to make presentations, as well as numerous Minnesota professionals and parents.

The conference has been planned for all providers -- teachers, social workers, health care professionals and staff of residential, vocational and day programs -- and especially for parents. Participants should gain knowledge and understanding of newly evolving corollaries to the normalization principle, become more sensitive to obstacles to true integration and learn about some successful ways similar problems have been solved.

The September issue of this newsletter will carry registration information. MNASH members and non-members who are willing to volunteer for a variety of tasks should write or call conference chairperson Dr. Nancy Fenrick, Department of Special Education, Box 52, Mankato State University, Mankato, Minn. 56001. Tel. (507) 389-1122.

* * * * *
* The MNASH Board of Directors approved a *
* motion to support the election of Dr. *
* Colleen Wieck, executive director, *
* Minnesota Developmental Disabilities *
* Planning Office of the State Planning *
* Agency, to the national board of *
* directors of The Association of the *
* Severely Handicapped (TASH). Local *
* TASH members are urged to support *
* Minnesota's candidate. Deadline for *
* receipt of ballots is Sept. 5. *
* * * * *

FOR YOUR INFORMATION

Funds Provided for Interpreters

Funds have been made available for providing interpreter or note-taking service for hearing-impaired persons enrolled in adult education programs. The state legislature appropriated \$43,000 for the fiscal year beginning July 1, 1983, and \$44,000 for the following year for this purpose.

The program is designed to provide support services for hearing-impaired adults so that they may obtain better results from avocational or educational programs for their continued growth and development. The funds may be used to pay the cost of interpreters or notetakers, provided the program meets the criteria of the Minnesota State Department of Education.

For a detailed explanation of the criteria and application form, educational programs should contact: Larry Crouse at the Minnesota Department of Education, Capitol Square, 550 Cedar St., St. Paul, Minn. 55101. Tel. (612) 296-4177 or TTY (612) 297-2094.

THIRD ANNUAL MNASH CONFERENCE

October 20 and 21

Ramada Hotel
1494 and France
Minneapolis

SEVERELY HANDICAPPED PERSONS IN THE COMMUNITY:

EDUCATIONAL, RESIDENTIAL, AND VOCATIONAL INTEGRATION

Call for Presentations: --on educational, residential, and vocational programs
for severely handicapped persons
--with emphasis on, but not limited to, successes in and
difficulties of integrating severely handicapped persons
into the community

Please mail by August 30th to Nancy J. Fenrick, Department of Special Education,
Box 52, Mankato State University, Mankato, Minnesota, 56001
(507-389-1122)

Name of Presentor (or Panel Chair) _____

Address _____

Phone _____

Names of Other Presentors or Panel Members _____

Title of Presentation _____

Description of Presentation (50-100 words) _____

Approximate length: _____ ½ hour; _____ 1 hour; _____ 1½ hours; _____ 2 hours

Please check any time you cannot make the presentation:

Thursday a.m. _____; Thursday p.m. _____; Friday a.m. _____; Friday p.m. _____

Model Program Information Sought

The editor of New Directions, a publication of the National Association of State Mental Retardation Program Directors, Inc. (NASMRPD) is seeking information on innovative programs or service delivery techniques for mentally retarded persons. Information on such programs, including background materials, black and white pictures or new articles, should be sent to: Deborah Jennings, NASMRPD, 113 Oronoco St., Alexandria, Va. 22314.

Volunteers Needed by Two Organizations

The Minnesota State Fair begins Thursday, Aug. 25 and continues through Monday, Sept. 5. Volunteers are needed by the Minnesota Epilepsy League and the National Multiple Sclerosis Society to staff their information booths.

Volunteers should call Jim McMullen, Minnesota Epilepsy League at (612) 340-7630 or Sandy Johnson, National Multiple Sclerosis Society at (612) 870-1500. Free admission tickets to the fair are provided by the organizations.

Wheelathon Scheduled

Accessible Space Inc. (ASI) is conducting its third annual wheelathon on Aug. 20 at Lake Nokomis in Minneapolis from 9 a.m. to 6 p.m. This year's theme is "Wheelin Beats Waiting." ASI residents are wheeling over a 30 kilometer course in ASI's annual fundraising event.

Donations raised from its first two Wheelathons enabled ASI to purchase a van equipped with a power lift. Funds contributed this year will go toward maintaining the van and hopefully will permit ASI to expand the van's operating hours. All contributions will be designated for transportation activities, conducted and directed by ASI'S Tenant's Council.

Pledge forms can be obtained from ASI, 3710 Chicago Av. S. Minneapolis, Minn. 55407. Tel. (612) 827-3663.

WORKSHOPS, CONFERENCES

Aug. 22-23

"Sexuality and Mentally Handicapped People" is a workshop sponsored by Planned Parenthood of Minnesota. Speakers include Phyllis Cooksey, director, Department of Education and Training, Ruth Markowitz, program coordinator and an advocate from Legal Advocacy for Developmental Disabilities.

For registration information, call Department of Education and Training, Planned Parenthood of Minnesota, 1965 Ford Pkwy., St. Paul, Minn. 55116. Tel. (612) 698-2401.

Sept. 13

The American Association on Mental Deficiency (AAMD) will present a workshop on "Use of Behavioral Techniques with Staff and With the Health Care System: Or, Staff Likes Reinforcements Too." Workshop presenters include Dr. Erick Errickson, Dr. Bill M. Wooten and Dr. Lyle Wray. The workshop will be held at the Sunwood Motel in St. Cloud from 8:30 a.m. to 3:30 p.m. Cost is \$30, which includes lunch.

For further information, contact: Mary Tjosvold, Camilia Rose Group Home, 11800 Xeon Blvd., Coon Rapids, Minn. 55343. Tel. (612) 755-8400.

Sept. 23

A fall workshop, "Auditory Training in the 80s," has been scheduled for professionals and parents of hearing-impaired children. Further information will be printed in next month's newsletter.

FUTURE EVENTS

Nov. 4, 5

"Primary Care of the Child with a Developmental Disorder" is a workshop that will be presented by Gillette Hospital's Developmental Disabilities Program Staff, in conjunction with Continuing Medical Education, University of Minnesota. Details will follow later.



Developmental Disabilities Program
201 Capitol Square Building
550 Cedar Street
St. Paul, Minnesota 55101

Minnesota State Planning Agency

Roger Strand 612/296-4018
Editor



NATIONAL DD ORGANIZATION EXPANDS MEMBERSHIP

August 1983

To become a stronger national coordinating force and voice in Washington, D.C., the National Association of Developmental Disabilities Councils (NADDC) is expanding its membership to include other groups, organizations and individuals.

The purposes of NADDC are to:

- Work toward improving lives of persons with developmental disabilities; (DD)
- Assist in the cooperation and communication between the National Council on the Handicapped, federal, state and voluntary agencies and other DD organizations concerned with DD and individual state and territorial DD councils and staff;
- Exchange information regarding DD nationwide;
- Strengthen effectiveness of individual state and territorial DD councils; and
- Educate and inform the public of the needs and rights of persons with DD.

Among benefits to members are a free subscription to FORUM, eligibility for committee and task force participation and purchase of reports and studies at cost. Annual membership fees are: \$35 for individuals, \$20 for students and \$100 for organizations. Membership fees are tax deductible. For more information, contact: NADDC, 1234 Massachusetts Av. NW., Suite 203, Washington, D.C. 20005. Tel. (202) 347-1234.

RULES PROPOSED ON THE PROTECTION OF HANDICAPPED INFANTS

On July 5, 1983, in the Federal Register, proposed regulations were issued by the federal Department of Health and Human Services designed to protect newborn, handicapped infants from discrimination.

Public comment is requested within a 60-day period.

Further information and copies of the proposed rules can be obtained from the state developmental disabilities program office. Tel. (612) 296-4018.

MCKNIGHT GRANT AWARDS ANNOUNCED

Under a grant from the McKnight Foundation, the Developmental Disabilities Program of the State Planning Agency recently awarded a total of almost \$100,000 to nine agencies for the coming year. The grant program seeks to solve regional problems through coordination, cooperation and modeling to improve service delivery to persons with developmental disabilities.

The program approved the following grants:

- Greater Minneapolis Day Care Association, for creating a network of care-givers to provide child care to developmentally disabled children;
- Lakeland Mental Health Center (Fergus Falls), for developing a case management system for preschoolers;
- Northeast Learning Center and Minnesota Diversified Industries (St. Paul), for developing a specialized work training program;
- Pine River Area Developmental Achievement Center and Group Home, for providing work for developmentally disabled persons by cleaning and preparing used cars for resale;
- Reuben Lindh Learning Center (Minneapolis), for delivering developmental services to Hmong children and their families;
- Twin Cities Society for Autistic Children, for developing training materials for educating residential providers in the behavior management of autistic children and adults;
- United Cerebral Palsy of Minnesota, for establishing a clearinghouse for used rehabilitation equipment;
- West Central Industries and Glacial Ridge Training Center (Willmar), for developing a cooperative, specialized work training program; and
- Winona County Developmental Achievement Center, for providing educational training in infant and early childhood stimulation.

A VOICE OF EXPERIENCE SPEAKS OUT ON LABELING*

Five Virginians -- four professionals and a person with a handicap -- were featured speakers at a statewide panel presentation on the misuse of diagnostic labels in Charlottesville, Virginia, on November 5, 1982. Of the five speakers, sponsored by the Community Living Association for the Mentally Retarded (CLAMR), it was Marvin Pope's carefully outlined and well-practiced speech that moved the audience to a standing ovation. The following is a partial transcript of his words.

Good morning. I am Marvin Pope and I live in a duplex apartment in a neighborhood called Plymouth Park in the City of Chesapeake...I am a client of the Chesapeake Supervised Apartment Program and have had my own apartment since September of 1981.

My topic for this presentation is "labels." There are documented cases of people who have been labeled "genius" as children, who, as young adults, have committed suicide because living up to the expectation of being a genius was just too much for them to cope with. There are documented cases of people who have been labeled "mentally retarded." What do these cases have in common? Labels. Because of the label "genius," miracles were expected. Because of the label "mentally retarded," nothing was expected. In both cases, labeling was the handicap.

I am mentally retarded. That's what I've been told all my life.

In the supervised apartment program, I have my P.O.R. (problem-oriented record). My "needs" list isn't too long because I have my basic living skills, social skills -- none too perfect, but who here is perfect? On the first line are the words, "mentally retarded." What does it mean? It means don't expect too much.

I work. In fact, I have several jobs. Sometimes I get fired. Sometimes I quit when the going gets rough. I can quit with just a slight twinge of guilty conscience because I can hide under the big safe umbrella that's labeled "mentally retarded."

At this point, I am learning to avoid...helplessness that was created by the label "mentally retarded," through various placements of my life. Maybe I know -- just maybe -- I would be further ahead today if my label didn't give society an excuse not to try harder with me during my school years. Maybe I know -- just maybe -- I would be further ahead today if my label hadn't given me that excuse not to try harder. Maybe -- just maybe -- the only things that are labeled are clothes -- not people. Thank you.

*Reproduced with permission from Institutions, Etc., National Center on Institutions and Alternatives, Alexandria, Va.

CHANGES IN MEDICAID STANDARDS PROPOSED

The federal Health Care Financing Administration, which oversees the Medicaid program, is currently developing new proposed standards for Intermediate Care Facilities for the Mentally Retarded. Publication of the proposed standards in the Federal Register will take place in the fall of 1983 at the earliest. Persons interested in expressing concerns or asking questions about the standards may contact: Dr. Wayne Smith, First Floor Dogwood East, 1849 Gwynn Oak Av., Baltimore, Md. 21207. Tel. (301) 597-5913.

CONTINENTAL TELEPHONE OFFERS LOAN PROGRAM

Continental Telephone Co. now has a loan program for the purchase of telecommunications devices for the deaf (TDD) and other adaptive phone equipment. Customers of Continental may apply for loans up to \$1,000 at six percent interest if they have a certified hearing loss severe enough that they cannot use the telephone without a TDD. To obtain an application form and further information, contact your nearest Continental Telephone Co. office.

CORRECTION

In last month's article on the Title XIX Waiver, the phrase "optional functioning" should have read "optimal functioning."

ANN ZALESKI WINS NATIONAL AWARD

Zaleski, outreach coordinator for the West Central Epilepsy League, received an International Community Program Award in competition sponsored by the National Organization on Disabilities. Her winning entry was a slide-tape presentation "Follow the Yellow Brick Road," which Zaleski wrote and produced as part of the International Year of Disabled Persons in St. Cloud. The production confronts people's attitudes towards others who have a disability. The presentation, with a discussion leader, can be scheduled by contacting: Kathy Wingen, Tri-County Action Programs, Inc., 728 So. Benton Dr., P.O. Box 165, Sauk Rapids, Minn. 56379. Tel. (612) 251-1612.

MINNESOTA TO HOST NATIONAL EPILEPSY CONFERENCE

Minnesota has been chosen as the host state for the 1984 Epilepsy Foundation of America National Conference to be held in early autumn. Dates and hotel accommodations are being negotiated. For more information, contact: Carol Johnson, Minnesota Epilepsy League, 404 S. 8th St., Rm. 242, Minneapolis, Minn. 55404. Tel. (612) 340-7630 or toll-free, (800) 292-7932.

PUBLICATIONS

Future Reflections is a magazine for parents of blind or visually handicapped children. Recent issues have contained articles on educational toys, textbooks and myths about blindness. Subscriptions are free, but contributions to the National Federation of the Blind are encouraged. Contact: Barbara Cheadle, Editor, Future Reflections, P.O. Box 1947, Boise, Idaho 93701.

Auditory Assessment and Programming for Severely Handicapped Deaf-Blind Students, The Association for the Severely Handicapped (TASH), 1983. This is a manual that offers strategies for teaching severely handicapped students who do not respond to conventional hearing tests. The program outlined is inexpensive and fun to use, requiring only lights and extension cords. Price is \$9.75. Contact: TASH, 7010 NE. Roosevelt Way, Seattle, Wash. 98115.

Home Accessibility Information Series, Minnesota Housing Finance Agency. A set of nine brochures highlight how to modify an existing single-family home in order to increase accessibility for people with physical handicaps. The series contains: 1) general issues in remodeling; 2) movement and circulation space, doors and floors; 3) ramps; 4) safe stairways; 5) lifting devices; 6) bathrooms; 7) kitchens; 8) transfer and balance aids (grab bars, handrails and guardrails); 9) controls and equipment. Price: \$4.50 plus \$1 for postage and handling, prepaid. Contact: Minnesota Documents Center, 117 University Av., St. Paul, Minn. 55155. Tel. (612) 297-3000 or toll-free (800) 652-9747.

Note: A limit of three brochures are available free of charge from the Minnesota State Council for the Handicapped. Tel. (612) 296-6785 or, toll-free, (800) 652-9747.

The Cost of Accessibility in New Single-Family Homes, Minnesota Housing Finance Agency. This report evaluates how new construction design can be modified to provide accessible facilities and the impact on costs and potential areas for cost trade-offs. Price: \$4, plus \$1 postage and handling, prepaid. Contact: Minnesota Documents Center, as listed in preceding article.

EVENTS

Nov. 3-5

"Interdependence: The Next Decade" will be the theme of the 10th Annual Conference of The Association for the Severely Handicapped (TASH). The conference will be held at the Cathedral Hill Hotel, San Francisco, Calif. For registration and information about air fare bargains, contact: TASH, 7010 NE. Roosevelt Way, Seattle, Wash. 98115. Tel. (206) 523-8446.

YEARNING FOR LEARNING

The state Developmental Disabilities Program Office has acquired several education, training and resource materials. They may be borrowed from each of the regional Developmental Disabilities offices and from the state program office in St. Paul. Each month, this section of DD Information Exchange highlights selections from these resources.

Look and Cook, St. Paul Public Schools, Minnesota Instructional Materials Center. This cookbook is the result of several years of developing teaching materials and recipes in the St. Paul Public School's vocational and adult education programs for people with mental retardation. The recipes are economical, easy to prepare and emphasize nutrients while trying to limit calories. Outcomes for the adult students include the preparation of food; serving food attractively; working safely with kitchen equipment; purchasing and storing food; and selecting food for nutritional value.

The cookbook may be borrowed for three weeks from the state Developmental Disabilities program office only. Tel. (612) 296-4018.

Metropolitan Council DD Program
300 Metro Square Building
7th and Robert Sts.
St. Paul, MN 55101

Planning and Operating Group Homes for the Handicapped, G. S. Youngblood and G. J. Bensberg, Texas Tech University, 1983. This is a guide for developing independent living facilities for persons with developmental disabilities. The guide addresses: alternative living models, federal programs, planning and locating homes, health and safety standards, policies, procedures and program. Copies may be borrowed from the state developmental disabilities program office by calling (612) 296-4018, or they may be purchased for \$10 from: Research and Training Center in Mental Retardation, Texas Tech University, Box 4510, Lubbock, Tex. 79409. Tel. (806) 742-3131.

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AUG 2 1988

MR. ROGER STRAND
STATE PLAN DEV DISAB PRO
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INFORMATION EXCHANGE



Published monthly by the Developmental Disabilities Program of the Metropolitan Health Planning Board

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Vol. 8. No. 9
September 1983

YOU ARE INVITED TO ATTEND
A DEVELOPMENTAL DISABILITIES TASK FORCE
INFORMATION FORUM

TOPIC: ISSUES AND OPTIONS RELATED TO ELDERLY PERSONS
WHO ARE MENTALLY RETARDED

SPEAKERS: GRACE WARFIELD, Ph.D., Chairperson of the National Grey Panthers;
former Associate Professor of Special Education, University
of Minnesota.

JOHN SELSTAD, Project Director, Social Health Maintenance
Organization, Ebenezer Society, Minneapolis.

BETH BURGAN, Program Coordinator, Dakota County Developmental
Learning Center.

QUESTIONS FROM THE AUDIENCE

This information forum is intended to present some provocative ideas about
the changes in attitudes and in the service system that must take place
before the needs of elderly persons who are mentally retarded can be fully
met. A day program model for more effective community integration will also
be presented.

Date: Friday, Sept. 9, 1983
Time: 1 to 3:30 p.m.
Place: Metropolitan Council Chambers
300 Metro Square Building
7th and Robert Streets
St. Paul, Minnesota

Admission is free. Please register at the door.

ANOTHER PROGRAM IN THE CAPACITY-BUILDING SERIES

METRO DD PROGRAM NEWS

Job Training Project Planned

The Developmental Disabilities (DD) Program will be implementing a demonstration project starting Oct. 1, 1983. One of the project activities will be the placement of developmentally disabled adults at community business sites for job training and employment. The DD program is seeking to contract for one year with two consultants to perform specific services for this Community Work Training Project. Each consultant is to perform the duties described below.

WANTED: CONSULTANTS

Consultant with experience in vocational training and proven marketing/sales skills needed to work with project to place handicapped and mentally retarded adults in work training sites in community businesses. Responsible for working with local businesses and agencies to secure work training sites; developing, initiating, and supervising individualized training programs for 15 or more trainees; and acting as a liaison with the employer, the trainee, other project training staff, and public funding agencies.

Two to three years experience in vocational training for mentally retarded people are required. Additional experience in vocational training for physically handicapped people desirable. Must be able to aggressively market the project to prospective employers. Prior marketing/sales experience and familiarity with federal/state labor and vocational rehabilitation regulations preferred. Must be able to quickly identify and creatively solve problems, and to work effectively with businesspeople, county staff and paraprofessional trainers.

The consultant will work under contract to the Metropolitan Developmental Disabilities Program of the Metropolitan Council. The contract is for one year. Contract amount up to \$28,000.

For more information or Request for Proposal, write or call, Ms. Toni Lippert at the Metropolitan Council, 300 Metro Square Bldg., St. Paul, Minn. 55101. Tel. (612) 291-6363. Deadline for submission of proposals is September 23, 1983.

EMPLOYMENT OPPORTUNITIES

Group Home Supervisors Needed

A live-in couple is needed for a small group home located in Shoreview for eight mentally retarded adults. The salary is \$16,700 annually, plus room and board.

For more information, call Ann Carey at (612) 482-9678 before Sept. 15.

FOR YOUR INFORMATION

Foster Homes Needed

The treatment foster home division of Treatment Program for Male Victims of Sexual Abuse, Inc. (TPMVSA) is seeking potential special foster homes in the Metropolitan Area. The homes would provide care for mentally retarded or physically handicapped children who are victims of sexual abuse. Experience and understanding of developmental disabilities and sexual victimization is desired but not necessary. The agency will provide extensive training in both areas for interested individuals or families.

Individuals or couples interested in this special project should contact Bruce Hesse, social work supervisor, TPMVSA, Inc., Treatment Foster Home Division, 150 Nicollet Av. S. Minneapolis, Minn. 55403. Tel. (612) 888-3324.

Community Representatives Needed

The Minnesota Epilepsy League (MEL) is seeking volunteers to serve as community representatives in their local communities. Qualifications include a strong interest in epilepsy education, good verbal skills, willingness to attend 20 hours of training, to distribute literature and posters and the ability to make presentations to community organizations.

For an interview, call (800) 292-7932.

SEVERELY HANDICAPPED PERSONS IN THE COMMUNITY:
EDUCATIONAL, RESIDENTIAL, AND VOCATIONAL INTEGRATION

Minnesota Association for the Severely Handicapped

Third Annual Conference

October 20 and 21, 1983

Ramada Hotel

1494 and France, Minneapolis

KEYNOTE SPEAKERS: Luanna Voeltz (University of Minnesota) Integrating Severely Handicapped Students within our Public Schools (October 20)

Paul Wehman (Virginia Commonwealth University) Integrating Severely Handicapped Persons within the Working Community (October 21)

ADDITIONAL PRESENTATIONS on issues involving severely handicapped persons include:

Foster Home Placements
DACs through Private Industries
Personnel Motivation in Group Homes
Peer Tutoring Programs for Fostering Integration and Attitude Change
Supportive Day Programs for Keeping Persons in Group Homes
Systems Change Project for Low Incidence Populations in Rural Setting
Psychoactive Drugs in Residential Programs
Keeping Severely Handicapped Children in Their Own Homes
Developing Leisure Skills in Community Recreational Programs
Functional Language Programs in the Home
Medical Assistance Waiver
Vocational Training in the Community at a High School Level
Handicap Awareness Activities for School Programs

The Complete Program will be available in mid-September. For further information contact: Nancy J. Fenrick, Special Education Department, Mankato State University, Mankato, MN. 56001 (507-389-1122)

For Room Reservation contact the Ramada Hotel directly. Rates are \$45 per room (not per person) for up to 4 occupants. Ramada Hotel, 4200 West 78th St., Minneapolis MN. 55434 (Phone either 612-831-4200 or Toll Free 800-228-2828).

For Preregistration please make the check out to MNASH and mail by October 10 to:
Paul Hagen--MNASH, PO Box 3383, Mankato MN. 56002

Name _____

Address _____

Are you a member of MNASH _____ of TASH _____

Check one: Thursday, October 20 only (\$20) _____ Friday, October 21 only (\$20) _____
Both Thursday and Friday (\$35) _____

Or you may register at the door

Volunteers Needed

The Multiple Sclerosis (MS) Society is seeking volunteers to assist in their adapted aquatics program. In St. Paul, the training session will be at Gillette Hospital on Sept. 21, and at Courage Center in Golden Valley on Sept. 27.

To volunteer, or to obtain further information, contact Sandy Johnson at (612) 870-1500.

Simplified Admission Form Widely Used

The Developmental Services Organization (DSO) announced that more than 55 providers of residential care facilities for people who are developmentally disabled have requested copies of the DSO admission/application form packet. Requests have come from 23 different states.

The project was initiated originally by DSO to simplify admission procedures for parents, social workers and residential facility providers for mentally retarded people in Minnesota. The standardized forms eliminate excessive paper work. Medical, behavioral and other information forms needed for admission to a facility are included in the packet.

The project in Minnesota has been extremely successful with an average of 95 percent usage. Other states use DSO's packet as a model, making adjustments to fit individual state rules and regulations.

To obtain a copy of the packet, contact Jane Birks, executive director at Developmental Services Organization, 666 Pelham Blvd., St. Paul, Minn. 55114. Tel. (612) 646-2711.

Retreats for Parents Planned

The Association for Retarded Citizens (ARC) of Hennepin County announced plans for two more parent-respite weekends this fall. The retreats will take place at Indian Chief Camp in Eden Prairie on Sept. 23-25 and Oct. 28-30, from 6:30 p.m. Friday to 1 p.m. Sunday.

Retreat (Continued)

For more information call ARC/Hennepin County at (612) 874-6650.

Information Packets About Disabled Students Available

The U. S. Department of Education has funded a National Information Center for Handicapped Children and Youth. Currently, the center is developing information packets and other information materials concerning disabled individuals, ages 0-18 years, or who are still in public schools.

For further information, contact the center at P.O. Box 1492, Washington, D.C. 22036. Tel. (703) 428-8480.

Metro Mobility Users Must Be Recertified

The Minnesota Legislature included more specific eligibility criteria for riders using Metro Mobility. Riders will now need to be recertified. Certification requires that each person meet at least one of the following criteria:

- Unable to walk 1/4 mile or more.
- Unable to walk up and down mainline bus steps.
- Unable to wait outside for 10 minutes or more.
- Unable to learn to use mainline bus service due to mental impairment or learning disability.

For more information, call (612) 644-1119.

Special Library Services Offered

The State Services for the Blind provide free auditory services such as radio talking books, special cassette players or phonographs for reproducing newspaper items, books and magazines. These services are available for people who are partially sighted, physically handicapped (unable to hold a book or turn pages), blind, temporarily disabled or terminally ill.

For more information, call (612) 296-7560 or toll-free, (800) 652-9000.

Dakota County Association for Retarded
Citizens Fall Programs

Legal Advocacy for Developmentally Disabled Persons will present two programs on "Planning for the Future" on Oct. 11 and Oct. 18, 7-9 p.m., at the Farmington High School Library, 800 Denmark St., Farmington.

Joann Sorem, developmental disabilities counselor, will present two programs at the Farmington Area Senior Citizens Center, 431 3rd. St., Farmington. "The Family With a Developmentally Disabled Child: Learning How to Cope" will be presented on Nov. 5. 10 a.m.-12 p.m. and "Sexuality and Your Developmentally Disabled Son or Daughter" on Nov. 12, 10 a.m.-12 p.m. The fee is \$3 per person per session.

Other services include a weekend retreat for mothers of school-aged, mentally retarded children to be held at Camp Indian Chief on Birch Island Park in Eden Prairie, Sept. 16-18.

A list of support groups in St. Paul, Minneapolis and Dakota County for parents of Down Syndrome children can be obtained by calling the number below.

For additional information on any of the above programs, call (612) 457-2588.

Hearing Society Offers Sign Classes

The Hearing Society of Minnesota will offer Intermediate Signed English beginning Sept. 15. This course is designed for parents and professionals to encourage better communication between hearing-impaired children and people in their home and school environment. This is not a course in American Sign Language.

Ten sessions will run from Sept. 15 to Nov. 17, Thursdays, 6:30-8:30 p.m., at the Hearing Society, 2100 Stevens Av. S., Minneapolis. The fee is \$36 per person or \$40 per couple. Jeanne Sielaff will teach the course.

For a copy of the class schedule, or for information on other course offerings, call The Hearing Society of Minnesota at (612) 870-0321 (voice or TTY).

Making Shopping Accessible

Shopper Special is a pamphlet with a checklist alerting store managers to important features that can help make their facilities more accessible. It also contains tips to help sales personnel respond to the special needs of shoppers who have mobility or other impairments.

Single copies of Shopper Special (publication A-306) may be obtained by sending a self-addressed, business-sized envelope to the National Easter Seal Society, 2023 W. Ogden Av., Chicago, Ill. 60612.

Work for Retarded People

Community Employment, a county-subsidized janitorial service, employs mentally retarded adults who are living independently in the community and who have graduated from residential facilities. The service area includes southern Ramsey and Hennepin Counties and northern Dakota County. The project is sponsored by AID Homes, Inc.

For further information, or free estimates, contact Karl Forsberg at (612) 452-4264.

For Help With Siblings of Handicapped Children

The Sibling Information Network shares information with professionals and families regarding service projects, research and literature involving siblings of children with handicapping conditions. The network publishes a quarterly newsletter and hopes to initiate conferences, special projects and research aimed at helping siblings. Membership dues are \$5 annually. For more information contact: The Sibling Information Network, School of Educational Psychology, Box D-64. University of Connecticut, Storrs, Conn. 06260. Tel. (203) 486-4034.

WORKSHOPS, CONFERENCES

Sept. 16

"Learning to Play: Playing to Learn," a workshop sponsored by REM Consulting and Services, Inc., covers principles of adult noncompetitive play. The workshop will be a highly experiential session in which health care, social service and rehabilitation professionals will be reintroduced to play and discover the magic of play-growth. It will be held at Sheraton Park Place, 555 Wayzata Blvd., St. Louis Park, from 9 a.m. to 4:30 p.m. The cost is \$37 and includes coffee, box lunch and handouts.

For more information, contact Dave Pfriem, REM Inc., 6921 York Av. S. Edina, Minn. 55435. Tel. (612) 925-5067.

Sept. 23-24

"Learning to Listen" is a workshop designed for teachers of hearing-impaired children, parents, speech clinicians and audiologists. It will be held at Hennepin Technical Center, 9200 Flying Cloud Drive, Eden Prairie, beginning Friday at 7 p.m. and ending Saturday at 4:30 p.m.

For more information, contact the Minnesota Foundation for Better Hearing and Speech, 508 Bremer Bldg., 7th and Robert Sts., St. Paul, Minn. 55101. Tel. (612) 222-6866.

Sept. 29

The Minnesota Council on Foundations' Sixth Annual Twin Cities Public Meeting will be held at O'Shaughnessy Auditorium on the campus of the College of St. Catherine, St. Paul. It will provide an opportunity for the public to meet Minnesota's grant makers and discuss issues of mutual concern. The fee is \$5.

For more information, contact Minnesota Council on Foundations, 1216 Foshay Tower, Minneapolis, Minn. 55402. Tel. (612) 338-1989.

Oct. 8

"Every Body Grows Up" is a seminar to be held at Gillette Children's Hospital, 200 University Av. E., 9 a.m.-4:45 p.m. For disabled young people 11 years and older and their families. The seminar will provide information on sexuality, relationships and communication between family members.

Conference (Continued)

Registration fee is \$15 per family. To register, contact Aileen Baesemann at (612) 291-2848, ext. 168.

FUTURE EVENTS

Oct. 21-22

The Minnesota Speech-Language Hearing Association (MSHA) will sponsor a seminar, "The Use of Microcomputers and the Communicatively Handicapped Individual" at the Holiday Inn - St. Paul North, 2450 N. Cleveland Av., St. Paul, Minn.

For more information and registration material, call the MSHA office at (612) 935-5057.

Nov. 5

The annual meeting of the Minnesota Epilepsy League, (MEL) Inc. will be held at the Holiday Inn Airport #2, Bloomington.

For more information, call MEL AT (612) 227-8373. Nov. 11

Nov. 11

"Seating and Mobility Systems" is a course presented by the Orthotic and Prosthetic Laboratory and Physical and Occupational Therapy Department at Gillette Children's Hospital. It is for physical and occupational therapists, orthotists, nurses, physicians and special education teachers concerned with young people with disabilities.

To register, or for further information, contact Brett Day, Continuing Education Department, Gillette Children's Hospital, 200 E. University Av., St. Paul, Minn. 55101. Tel. (612) 291-2848, ext. 121.



Developmental Disabilities Program
201 Capitol Square Building
550 Cedar Street
St. Paul, Minnesota 55101

Minnesota State Planning Agency
Roger Strand 612/296-4018
Editor



September 1983

PERPICH FILLS STATE DD COUNCIL VACANCIES

Ten people have been newly appointed and three were reappointed by Gov. Rudy Perpich to serve on the Governor's Planning Council on Developmental Disabilities. Members are consumers (people with developmental disabilities), parents and service providers.

New appointments are:

- Robert DeBoer, Minneapolis
- Mary Rae Freeberg, Little Falls
- Bonnie Hammel, St. Paul
- Helmi Lammi, Duluth
- Margaret Lindstrom, Hibbing
- Nancy Okinow, Mendota Heights
- Barbara Pihlgren, Roseville
- Felipe Ramirez, Apple Valley
- Sharon Shapiro, Minneapolis
- Larry Wefring, St. Paul

Reappointments are:

- Richard Nelson, Minneapolis, Chair
- Rick Amado, St. Paul
- Kathleen Sturre, Staples

Members continuing their appointments are:

- Douglas Butler, Rochester
- Roger Deneen, Sandstone
- Eric Errickson, Cambridge
- John Groos, St. Paul
- Virginia Hanel, Mankato
- Mary Hinze, St. Paul
- Jan Jenkins, St. Paul
- Robert Johnson, Windom
- Virginia Marolt, Gilbert
- Ruth Rafteseth, Crookston
- Elaine Saline, St. Paul
- Glen Samuelson, St. Paul
- Kurt Strom, St. Paul
- . Marvin Tritz, Dumont

CHILD PASSENGER RESTRAINT LAW TIGHTENED

Due to an amendment passed during the last legislative session, law enforcement officers may ticket Minnesotans traveling with children under age four if the children are not buckled into an approved child passenger restraint. The original law provided that parents or legal guardians install child restraint systems in their motor vehicles. However, the amendment requires that the system be used and provides penalties.

No penalty is imposed for failure to install the restraint if within 30 days of the offense violators can prove that approved devices have been purchased. However, further offenses within one year impose a \$25 fine for each offense. Violations of the law are petty misdemeanors, but cannot be counted as chargeable traffic violations. The law applies only to Minnesota residents.

Information about where child passenger restraints can be borrowed or rented is available through the Minnesota Safety Council, (612) 291-9150.

GOVERNOR'S OFFICE INSTALLS TDD

Persons using telecommunications devices for the deaf (TDDs) may now call the Governor's office or state legislators. Messages will be relayed to the appropriate person. Call between 9 a.m. and 4 p.m. Monday through Friday. Tel. (612) 296-0010 (TDD) or (612) 296-3391 (TDD).

SECOND POLICY ANALYSIS BINDER AVAILABLE

A second volume binder for the Policy Analysis Series: Issues Related to Welsch v. Levine Consent Decree will be mailed in October to those on the series mailing list. The series examines topics relating to services for people who are developmentally disabled.

TRANSPORTATION GRANT FUNDS AVAILABLE

Under provisions of the Urban Mass Transportation Act, capital assistance grant funds are available to private, non-profit corporations to buy equipment and facilities to transport handicapped and elderly persons. Grants are for the purchase of lift-equipped buses, replacement of vehicles, expansion of current services or initiation of new services. Applications must be submitted by Oct. 17, 1983. For applications and more information, contact: Nancy A. Moore, Special Projects Coordinator, Office of Transit, 815 Transportation Bldg., St. Paul, Minn. 55155. Tel. (612) 296-7590.

REACH NETWORK GROWS

REACH is a Family Support Network Project of the Mental Health Association of Minnesota. It has expanded rapidly across the state since it began receiving funding through a McKnight Foundation grant in January. Currently 18 groups provide support and information to families and friends of persons with mental illness. For more information, contact: Julie Dahl, (612) 835-9046 or toll-free, (800) 862-1799.

PROJECT SHARE SEEKS HUMAN SERVICE DOCUMENTS

Project SHARE is a clearinghouse established by the federal Department of Health and Human Services to provide information for improving the management of human services. Users of the service are asked to submit complimentary copies of any published or unpublished documents relevant to practical and theoretical approaches to the planning, delivery and integration of human services. Submit documents to: Acquisitions Division, Project SHARE, P.O. Box 2309, Rockville, Md. 20852.

TRAINING FOR VOLUNTEER COORDINATORS

"Volunteer Program Management" will be the topic of eight one-day regional workshops scheduled in September and October by the Minnesota Office of Volunteer Services (MOVS). Training will be provided in planning and implementing effective volunteer programs and citizen participation efforts. The dates and locations of the workshops are:

- Sept. 13, Fergus Falls
- Sept. 15, Willmar
- Sept. 20, Eveleth
- Sept. 27, Brainerd
- Sept. 29, Rochester
- Oct. 4, Crookston
- Oct. 11, Mankato
- Oct. 18, Bloomington

For a workshop brochure or more information, contact Rita G. Goldhammer, Volunteer for Minnesota, MOVS, 200 Administration Bldg., St. Paul, Minn. 55155. Tel. (612) 296-4732 or toll-free, (800) 652-9747.

FIRE SAFETY TRAINING AVAILABLE

Audio-visual training materials on fire safety for adults with mental retardation are now available. The Massachusetts Firefighting Academy has developed slide-tape programs, a trainer's guide and a review booklet. For more information, contact: Corinne Broderick, Manager of Education Projects, National Fire Protection Association, Batterymarch Park, Quincy, Mass. 02269.

FREE SUPPLEMENTARY SECURITY ACCOUNT BOOKS AVAILABLE

People who receive Supplementary Security Income (SSI) benefits on behalf of another person, called "representative payees," may obtain a free account book from any Social Security office. These books can be used to record the payee's handling of SSI benefits, useful when making periodic reports to the Social Security Administration.

PUBLICATIONS

Look and Cook, a publication listed in last month's DD Information Exchange under "Yearning for Learning," may be purchased for \$3.25 from the The Minnesota Curriculum Services Center, 3554 White Bear Av., White Bear Lake, Minn. 55110.

Capsule is a new newsletter published every other week by The Chemical People/Minnesota, a project to prevent chemical abuse among youth. A community outreach campaign is currently under way to recruit volunteers to organize and attend town meetings in conjunction with the airing of a special series, "The Chemical People/Minnesota" over public television stations Nov. 1, 2 and 3. For more information, write: The Chemical People/Minnesota, c/o Minnesota Institute, 2819 Verndale Av., Anoka, Minn. 55303. Tel. (612) 427-5310.

Legal Rights of Developmentally Disabled Persons: An Advocacy Manual for Minnesota and Supplement are available together for \$5 (plus \$1 postage). Copies of the 41-page Supplement may be purchased for \$2 (plus \$.65 postage). Contact: Legal Advocacy for Developmentally Disabled Persons in Minnesota, 222 Grain Exchange Bldg., 323 4th Av. S., Minneapolis, Minn. 55415. Tel. (612) 338-0968 or toll-free, (800) 292-4150.

Caring for Your Child with Spina Bifida, by N. Clopton, is a guide for parents, teachers and therapists. It includes drawings and diagrams explaining gait training, exercises and other activities to help children with spina bifida to grow up as ambulatory and independent as possible. The focus is on the whole child. Paperback is \$5.95; plastic binding \$6.50 (prepaid). Order from: Eterna Press, P.O. Box 1344, Oak Brook, Ill. 60521.

EVENTS

Sept. 24 (2 - 11 p.m.)

"Solidarity Day" will be a day for celebrating past accomplishments by people with any type of disability. It will be held at the Sheraton Ritz Hotel, 315 Nicollet Mall in Minneapolis. To volunteer your help, or for more information, call United Handicapped Federation at (612) 645-8922.

Sept. 29 (12:30 - 5 p.m.)

The "Sixth Annual Twin Cities Public Meeting" will be sponsored by the Minnesota Council on Foundations (MCF) at O'Shaughnessy Auditorium, College of St. Catherine, St. Paul. This will provide the opportunity for the public to meet Minnesota's grant makers and discuss issues of mutual concern. The fee is \$5. Contact: MCF, 1216 Foshay Tower, Minneapolis, Minn. 55402.

Sept. 30 - Oct. 2

The 11th Annual Down's Syndrome Congress Convention will be held at the Marriott Inn, Charles at Orms Sts., Providence, Rhode Island. Contact: Down's Syndrome Congress, 1640 W. Roosevelt Rd., Chicago, Ill. 60608. Tel. (312) 226-0416.

FUTURE EVENTS

Nov. 9-11

The Minnesota Developmental Achievement Centers Association (MnDACA) Annual Conference will be held at the Radisson Arrowwood Resort in Alexandria. Featured speakers include Minnesota Supreme Court Justice John Simonett and Dr. Lou Brown, University of Wisconsin-Madison. For more information, contact: MnDACA, Griggs-Midway Bldg., (S-277), 1821 University Av., St. Paul, Minn. 55104 Tel. (612) 647-9200.

YEARNING FOR LEARNING

The state Developmental Disabilities Program Office has acquired several education, training and resource materials. They may be borrowed from each of the regional Developmental Disabilities offices and from the state program office in St. Paul. Each month, this section of DD Information Exchange highlights selections from these resources.

101 (plus) Ways to Squeeze More Out of Your Local Government Dollar: Productivity and Cost-Reduction Plan, Prince George's County, Maryland. This is a catalogue of more than 150 cost reduction and productivity projects implemented at the county level in Maryland. The plan's success helped to maintain and improve essential services, and, at the same time lowered property tax rates by 20.5 percent; provided \$20.8 billion in property tax relief; reduced spending growth to an average of four percent annually; provided employee pay raises averaging 5.6 percent per year; and reduced bonded debt by \$52.2 million. Available from the state Developmental Disabilities program office only. Tel. (612) 296-4018.

The Rights of Handicapped Students, C. H. Citron, Education Commission of the States, 1982. This book analyzes federal and state constitutions and laws pertaining to educational rights of handicapped students. The purpose is to serve as a resource to state officials and others who seek relatively comprehensive and detailed information. It should also facilitate interstate exchange of information concerning different states' approaches to rights of students who are handicapped. Available from the state Developmental Disabilities program office only. Tel. (612) 296-4018.

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INFORMATION EXCHANGE



Published monthly by the Developmental Disabilities Program of the Metropolitan Health Planning Board

Metropolitan Council
300 Metro Square Building
St. Paul, Minnesota 55101
Toni Lippert: 291-6364

Vol. 8. No. 11
November 1983

METRO DD PROGRAM NEWS

Kayser Joins DD Staff

The Developmental Disabilities (DD) program staff has a new research analyst/planner. Terrence Kayser replaces Tom Chapel who moved to a position on the Health Planning Board staff in October.

Since 1977, Terry has been with the Special Education Program and Minnesota Research and Development Center for Vocational Education at the University of Minnesota. He is nearing completion of his Ph.D. in vocational education. Before coming to Minnesota, Terry was a special education teacher and school vocational evaluator in Phoenix, Arizona.

His interests, experiences and publications cover the following DD areas: program evaluation, organization and development, vocational skills training, industrial and rehabilitation engineering, computer-assisted instruction and computer data-based management.

Terry is married to Joanne DeBerry, an ex-officio member of the Developmental Disabilities Task Force. Joanna is a former assistant professor of special education at Mankato State University. She has a son who is developmentally disabled.

The Metro DD Program has been fortunate in attracting research analysts with skills appropriate for the work they do. Tom Chapel and his predecessor, Joe Banda, provided technical assistance and analytic skills to the DD constituency in the Metropolitan Area.

DD Program News (Continued)

In the next few years, as the Metro DD Program emphasizes planning for better community integration and undertakes the demonstration of a community work training project, Terry Kayser's knowledge and experience indicate he is the right person for this position. We welcome him to our staff.

Videotape on Residential Programs Available

The Metropolitan Council's Developmental Disabilities Program has agreed to act as the Metropolitan Region distributor of a 20-minute videotape displaying Minnesota alternatives in residential living for persons who are retarded. The Association of Residences for the Retarded in Minnesota, using funds from the McKnight Foundation (ARRM/McKnight), produced the videotape titled "Alternatives." It shows existing residential programs that demonstrate innovations developed by counties and care providers.

"Alternatives" was developed as part of the ARRM/McKnight projects dedicated to system change and will serve to stimulate further discussion of residential options allowed by a Title XIX waiver. (Waivered services are less restrictive alternatives to services such as those in state hospitals and community residential facilities.)

The videotape is accompanied by a packet of information about the Title XIX waiver

Videotape (Continued)

and a list of possible discussion questions. Three-fourths-inch U-Matic, 1/2" VHS or BETA II copies may be borrowed, without charge, from the Metropolitan Council's Developmental Disabilities Program, 300 Metro Square Bldg., 7th and Robert Sts., St. Paul, Minn. 55101. Tel. (612) 291-6363. Organizations and agencies are invited to write or call to arrange for use of the videotape.

VOLUNTEERS, EDITOR NEEDED

The Association for Retarded Citizens of Hennepin County needs a volunteer with clerical and typing skills to work approximately four hours a week. To volunteer, call Cheryl at (612) 874-6650.

Two volunteers are needed for a few hours weekly to assist with general office work in the national office of the Prader-Willi Syndrome Association in Edina.

The Prader-Willi Association is also seeking to fill the position of newsletter editor for their bi-monthly issue at an annual salary of \$3,000.

For more information, contact Marge A. Wett, executive director, Prader Willi-Syndrome Association, 5515 Malibu Drive, Edina, Minn. 55436. Tel. (612) 933-0113.

FOR YOUR INFORMATION

Foster Grandparents Needed

Men and women age 60 and over who enjoy children are asked to consider becoming a foster grandparent to a special-needs child who lives outside the natural home.

Foster grandparents will take children for walks, play with them, teach them how to dress themselves, but primarily will act as a special friend.

Foster Grandparents (Continued)

Benefits include a weekly stipend of \$40 for 20 hours involvement, accident insurance, sick pay, tax-free income, transportation allowance, an annual physical, a daily hot meal and social contact with others.

The program serves a dual purpose. It allows children with special needs to develop a close relationship with an adult and it gives retired persons another purposeful activity and an extra living allowance.

The Foster Grandparent Program receives state and federal funding. For more information, call Jim Lieder at (612) 827-25641.

Christmas Cards for Sale

Christmas Cards designed by mentally retarded children and adults are available from the Association for Retarded Citizens/Dakota County (ARC). The cards are available from the ARC office at 33 E. Wentworth Av. Suite 105 in West St. Paul during office hours -- 8:30 a.m. - 4:30 p.m. weekdays. Volunteers in communities throughout Dakota County will also have cards for sale.

To find the location nearest you, call the ARC office at (612) 457-2588.

"Christmas Carol" Program Scheduled

A block of 200 tickets has been purchased by the Association for Retarded Citizens of Hennepin County for a performance of "A Christmas Carol" at the Guthrie Theatre at 8 p.m. on Thursday, Dec. 8. There will be a social hour from 7 to 7:45 p.m. at the North American Life and Casualty Bldg. adjacent to the Guthrie Theatre. Jim Klobuchar, Minneapolis Star and Tribune columnist, will be the guest speaker. Tickets are \$15, with \$3 going to the "Christmas for People Who are Mentally Retarded" fundraising campaign.

Christmas Program (Continued)

Make checks payable to: Christmas for People. Mail to: A Christmas Carol, ARC of Hennepin County, 2344 Nicollet Av., #370, Minneapolis, Minn. 55404, or call (612) 874-6650 for more information.

NEW SERVICES

Rehabilitation Engineering Clinic

Courage Center's new pediatric rehabilitation engineering clinic in Golden Valley is open for referral of cases where problems from physical disability require the use of technical aids. The clinic provides a forum where the technological assistance of rehabilitation engineering can be focused on the mobility, independence, functional and cognitive growth of children.

Emphasis will be on:

- Functional therapeutic aids;
- Mobility aids;
- Educational aids, including adaptations to computers;
- Recreational equipment and other adaptations.

Referrals to the clinic can be made by contacting the rehabilitation engineer or the intake coordinator at Courage Center. Tel. (612) 588-0811.

PUBLICATIONS

Prader-Willi and You is a book directed at the person with Prader-Willi Syndrome (PWS) and includes complete instructions for a restricted, well-balanced diet. The book could also be used by others with special dietary needs that use a food group dietary exchange system.

The cost is \$5.50, which includes postage and handling. Order from PWSA, 5515 Malibu Dr. Edina, Minn. 55436.

ANNUAL CONFERENCES

The Mental Health Advocates Coalition of Minnesota will hold their sixth annual meeting at 7 p.m. on Nov. 10 at Guild Hall, 286 Marshall Av. in St. Paul.

The meeting will include a program, "How Many Roads to Recovery?", featuring a panel of speakers on community treatment programs, surviving a suicide, views of former patients, biochemical aspects of mental illness, effects on siblings and spiritual perspectives on recovery.

The meeting is free and open to the public. For more information, call (612) 222-2741.

WORKSHOPS

Nov. 7

The Association for Retarded Citizens (ARC) of St. Paul is sponsoring a program, "Wills, Trusts and Guardianship," designed to help parents ensure security for a family member who is mentally retarded. The workshop will show how personal guardianship affects the ability to make decisions for a retarded person. It will be held from 7:30-9:30 p.m. at the ARC office in the YWCA Bldg., 65 E. Kellogg Blvd. in St. Paul. Speakers are John LeMay, an attorney in private practice and Steve Scott, an attorney with Legal Advocacy for the Developmentally Disabled.

Admission is free. To register, call Mary Hinze at the ARC Office, (612) 224-3301.

Nov. 10, 17, Dec. 8

The Association for Retarded Citizens (ARC) of Hennepin County is sponsoring a three-session workshop and discussion group to help mothers of handicapped children understand how inappropriate behavior begins and how to deal with it effectively before it gets out of control. Discussions will focus on implementing techniques to reduce inappropriate behavior and increase appropriate behavior.

Conference (Continued)

The leader of the workshop and discussion group is Dr. Arlyne Gutmann, a licensed consulting psychologist, who has worked in the field of mental retardation for 13 years.

The workshops will be held at the ARC office at 2344 Nicollet Av. S., Minneapolis, from 9:30-11 a.m. The fee is \$9 for the three sessions (\$5 for ARC members) or ability to pay. To register, call Terri at (612) 874-6650 by Nov. 8.

Nov. 19

Parents Advocacy Coalition for Educational Rights (PACER) will sponsor a special communication skills workshop at the Mayflower Church, 106 E. Diamond Lake Rd., (intersection of Diamond Lake Rd. and Interstate Hwy. 35W) from 9 a.m. to 2 p.m.

The workshop is designed for parents who have learned about laws pertaining to educational programs, but find it difficult to speak up at school meetings. At the workshop, parents will be taught about assertive behavior with opportunity to practice it.

For more information, call PACER at (612) 827-2966.

Nov. 19.

Cerebral Palsy Center will sponsor an Information Fair on Adaptive Learning Devices (ALDs) to be held from noon to 5 p.m. at the College of St. Catherine, 2004 Randolph Av., St. Paul.

The fair will feature equipment and toys that have been specially adapted for use by children and young adults who are handicapped. The equipment and toys help develop motor control and communication development and facilitate independent manipulation.

Admission is \$2. For further information, contact Jackie Levin at (612) 535-2015 or Cheryl Waite at (612) 331-5958

Nov. 21, Nov. 22

Community Involvement, providers of residential and day care programs, Nekton group homes and the Association for Retarded Citizens of Hennepin County will cosponsor a two-night workshop, 7:30 to 9:30 p.m. at the Plymouth Congregational Church auditorium, 1900 Nicollet Av. S., Minneapolis. The workshop is intended for parents and caretakers of persons 17 years and older who are retarded. The retarded persons may currently be living at home or in a group home while considering semi-independent living.

"Information from the Providers" is scheduled the first night and "Parents Perspectives" on the second. There is no charge for the workshops.

For more information, or to register, contact Terri at (612) 874-6650.

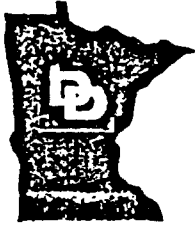
FUTURE EVENTS

Planned Parenthood will be sponsoring the following workshop for professionals in health, education and social service settings who work with mentally handicapped people.

"Sexuality and Mentally Handicapped People" will be presented on Dec. 5-6, 1983, March 8-9, 1984 and May 17-18, 1984. The fee for each workshop is \$50.

"Mental Retardation and Abuse in the Family" will be presented on Jan. 31, 1984. The fee will be \$30.

All workshops will be held at the office of Planned Parenthood of Minnesota, 1965 Ford Pkwy., St. Paul, Minn. For additional information, or to register, call (612) 698-2401.



INFORMATION EXCHANGE

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Developmental Disabilities Program
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Minnesota State Planning Agency

Roger Strand 612/296-4018
Editor



November 1983

FEDERAL ZONING REPORT CRITICIZED

The United States General Accounting Office (GAO) has published a report, "An Analysis of Zoning and Other Problems Affecting the Establishment of Group Homes for the Mentally Disabled." The report concludes that "zoning and related land-use requirements caused problems but were generally not the major obstacles to group home placement of mentally disabled persons in Metropolitan residential areas. Inadequate funding, unsuitable locations and facilities, and certain other factors caused problems more frequently and hindered the development of group homes more often than zoning problems."

Major criticisms of the GAO report were recently summarized in Word from Washington (October 1983), a newsletter published in Washington, D.C. by United Cerebral Palsy Associations, Inc. The newsletter primarily questioned GAO's methodology because GAO "could not find a reasonable way to survey facilities that closed and never opened again or sponsors who tried to open, failed, and never tried again."

This observation was also made by the Department of Housing and Urban Development (HUD) that declared: "The general conclusions drawn by the GAO report are not consistent with HUD experience in funding group homes under Section 202. While we (HUD) have not surveyed field offices or sponsor organizations with regard to zoning problems, we see many requests for extensions of fund reservations for projects that have encountered zoning and land use problems."

The report, GAO/HRD-83-14, Aug. 17, 1983 (see title above), is available without charge from the GAO Document Handling and Information Services Facility, P.O. Box 6015, Gaithersburg, Md. 20760.

"NO LINK" BETWEEN VIOLENCE AND EPILEPSY

"People with epilepsy do not commit more violent acts than other people and do not have more psychological problems than others who are chronically ill," said Dr. Steven Whitman, research associate at Northwestern University's Center for Urban Affairs and Policy Research. However, poverty and epilepsy were highly correlated in the two-year research program's findings at the Correctional Center in Joliet, Illinois.

The prison survey revealed that the prevalence of epilepsy in prisons was four times greater than that established for the general population. About half of the prisoners with epilepsy had suffered head injuries prior to their first epileptic seizure. "These prisoners had been victims of violence or an auto accident, two types of traumas that occur at high levels in poor neighborhoods," Whitman said. "This finding added another link in the chain of evidence to the assumption that poor people are more likely to have epilepsy. Social problems faced by people with epilepsy are mainly caused by a misinformed public that views them as disturbed people often prone to violence," Whitman concluded.

For more information, contact Dr. Steven Whitman, Center for Urban Affairs and Policy Research, Northwestern University, 2040 Sheridan Rd., Evanston, Ill. 60201.

ECONOMICS OF DISABILITY SUBJECT OF STUDY

The economics of disability will be the subject of a new five-year research and demonstration study to be done by the Virginia Department of Rehabilitation Services. This project is funded by the National Institute of Handicapped Research, Washington, D.C. The study will be done in concert with Rutgers University, the State University of New Jersey and Stanley E. Portney and Associates, Inc., Alexandria, Va.

Expected results:

- Improved methodologies for estimating the costs of disability;
- Updated national estimate on the costs of disability;
- Conceptual models to represent the relationships among rehabilitation programs, clients and environmental variables; and
- Current trends in the federal and state organizational structure of disability programs.

A basic part of the study is to analyze the economic impact of the vocational rehabilitation program.

For more information, contact Dale Hanks, Project Coordinator, State Department of Rehabilitative Services, 4901 Fitzhugh Av., Richmond, Va. 23230. Tel. (804) 257-0264.

WORLD TRAVEL PROMOTED FOR DISABLED

Mobility International USA (MIUSA), located in Eugene, Oregon, is an organization that facilitates worldwide travel for people with disabilities. Besides publishing a quarterly newsletter, the agency provides information and referral, advocacy assistance and serves as a clearinghouse on international conferences, workcamps and pen friend exchanges. Future plans are under way to provide a travel attendant network and student internships. The momentum behind this organization's activities is the firm conviction that disabled people can participate in the world community.

For further information, contact MIUSA, P.O. Box 3551, Eugene, Oreg. 97403. Tel. (503) 343-1284.

EMPLOYMENT OPPORTUNITIES

Vocational Education Director

Brainerd State Hospital is seeking a full-time director for its community vocational education program. The director develops and directs a program that integrates applied behavior analysis and functional skills training approaches to develop skills facilitating employment and assimilation of developmentally disabled adults into the community.

Responsibilities include:

- Procuring resources for establishing non-sheltered, off-campus work and placement of clients in the Brainerd area;
- Obtaining production contracts and equipment for on-campus vocational training; and
- Supervising staff in an interdisciplinary setting.

For more information, contact Michael Engler, Director of Personnel Services, Brainerd State Hospital, Brainerd, Minn. 56401. Tel. (218) 828-2218.

Executive Director

The Minnesota Developmental Achievement Centers Association (MnDACA) is seeking an executive director. Minimum qualifications include an M.A. plus three years' experience, or a B.A. plus five years' experience. Send resume and salary requirements before Nov. 11 to: MnDACA, P.O. Box 21273, Eagan, Minn. 55121.

PUBLICATIONS

Information Resources for Child Advocates: Where Do You Look? Whom Do You Ask? How Do You Know? (1980). This is a resource book for parents and professionals who advocate on behalf of children with many special needs or problems. It serves not only as a directory of national organizations and programs, but also informs readers about human rights and resources for children and their families. Cost: \$5.50. Contact: Children's Defense Fund, 122 NW. C St., Washington, D.C. 20001. Tel. (202) 628-8787.

Publications (Continued)

Epilepsy Education: A Resource Manual with Teaching Units and a Guide to Program Planning, Minnesota Comprehensive Epilepsy Program, 1983 (second revised edition). Intended for those who teach others about epilepsy, this manual contains 18 units with presenter notes and outlines on a variety of topics, including anatomy and physiology, classification of seizures and communicating with health care specialists. Lists of learning resources, visual aids, worksheets and other materials are also included. Cost: \$25.

Contact: Minnesota Comprehensive Epilepsy Program, 2701 University Av. SE., Suite 106, University of Minnesota, Minneapolis, Minn. 55414. Tel: (612) 376-5031.

STAFF TRAINING INFORMATION AVAILABLE

The American Association on Mental Deficiency (AAMD) has developed a data base that identifies over 1,300 programs for training professionals, para-professionals and parents. The Developmental Disabilities Staff Training Information Collection is categorized by training subject, setting, staff role, materials, format, client age and severity of disability. The collection may be accessed for a nominal fee by contacting: AAMD, 5105 Wisconsin Av. NW., Washington, D.C. 20016. Tel. (800) 424-4688 (toll free).

TRAINING OPPORTUNITY FOR SUPERVISORS

Continuing Management Education at the University of Minnesota has scheduled a three-day intensive training workshop for Nov. 17-19, 1983, entitled, "The Effective Supervisor: Behavioral Skills in the Workplace." This workshop will be held at the Sheraton Inn Northwest in Minneapolis. For further information, contact Terry J. Henry at (612) 376-8578.

EVENTS

Nov. 2-4

"Orienteering for Persons with Disabilities: Workshop for Instructors," will feature Dr. Bruce Blasch, Waisman Center, University of Wisconsin-Madison. Orienteering involves the use of map and compass when traveling from one specified location to another. This workshop will be cosponsored by the Minnesota Governor's Planning Council on Developmental Disabilities and the Hennepin County Park Reserve District. This workshop will be held at various park sites in Hennepin County. For more information, contact Margie Ostlund at (612) 473-4693.

Nov. 9-11

The Minnesota Developmental Achievement Centers Association (MnDACA) Annual Conference will be held at the Radisson Arrowwood Resort in Alexandria.

For more information, contact MnDACA, Griggs-Midway Bldg., (S-277), 1821 University Av., St. Paul, Minn. 55104. Tel. (612) 647-9200.

Nov. 12

The Minnesota North Star Chapter of the National Multiple Sclerosis Society will hold its 1983 annual meeting at the Registry Hotel in Bloomington.

For further information, contact National Multiple Sclerosis Society, 2344 Nicollet Av., Suite 280, Minneapolis, Minn. 55404. Tel. (612) 870-1500.

Dec. 14-16

"Action for Prevention" will be the theme of the 1983 Virginia Mental Retardation/Developmental Disabilities Prevention Conference to be held at the Williamsburg Hilton in Williamsburg, Va. Primary objectives will be to form a statewide coalition and to implement a prevention plan.

For further information, contact: MR/DD Prevention Conference, Child Development Resources, P.O. Box 299, Lightfoot, Va. 23090.

YEARNING FOR LEARNING

The state Developmental Disabilities (DD) Program Office has acquired several education, training and resource materials. They may be borrowed from each of the regional DD offices and from the state program office in St. Paul. Each month we highlight selections from these resources.

Liability Issues in Community-Based Programs: Legal Principles, Problem Areas and Recommendations, A. VanBiervliet and J. Sheldon-Wildgen, Paul H. Brooks Publishing, 1981. This book provides a practical approach to the legal principles surrounding negligence and other liability issues as they apply to community-based agencies. Recommendations are made on how to minimize injuries, avoid destructive lawsuits and conduct positive programs that enable clients to cope with personal and environmental demands. Available from the state office only.

Sexuality, Law, and the Developmentally Disabled Person: Legal and Clinical Aspects of Marriage, Parenthood and Sterilization, S.F. Haavik and K.A. Menninger II, Paul H. Brooks Publishing, 1981. This book provides broad and objective information about sexual expression in developmentally disabled adolescents and adults. Pertinent issues and viable options are presented in developing sexuality training programs and establishing individualized procedures for dealing with sexuality, marriage, procreation and sterilization. Available from the state office only.

Metropolitan Council DD Program
300 Metro Square Bldg.
7th and Robert Sts.
St. Paul, MN 55101

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INFORMATION EXCHANGE



Published monthly by the Developmental Disabilities Program of the Metropolitan Health Planning Board

Metropolitan Council
300 Metro Square Building
St. Paul, Minnesota 55101
Toni Lippert: 291-6364

Vol. 8. No. 10
October 1983

METRO DD PROGRAM NEWS

Introducing: DD Task Force Members

This month launches the 12th year of the Metropolitan Council's Developmental Disabilities (DD) Program. The Developmental Disabilities Task Force (DDTF) advises the Metropolitan Health Planning Board and Metropolitan Council on matters pertaining to Metropolitan Area residents who are developmentally disabled. We'd like to introduce you to our hard-working DD task force members. They are grouped by Council District and represent one of the following groups -- general public (GP), provider (P) and consumer (C). See Council districts below:

- Kathryn Beebe, Chair, GP, Metropolitan Council District 14.
- Kay Zwernik, Vice-Chair, P, Dist. 13.
- Carolyn Anderson, P, Dist. 4.
- Jay Bischoff, P, Dist. 5.
- Harold Booker, C, Dist. 6.
- Mary Busch, GP, Dist. 4.
- Beth Dhennin, C, Dist. 8.
- Michelle Ellis, P, Dist. 15.
- Diane Fleetham, C, Dist. 2.
- Dennis Johnson, P, Dist. 7.
- Nancy Ledin, C, Dist. 10.
- Dennis Matthews, P, Dist. 12.
- Al Oertwig, P, Dist. 2.
- Nancy Pflager, P, Dist. 11.
- Mary Powell, C, Dist. 7.
- Sharon Sayles, C, Dist. 4.
- Eileen Schmokel, C, Dist. 14.
- Joan Schoepke, C, Dist. 12.
- Katherine Schultz, P, Dist. 3.
- Carol J. Sime, P, Dist. 2.
- Virginia Spurr, C, Dist. 15.
- Sally Swallen, C, Dist. 5.
- Judy Sweeney, C, Dist. 5.
- Robert Teeling, P, Dist. 15.
- Maynard Woodbury, C, Dist. 9.

Ex-Officio members are Joanne Deberry, P, Dist. 12; Douglas Easter P, Metro Receiving Area; Jan Langer, P, Metro Receiving Area; Marijo McBride, P, Dist. 15.

Task Force Members (Continued)

Council districts represented are:
Dist. 2 -- southern half of St. Paul.
Dist. 3 -- southern Ramsey suburbs.
Dist. 4 -- south central third of Minneapolis. Dist. 5 -- southern and western third of Minneapolis. Dist. 6 -- north and northeast Minneapolis. Dist. 7 -- northern Washington and Ramsey Counties, plus Lino Lakes and Centerville in Anoka County. Dist. 8 -- southern Anoka County. Dist. 9 -- northern Anoka County, including the city of Anoka, plus Plymouth, Maple Grove, Champlin, Dayton and Medicine Lake in Hennepin County. Dist. 10 -- northern Hennepin County. Dist. 11 -- western Minneapolis suburbs of St. Louis Park, Golden Valley, Robbinsdale and Edina. Dist. 12 -- southern Minneapolis suburbs Richfield and Bloomington. Dist. 13 -- western Hennepin County, including Lake Minnetonka area, Eden Prairie and Hopkins. Dist. 14 -- Scott and Carver Counties, plus Burnsville and Lakeville in Dakota County. Dist. 15 -- northern Dakota County plus Highland Park section of St. Paul.

Next Year's Work Program

Here are highlights of DD activities for the next fiscal year, which begins this month.

For the first time, the Council's DD program will be involved in both planning and demonstration activities. Anticipated planning products will include capacity-building workshops and information forums; publications: new DD brochure, the DD Information Exchange and an updated DD Metropolitan Area map-service directory; an expanded DD library; continuation of information and referral service, and technical assistance and coordination of DD activities in the Metropolitan Area.

Work Program (Continued)

A new effort for the Council's DD Program will be to demonstrate community work-training of DD adults. This will involve the following: provision of on-site job training in community businesses; assistance to counties to organize case management and funding to ensure jobs or work-oriented outcomes for project trainees and assistance to selected day program centers to implement new employment strategies for their clients.

A necessary accompaniment of these activities is to assist county social service, vocational rehabilitation and education agencies to strengthen their mutual working relationships. An evaluation of program outcomes, costs and social validity will be produced at the end of the fiscal year.

Minnesota has been visited recently by some of the foremost leaders in the field of vocational rehabilitation of severely handicapped persons. We have heard the ideas of Patricia Beebe, Dr. Lou Brown, Dr. Tom Bellamy, Dr. Luanna Voeltz, Dr. Paul Wehman and others. Their ideas and experiences have created unusual interest and momentum for change in our state. The DD Community Work Training Project is intended to be a local demonstration of these ideas.

We Need Information

The primary purpose of publishing this newsletter is to provide timely information to consumers, parents and guardians, professionals and other caregivers about new programs, services, workshops, conferences and publications. Before we started the newsletter, we had published three resource directories. However, the information was often out of date by publication time.

We currently send 1950 newsletters each month, not only to persons in the Metropolitan Area, but also to persons throughout Minnesota. The yellow section of the newsletter focuses on DD resources in the Metropolitan Area. The blue section, or state supplement prepared by

Information Needed (Continued)

the state developmental disabilities office, addresses more general topics.

Many readers have written to say they use this newsletter to get the latest information on resources they need. In the next year we foresee the potential for new services and changes in modes of service to be fast-breaking and dramatic. There is a ferment in the system caused by new federal incentives, such as the Title XIX waived services, new concepts introduced from many other states and innovative plans stimulated by Minnesotans.

We think that in the next few years, new resources in the Metropolitan Area will grow at a tremendous pace. In order to report developments as quickly as possible to our readers, we need your help. Send us a brief description of your programs, services, job openings, workshops etc. for publication in this newsletter. Preferably, items should be no more than 250 words and should be in our office by the 18th of the month for publication the following month.

Send items to the DD Information Exchange, DD Program, Metropolitan Council, 300 Metro Square Building, St. Paul, Minn. 55101.

Additions to Libraries

The Council's DD program has added a new book to its curriculum library. It may be borrowed by Metropolitan Area residents for three weeks.

Preventing Sexual Abuse of Persons with Disabilities is a curriculum for hearing-impaired, physically disabled, blind or mentally retarded students. The curriculum was developed for professionals: special education teachers, staff of group homes and residential facilities, rehabilitation counselors and social workers. The book was written by Bonnie O'Day, coordinator, Sexual Abuse Education for Disabled Adolescents

Library Additions (Continued)

Project. She was assisted by Peggy Specktor, Sharon Sayles, Connie Bauman and Peg Exley of the Minnesota Program for Victims of Sexual Assault, a project of the Department of Corrections, St. Paul.

Also, five issues of the Journals of the Association of the Severely Handicapped, summer of 1981 through summer of 1982, have been added to the Resource Library. The journals may be used only in the library.

We have had some complaints about unusually late delivery of the DD Information Exchange in the Metropolitan Area. If you consistently receive your copy after the 12th of the month, call Marjorie Segell, DD secretary, at 291-6363.

ANNUAL CONFERENCES

American Association on Mental Deficiency Conference

--On Oct. 25-27 the American Association on Mental Deficiency (AAMD) will hold its 10th annual state conference at the Plymouth-Radisson Inn, 2707 Annapolis Lane, Plymouth. Some conference activities are listed below.

Roger Larson and Lou Spегgen will present a "MANDT" workshop demonstrating techniques on how to manage difficult residents with a minimum of external control, while reducing injury. It will be held from 8 a.m. - 5:30 p.m. on Oct. 25.

Drs. Eric Erickson, Lyle Wray and Bill M. Wooten will present a workshop on behavioral techniques with staff and health care systems. They will apply behavioral principles to staff supervision, systems interaction and program evaluation. This program will be held from 8 a.m. - 4 p.m. on Oct. 25.

AAMD Conference (Continued)

On Oct. 26-27 the "Quality Of Life" conference will present sessions on: art and nonviolence, music and art therapy, fine arts program, special olympics, consumer decision making, quality of life for families and the "Baby Doe" case.

Register by Oct. 7 to receive a free ticket to "Pump Boys and Dinettes" at the Radisson Playhouse on Oct. 26.

For information on fees and complete program information, contact: Mary Tjosvold, Camilla Rose Group Home, 11800 Xeon Blvd. Coon Rapids, Minn., at (612) 755-8400, or Bev Helgeson, 901 Memorial Pkwy., Willmar, Minn. at (612) 235-5897.

Coalition for Handicapped Sponsors Will Hold Annual Conference

The Minnesota Committee for the Handicapped (MCH) will hold its annual fall conference Nov. 5 at the Earle Brown Continuing Education Center on the St. Paul campus of the University of Minnesota (barrier-free facility).

The focus of the conference will be on quality, integration and continuity of services for children and adults with disabilities.

State Reps. Ann Wynia and Ken Nelson will join Barb Beerhalter, State Dept. of Economic Security commissioner, Margaret Sandberg, assistant commissioner of the Dept. of Public Welfare, and Wayne Erickson, Dept. of Education, in a panel discussion titled "The Shape of the Future -- Putting it Together."

Luncheon speaker Len Levine, Commissioner of the State Dept. of Public Welfare, will address the topic: "A Fresh Look at Some Old Problems."

MCH is a coalition of parent and professional organizations that advocates on behalf of programs and services to meet the needs of Minnesotans with disabilities.

Registration with lunch is \$10; conference registration only is \$5. For more information, contact: John Sherman at (612) 646-7588.

Minnesota Assoc. for Severely Handicapped Conference

On Oct. 21 and 22, the Minnesota Association for the Severely Handicapped (MNASH) will hold its third annual fall conference. It will be held at the Ramada Inn, Interstate Hwy. 494 and France Av., Bloomington. The conference is titled "Severely Handicapped Persons in the Community: Educational, Residential and Vocational Integration." The conference will identify key problems that impede integration, will explain new theories and will present practical models that can resolve some problems.

Speakers include: Dr. Luanna Voeltz, Consortium Institute, University of Minnesota, speaking on education; Dr. Paul Wehman, School of Education, Virginia Commonwealth University, speaking on employment; and Minnesota professionals and parents concerned about community integration. The conference has been planned for parents and providers including teachers, social workers, health care professionals and staff of residential, vocational and day programs. A call for nominations for election of new board members will be included in the business meeting.

For more information, call Toni Lippert, Developmental Disabilities Program, Metropolitan Council, at (612) 291-6364.

For information on registration, contact: Dr. Nancy Fenrick, Dept. of Special Education, Box 52, Mankato State University, Mankato, Minn. 56001. Tel. (507) 389-1122.

League of Disabled Voters Convention

The third annual convention of the League of Disabled Voters is scheduled for Oct. 29 at the Holiday Inn in St. Cloud. The league is a nonpartisan educational organization created to increase the participation of persons with disabilities in the political process. At the convention, members will determine the League's plan of action for the next year and will elect board members and officers.

Conference (Continued)

Local chapters of the league are being formed in five communities around the state. Membership is open to citizens who are at least 18 years of age.

For more information, contact: Minnesota League of Disabled Voters, 233 South, Griggs Midway Bldg., 1821 University Av., St. Paul, Minn. 55104.

FOR YOUR INFORMATION

University Seeks Applicants for Program on Communications Disorders

The Division of Education of the Johns Hopkins University invites people to apply for a doctoral program in human communication and its disorders with a concentration in the severely or profoundly multihandicapped person. This interdisciplinary program is directed towards special educators and other human service professionals who serve individuals with severe or profound handicaps, multiple handicaps, and sensory impairment. Funds may be available for qualified students. Applications must be received by Nov. 15 for fall 1984 admission.

For further information, contact: Marion Panyan or Janet Whaley Zimmerman, Division of Education, Johns Hopkins University, 100 Whitehead Hall, Baltimore, Md. 21218. Tel. (301) 338-8273.

Parents of Premature and High-Risk Infants Form Organization

A new advocacy organization, "Parents of Premature and High Risk-Infants International," has been formed. The organization will provide information, referrals and other services to parent support groups, families and professionals concerned with infants who require special care at birth. A quarterly newsletter, Support Lines, will be published by the group.

For more information, write: Maureen Lynch, Case Institute for Research and Development in Occupational Education, Graduate School and University Center, City University of New York, N.Y. 10036.

Advisory Committee Members Needed

Lake Owasso Residence is seeking persons to fill two professional and three member-at-large vacancies on its advisory committee.

The committee, which meets monthly, guides residence operations and recommends policies. Lake Owasso Residence is a Ramsey County-operated facility serving 64 young mentally retarded people.

People interested in applying for membership on the advisory committee should contact David Fox, Ramsey County Human Services, at (612) 298-5368.

Toys Adapted for Handicapped Children

A Honeywell research scientist has modified electric toys for children with cerebral palsy. Many of these children cannot push a button or move a "joy stick."

Lee Hallgren, from Corporate Technology Center's suburban Minneapolis location, shows parents and special education teachers how to make electrical splices, joints and switch modifications needed to make toys or adapt commercial toys.

Hallgren said that it doesn't take much in the way of electrical knowledge, time or money, and that a few basic tools are all that are needed to give disabled children a new enjoyment that will also improve their muscles.

For more information about these adaptations, contact Lee Hallgren at Honeywell Plaza, Mail Station, MN09-1300, Minneapolis, Minn.

Used Equipment Referral Service

A telephone referral service has been established for used equipment such as wheelchairs, bathroom equipment, lifts, vehicles, walkers, etc. The program is administered by United Cerebral Palsy of Minnesota and the Metropolitan Center for Independent Living. It is funded in part by the McKnight Foundation in partnership with the state developmental disabilities program.

Used Equipment (Continued)

To buy, sell or donate equipment, contact the Metro Center for Independent Living at (612) 646-8342. For general project information, contact United Cerebral Palsy of Minnesota at (612) 646-7588.

Loan Interest Charges Eliminated

The Minnesota Public Utilities Commission ordered Northwestern Bell Telephone Co. to strengthen its program for providing telephone service for hearing-impaired people. The order requires Northwestern Bell to modify its Special Terminal Equipment Funding Program by increasing the maximum loan for telecommunication devices for the deaf (TDD) to \$1,600 and to eliminate interest charges on all existing and future loans.

The modification is the result of testimony during the company's last general rate case on problems faced by hearing-impaired people on obtaining affordable telephone service.

New Service for People Who Are Deaf and Blind

In Touch, Inc. is a new agency that will serve deaf-blind Minnesotans. It plans to provide services to increase opportunities for self-sufficiency and independence for blind-deaf individuals.

Development of communication skills is a priority for In Touch. The agency will also offer rehabilitation services in braille instruction, activities of daily living, cooking, typing, home care and leisure time activities.

For further information, contact: Sharon Plett, deaf-blind coordinator, In Touch, Inc. 310 4th Av. S., Suite 718, Minneapolis, Minn. 55415. Tel. (612) 332-2575 (TDD/Voice).

O'Hara Named Chair

Mary O'Hara, Minneapolis, has been appointed by Gov. Perpich as chair of the Minnesota State Council for the Handicapped. O'Hara has been a council member since 1978 and has been involved in many areas of legislation that have provided opportunities for independent living, housing opportunities, building accessibility and attendant care. She was also director of the Handicap Housing Service from 1976-79 and played a key role in the "Access Minnesota" project that led to successful accessibility legislation. She is also a member of the League of Disabled Voters.

PUBLICATIONS

--The Office of Information and Resources for the Handicapped, U.S. Department of Education, has published a brief overview of the federal funding process as it relates to the developmental disability field. The publication is intended to direct first-time grant seekers to the proper funding source. Included in the six-page article is "Resources for Funding Information," which lists a variety of organizations and publications that provide more funding information. Single copies may be obtained from: Office of Information and Resources for the Handicapped, 400 Maryland Av. S.W., Rm. 13106, Washington, D.C. 20202.

--Single copies of the Directory of Living Aids for the Disabled are available at no charge from the Veterans Administration Marketing Center, Code 904G, P.O. Box 76, Hines, Ill. 60141.

--The Clearinghouse on the Handicapped is updating the mailing list for its quarterly newsletter, Programs for the Handicapped. The newsletter reports on all aspects of the federal government's involvement with handicapped citizens, reviews new publications and announces the dates and location of various professional meetings and conferences throughout the year. Anyone interested in receiving the publication may write to: Clearinghouse for the Handicapped, U.S. Department of Education, Rm. 3119, Switzer Bldg., 330 C St. SW., Washington, D.C. 20202.

WORKSHOPS, CONFERENCES

Oct. 21-22

The Minnesota Speech-Language-Hearing Association (MSHA) is sponsoring a one-and-one-half-day seminar, "The Use of Microcomputers and the Communicatively Handicapped Individual," at the Holiday Inn-St. Paul North, 2459 N. Cleveland Av., St. Paul.

The sessions will present a balanced mix of information about the simpler mechanical aspects of computer operation, recent hardware and software applications to communicative disorders and the provision of efficient services to users of augmentative systems. "Hands-on" lab experience will also be offered to the participants.

The fee for MSHA members is \$35; for non-members, \$45. For more information call MSHA office at (612) 935-5057.

Nov. 5

The fall state meeting of the Spina Bifida Association of Minnesota (SBAM) will be held at the Vinland National Center in Loretto, Minn. from 9 a.m. to 3 p.m. For more information, write SBAM, P.O. Box 29323, Brooklyn Center, Minn. 55429-0323.

Nov. 12

Parents and Physicians, a workshop for parents who want to become better communicators with their child's doctor and other health care professionals will be held from 8:30 a.m. - 1 p.m. at Gillette Children's Hospital, 200 E. University Av., St. Paul. Registration is \$5 and forms are available by calling (612) 291-2848, ext. 146.



INFORMATION EXCHANGE

STATE
SUPPLEMENT

Developmental Disabilities Program
201 Capitol Square Building
550 Cedar Street
St. Paul, Minnesota 55101

Minnesota State Planning Agency
Roger Strand 612/296-4018
Editor



MINNESOTA DEVELOPMENTAL DISABILITIES PROGRAM ISSUES REQUEST FOR PROPOSAL

October 1983

The Minnesota Developmental Disabilities Program of the State Planning Agency announced that funds will be made available again this year through the McKnight Foundation. The funds are to be used to solve problems in delivery of services to persons with developmental disabilities who are not mentally retarded. This program is not intended to provide funds for planning or research, nor replacement due to state or federal budgetcuts. Typically, grant applications would address problems caused by fragmentation of service delivery systems, usually solved through coordination and operation.

Grant applications are due no later than 5 p.m. on Nov. 11, 1983. The request for proposal and grant application forms may be obtained from: Developmental Disabilities Program, State Planning Agency, 201 Capitol Square Bldg., 550 Cedar St., St. Paul, Minn. 5101. Tel. (612) 296-4018.

COMMUNICATIONS LOAN BANK OFFERS EQUIPMENT

United Cerebral Palsy of Minnesota has established a loan bank of communication equipment to assist non-speaking persons with cerebral palsy in meeting their communication needs. Items are available for loan to professionals throughout the state working with this population. The loan bank will be expanded as funding is made available and need is shown.

For further information, loan bank policies and a list of available communication devices, contact: United Cerebral Palsy of Minnesota, 1821 University Av., St. Paul, Minn. 55104. Tel. (612) 646-7588.

NORTHWESTERN BELL ANNOUNCES RESOURCE CENTER AND INTEREST-FREE LOANS FOR DISABLED PERSONS

A new resource center for disabled persons was announced by Northwestern Bell Telephone Co. The new center will demonstrate many telecommunication devices, offer repair service and give advice on how to select and operate special communication equipment, according to Vern Heglund, manager of Bell's Telecommunication Center for Disabled Customers (TCDC). Heglund expects the new center to be opening by January 1984 in downtown St. Paul. The center will serve Minnesota, Nebraska, Iowa, North and South Dakota.

For Minnesota customers, the new resource center will also process interest-free loans for the purchase of telecommunication equipment. Amounts from \$50 to \$1,600 may be borrowed, with up to five years to pay. This interest-free loan program began in September 1983. Contact the TCDC for more information: Northwestern Bell, TCDC - Rm. 142, 200 S. 5th St., Minneapolis, Minn. 55402. Tel. (612) 344-5922 or (800) 223-3131 (toll-free).

TOLL-FREE OPERATOR ASSISTANCE AVAILABLE FOR TDD USERS

Persons using Telecommunication Devices for the Deaf (TDD) may now dial 1 (800) 855-1155 for free operator assistance. The TDD operator can help the user in reaching or finding numbers, reporting problems and getting credit for over-payments. The TDD operator can also assist persons in the use of telephone credit cards and in making collect calls or person-to-person calls.

TIPS ON MANAGING STRESS

"Stress is like an ice cream cone...you have to learn to lick it!" says an attractive one-page flier recently distributed by the American Red Cross in St. Paul. Although stress cannot be avoided, "we can learn to cope with it in a healthy manner," the flier states. Some ways to do this are:

- Engage in physical exercise like walking, running, tennis, gardening and bicycling. Exercise discharges excess energy generated during times of stress.
- Eat a well-balanced diet. Under stress people may eat carelessly, or compulsively.
- Get enough sleep and rest. Lack of sleep may cause irritability, which lessens the ability to deal with stress.
- Avoid overcommitment. Set aside time for self-satisfaction.
- Let go of immediate pressure. Some ways to do this are meditation, relaxation, deep-breathing exercises, or becoming involved in other activities or hobbies.
- Share concerns with someone you trust. If this is not helpful and reassuring, it may be beneficial to seek professional help.
- Manage your time. Plan daily tasks and accomplish the most important. Do not procrastinate.

Copies of the flier are available from the Minnesota Developmental Disabilities Program, State Planning Agency, 201 Capitol Square Bldg., 550 Cedar St., St. Paul, Minn. 55101. Tel. (612) 296-4018.

EPILEPSY FILM WINS AWARD

A film produced by the Comprehensive Epilepsy Program of the University of Minnesota has received an award from the British Medical Association. The film, "Epilepsy: First Aid for Seizures," was awarded a certificate of educational commendation by the British Life Assurance Trust for Health Education. The film may be rented from the Audio Visual Library Service, University of Minnesota, 3300 University Av. SE., Minneapolis, Minn. 55414. Tel. (612) 373-3810.

COMPUTER USER NETWORK LINKS PEOPLE, RESOURCES AND IDEAS

For the human service professional, a user who is seldom a computer programmer, computer systems are often more full of surprises than help. The Computer Use in Social Services (CUSS) Network was created for the human service user to reduce the surprise and boost the help. The goal of the network is simple -- to connect people with similar interests and needs. This is done primarily through a quarterly newsletter published by the CUSS Network.

Membership in the CUSS Network costs \$10, \$5 for students and \$15 for institutions. For more information, contact: Computer Use in Social Services Network, University of Texas at Arlington, Box 19129, Arlington, Texas 76019. Tel. (817) 273-2707.

PUBLICATIONS

--Whatever You Decide: A Workbook for Teaching People Who Are Mentally Retarded How to Make Choices and Assert Themselves, J. Mohr, Advocating Change Together, 1983. This 80-page workbook was written with the assistance of people who are mentally retarded and who are quoted throughout the text. To obtain a copy, send payment of \$7.50 (Minnesota residents add 6% sales tax), plus \$.75 for postage to: Advocating Change Together, 1509 Nicollet Av., Minneapolis, Minn. 55403.

--From the 60s into the 80s: An International Assessment of Attitudes and Services for the Developmentally Disabled is a collection of papers from a conference sponsored by the Young Adult Institute and Workshop, Inc., of New York, April 6-10, 1981. The conference was intended to celebrate two decades of achievements in the field of mental retardation and to credit Niels Bank-Mikkelsen and Bengt Nirje as authors and chief proponents of the normalization principle. The book is available at \$15 from: Young Adult Institute and Workshop, Inc., 460 W. 34th St., New York, NY 10001.

JOB OPPORTUNITY

Behavior Analyst - Staff Trainer

Human Services Specialists, Inc. anticipates hiring in October a Ph.D.-level person with skills in behavior management and staff training to work with staff and clients from developmental achievement centers in the north central region of Minnesota. The trainer will be based in Brainerd and work with programs in Beltrami, Cass, Crow Wing, Hubbard, Morrison, Todd and Wadena Counties.

To apply, you must have at least two years experience in behavior management and the provision of community services to the developmentally disabled. You should also have experience in training colleagues and be willing to travel. Send a letter stating interest in the position, a detailed professional vita and a schedule of availability for interview.

For further information, contact: Russell Tyler, Ph.D., Human Services Specialists, Inc., 723 S. 5th St., Brainerd, Minn. 56401. Tel. (218) 829-2726 (24-hour answering).

EVENTS

Oct. 14-16

"Parents Plus Support Equal Success" is the theme of a national parent-to-parent support group conference in the Red Lion Inn in Ontario, California. Workshops are planned on how to start a parent group, how to keep it going, planning for the future of children with disabilities and on the issues of siblings and single parents.

For further information, contact: Joanne M. Travers, Project COPE, 9160 Monte Vista Av., Montclair, Calif. 91763. Tel. (714) 982-2442.

Oct. 29

1983 Minnesota League of Disabled Voters (MLDV) conference will be held at the Holiday Inn in St. Cloud. The organization provides opportunities for people with disabilities to play a more active role in political and governmental activities.

For registration and information, contact: MLDV, 1821 University Av., St. Paul, Minn. 55104. Tel. (days) Scott Rostron (612) 296-5085; and (evenings) Carolyn Emerson (612) 729-7402.

Nov. 2

A one-day conference titled, "Factors Influencing Child Development: An Update on Genetics and Mental Retardation, Epilepsy, Fetal Alcohol Syndrome, and Neuro-Tube Defects (Spina Bifida)" will be held at the Atwood Center on the St. Cloud University campus. Registration is required: \$10 for human service professionals and \$5 for students and parents. Contact: Central Minnesota Health Systems Agency, 113 Division St., Sauk Rapids, Minn. 56379. Tel. (612) 253-2930.

Nov. 3-5

"Interdependence: The Next Decade" is the theme of the 10th Annual Conference of The Association for the Severely Handicapped (TASH), which will take place at the Cathedral Hill Hotel in San Francisco, California.

For more information, contact: Hiroko Roe, Conference Coordinator, TASH, 7010 NE. Roosevelt Way, Seattle, Wash. 98115. Tel. (206) 523-8446.

Dec. 1, 2

A conference on "Integrating Behavior Modification with Modern Technology and Adapted Environments" will be held at the Earle Brown Center for Continuing Education on the St. Paul campus of the University of Minnesota. Presentations will address the creative use of technology in the 1980s and the incentives and disincentives for using technology with clients who are mentally retarded. Cost: \$80.

For further information, contact: Mary Kay Wood, program director, Continuing Education in Social Work, University of Minnesota, 107 Armory, 15 SE. Church St., Minneapolis, Minn. 55455. Tel. (612) 373-5831.

YEARNING FOR LEARNING

The state Developmental Disabilities (DD) Program office has acquired several education, training and resource materials. They may be borrowed from each of the regional DD offices and from the state program office in St. Paul. Each month, we highlight selections from these resources.

New Life in the Neighborhood: How Persons with Retardation or Other Disabilities Can Help Make a Good Community Better, R. Perske and M. Perske, Abingdon, 1980. This book describes how persons with disabilities are capable of functioning in the mainstream of community life. It demonstrates how their presence in the neighborhood can be a unique, positive experience. The authors conclude that, "The discoveries and skills learned in neighborhood settings, from mutually healthy relationships with people who have handicaps, will lead us to find a valuable new principle: the more advanced civilization becomes, the more it will understand, value, and relate healthily to its members who have severe handicapping conditions." Available from both state and regional developmental disabilities offices.

Metropolitan Council DD Program
300 Metro Square Bldg.
7th and Robert Sts.
St. Paul, MN 55101

TIME DATED MATERIAL

Teaching Developmentally Disabled Children: The "Me Book," O.I. Lovaas, University Park Press, 1981. This book provides teachers, nurses and parents an instructional program that shows how to help developmentally disabled children to function successfully at home, in school and in the community. Programs and exercises are presented step by step in plain language so instructors learn as they teach. Proceeding from easy to more complex behaviors, the program lays the groundwork for a continuing plan of development and improvement that proceeds at the child's own pace. Available from the state DD office only. Tel. (612) 296-4018.

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INFORMATION EXCHANGE

NOV 30 1983



Published monthly by the Developmental Disabilities Program of the Metropolitan Health Planning Board

Metropolitan Council
300 Metro Square Building
St. Paul, Minnesota 55101
Toni Lippert: 291-6364

Vol. 8. No. 12
December 1983

METRO DD PROGRAM NEWS

Employment Workshop Planned

A workshop on the employment model, Vocational Education Alternatives (VEA), will be held Dec. 9 and 10 at the Metropolitan Council Chambers, 7th and Robert Sts., St. Paul, Minn. Presentors are Patricia Dobbe Beebe, executive director of the Madison, Wisconsin agency and Kim Kessler job retention specialist/job developer. VEA has been training and placing severely handicapped persons in part-time and full-time employment for the past three years. The workshop schedule is 1-8 p.m. Friday, Dec. 9 and 9 a.m. till noon on Saturday, Dec. 10.

The workshop is sponsored by the Metropolitan Council's Developmental Disabilities program. It will provide persons interested in employment placement and training techniques for adults who are developmentally disabled, with information on a current, successful model to raise parent and provider expectations for severely handicapped persons. It should also stimulate current adult day program providers and parents to examine other successful employment models and begin to implement these strategies in Minnesota day programs.

The workshop is targeted to consumers, their families, county casemanagers, staff of adult developmental achievement centers, work activity centers, sheltered workshops, special education on the secondary level, post-secondary educators, vocational rehabilitation counselors and other program personnel who work with severely handicapped adults.

Workshop (Continued)

Registration is limited to 100 participants. The registration fee is \$35 for both days. Single day registrations will not be available because of the continuity of the presentation. Pre-registration is required. A registration form is printed on page four and can be duplicated for multiple registrations. Checks must accompany the form(s). Persons who have not pre-registered will be admitted only if space is available. A late fee of \$5 will be added to the registration fee. Phone reservations will not be accepted.

Workshop participants are responsible for their own meal arrangements and hotel accommodations. The Radisson Plaza and Econo-Lodge in St. Paul are within close walking distance to the Metro Square Building and have special week-end rates.

Current Status of DD Project

The Metro DD Community Work Training Demonstration Project, which is jointly funded by the Metropolitan Council and the state Developmental Disabilities Planning Office of the State Planning Agency is finally underway. The project is administered through the Metro DD Program. The project will place and train 30 adults who are developmentally disabled in community businesses for on-site job training which can lead to part or full-time employment. The project strategy is adapted from the Vocational Education Alternatives model which is described in this issue.

DD Project (Continued)

Terry Kayser, DD research analyst, will act as field coordinator and Toni Lippert will be responsible for project management.

In addition, two consultants have signed contracts to provide specialist services which include job procurement, training and monitoring to assure job retention. The consultants are Vickie Byrne and Don Gregory who have had experience in providing similar services to developmentally disabled adults.

A project advisory committee has been appointed by the Developmental Disabilities Task Force (DDTF) and includes representatives of agencies who participated in the development of the project. The committee will advise the task force and serve as resource experts to the project staff. The committee includes:

- Christy Boswell, associate director of the Association for Retarded Citizens/Hennepin County;
- Tim Burkett, project director, McDonell Development Achievement Center;
- Mike Corman, project coordinator representing Dakota County;
- Ed Van Allen, project coordinator representing Ramsey County;
- Luanna Voeltz, Ph.D., director, Consortium Institute, University of Minnesota;
- Gary Warrington, program coordinator, Emerson School, Minneapolis; and
- Bill Niederloh, Minnesota Division of Vocational Rehabilitation.

Kathryn Beebe, DDTF chairperson, will chair the project advisory committee.

The project needs several training assistants to continue the instructional plan for the project clients since extended training may be required due to clients' substantial handicapping conditions. The training assistants will be paraprofessionals or post-secondary level students who can work 20 to 40 hours per week. Training assistants should have had some experience in direct work with developmentally disabled

DD Project (Continued)

(severely handicapped) adults. Interested readers may call Terry Kayser at (612) 291-6356.

Status reports of this project will appear periodically in this newsletter.

Election Victories for Task Force Members

Two members of the Developmental Disabilities Task Force (DDTF) were elected in recent local elections. Sharon Sayles was elected to the Minneapolis City Council from the Eighth Ward. Sharon, as a parent of a developmentally disabled daughter is a consumer representative on the task force and is serving her second term. Al Oertwig was elected to the St. Paul School Board. He works for the Department of Public Welfare and is a provider representative on the force. He is completing his first term on the task force.

Congratulations to Sharon Sayles and Al Oertwig. The communities they serve will be enriched for having people with experience in the field of developmental disabilities making public policy decisions.

FOR YOUR INFORMATION

McKnight Funds New Project

"Operation: Family Care" is a new project funded by the McKnight Foundation, administered by the Developmental Disabilities Program State Planning Agency and sponsored by the Greater Minneapolis Day Care Association (GMDCA).

The project has two goals: to train people interested in caring for significantly handicapped children and to identify those who may already have skills in this area.

A 20-hour training course will be offered starting Jan. 28 and after completing the course, students will then participate in five hours of practicum experience.

'cKnight Project (Continued)

GMDCA has a computer referral network to link skilled caregivers and parents. Persons trained or experienced in caring for special-needs children may register with the computer service. There is no charge for this service. Registration provides a link between parents and caregivers but arrangements for care are left to the two parties.

For more information on the course, or to receive a registration form for the computer referral system, contact Linda Rees, project coordinator at (612) 823-7243.

Labels Needed

People's Child Care Residence is collecting labels from Campbell's Soup products. This is an ongoing project and over the past several years, labels have been redeemed for audiovisual equipment, games and playground toys for the developmentally disabled children living at the child care residence.

Several churches, organizations, parents and friends assist with this project. Save the labels from Campbells, Franco-American, Swanson, Prego and V-8 cans. Labels can be delivered or mailed to People's Child Care Residence, 1611 Ames Av. St. Paul, Minn. 55106.

For more information, call Peg Wiechman at (612) 774-5940.

DEINSTITUTIONALIZATION FISCAL INCENTIVE

The Association for Retarded Citizens/ United States (ARC/US) has developed a proposal for federal legislation that would reconstruct Medicaid funding so that over a 10-15 year period, funds would be shifted from long-term institutional arrangements to community-based, integrated, family-scale environment.

While the proposed legislation does not close institutions, it encourages states

Fiscal Incentive (Continued)

to reduce institutional populations by increasing the federal Medicaid match for each persons during his or her first five years in community placement. Additional kinds of community living arrangements and services would be funded through Medicaid.

Independent evaluations of both institutional and community care would be required under the legislation. Individualized written plans would also be required, with participation by the individual and family as well as professionals of various disciplines. Individuals needing structured 24-hour care would have access to such care in small facilities in the community. For those with less intensive needs, Medicaid would help fund group home, foster care, apartment living, or at-home services.

The Community and Family Living Amendments of 1983 are still in draft form. For a copy of the proposal, write the ARC Governmental Affairs Office, 1522 NW. "K" St., Suite 516, Washington, DC 20005.

CAMP INFORMATION

Camp Friendship begins its winter camping schedule on Dec. 27 with nine one-week sessions offering winter activities.

The first two sessions, which begin on Tuesdays and end on Saturdays, cost \$160 each. The other seven sessions costing \$170 each begin on Sundays and end on Fridays.

For more details and registration information, contact Camp Friendship, Rt. 3, Annandale, Minn. 55302. Tel. (612) 274-8376.

SPECIAL RELIGIOUS EDUCATION OFFERED

Some interested in special religious education for persons who are developmentally disabled may contract the Catholic Education Center of the St. Paul Minneapolis Archdiocese. The staff is willing to help establish new programs, upgrade current parish programs, or help developmentally disabled persons become part of existing parish programs.

For more information, contact Brigid O'Donnell, Catholic Education Center, 328 W. 6th St., St. Paul, Minn. 55102. Tel. (612) 291-4519.

Courage Cards Available

The 1983 Courage Cards catalog is available and will be sent free to interested individuals. The catalog features fine quality, original art holiday greeting cards, many of which are designed by artists who are disabled. The cards are available on a suggested donation basis, with 10 percent being tax deductible. They can be purchased at various locations throughout the Twin Cities and are available year-round at Courage Center. All income from the cards is used to support Courage Center's programs for children and adults who are disabled.

PUBLICATIONS

Sexual abuse prevention materials for the disabled community have been developed by the Department of Correction's Victims of Sexual Assault program. An educational curriculum entitled Preventing Sexual Abuse of Persons with Disabilities: A Curriculum for Hearing Impaired, Physically Disabled, Blind and Mentally Retarded Students has been developed and piloted. Two brochures, "Are Children with Disabilities Vulnerable to Sexual Abuse?" and "Say No, Get Away and Tell Someone," have also been prepared.

The curriculum was developed for professionals who work with disabled persons and can be used with individuals or groups in a variety of settings. It contains information on the vulnerability of individuals with disabilities to sexual abuse, background information on sexual assault, parent training materials, information on sexuality and disability, and lesson plans for hearing-impaired, physically disabled, blind and mentally retarded adolescents. The materials for students can be presented in eight or nine sessions.

A limited number of copies of the curriculum and brochures are available at no charge to Minnesota residents. To order, contact Minnesota Program for Victims of Sexual Assault, 430 Metro Square Building, St. Paul, Minn. 55101. Tel. (612) 296-7084.

REGISTRATION FORM

VEA WORKSHOP - DECEMBER 9 and 10, 1983

(No phone reservations will be accepted. Registration with forms and checks only)

Name _____ Phone () _____

Address _____
Street City State Zip

Agency/Organization _____

Please enclose check for \$35. Make checks payable to: Metropolitan Council: DD Program. Detach this form and mail immediately to DD Program, Metropolitan Council, 300 Metro Square Building, St. Paul, MN 55101. Checks must be received by 5 p.m. Dec. 8.



INFORMATION EXCHANGE

STATE
SUPPLEMENT

Developmental Disabilities Program
201 Capitol Square Building
560 Cedar Street
St. Paul, Minnesota 55101

Minnesota State Planning Agency
Roger Strand 612/296-4018
Editor



FEASIBILITY OF MERGING HUMAN SERVICE ADMINISTRATIVE FUNCTIONS STUDIED

December 1983

The State Planning Agency is currently studying the feasibility of merging the departments of Health, Public Welfare, and Economic Security.

This study was mandated by the 1983 Legislature and has recently expanded to include the Department of Economic Security.

Several initiatives have been taken to date with this study:

- Rich Dethmers within the Division of Human Services has been given lead responsibility for the study.
- A team approach has been utilized involving teams from Health, Welfare, Economic Security, Finance, Administration, and the State Planning Agency.
- Each agency in the study is carrying out an analysis of all internal programs and activities in order to determine existing and potential interagency linkages.
- A request for suggestions and input has gone out to nearly 500 agencies, organizations and professional groups who are interested in or affiliated with these state agencies.
- Other state agencies that share program responsibilities with these three agencies are being asked to identify a lead staff person and to analyze any programs where there is now or should be a relationship between the three agencies.

Information gathering is almost completed. The next step will be to identify "clusters" of similar programs and activities and examine problems and

Feasibility Study (Continued)

opportunities for linking agencies together to interact more effectively, with these programs. A process will be established to identify a range of possible solutions to problems in each cluster area. It is anticipated that all appropriate agencies with responsibility relating to these clusters will be involved in this process.

The next step will be to examine alternative solutions to problems of interagency coordination identified in each cluster. "Solutions could range from informal agreement between program managers to formal memos of agreement, to structure interagency coordinating mechanisms, and finally to transfer or merger of some programs or activities," Rich Dethmers said.

There has been one formal progress report on the study to the Senate Health and Human Services Committee of the State Legislature. For further information, call Rich Dethmers at (612) 296-3089.

FEDERAL DISCRETIONARY FUNDS ANNOUNCED

As announced in the Federal Register (Oct. 18, 1983), the Office of Human Development Services (OHDS) will receive preapplications for its Coordinated Discretionary Funds Program by Dec. 6. The Administration on Developmental Disabilities is one of several constituents participating in this joint funding process. One of the goal areas addresses the developmentally disabled adult. For further information, contact OHDS, Division of Research and Demonstration, 200 Independence Av. SW., Room 732E, Washington, DC 20201. Tel. (202) 245-6235.

EPILEPSY GRANTS AND FELLOWSHIPS ANNOUNCED

The Epilepsy Foundation of America announced the availability of a variety of grants and fellowships to be awarded in 1984. The grant programs are designed to support basic and clinical research in the biological, behavioral and social sciences that will advance the understanding, treatment and prevention of epilepsy. Fellowships provide stipends to students in clinical research, medicine, vocational rehabilitation and the social sciences.

For more information, contact Epilepsy Foundation of America, 4351 Garden City Dr., Suite 406, Landover, Md. 20785. Tel. (301) 459-3700

TRAINING RESOURCE OFFERS SERVICES

Technical assistance and training services are available on a fee basis from the National Resource Center for Paraprofessionals (NRCP in New York City). This center was developed by the New Careers Training Laboratory at the graduate school of the City University of New York and has, until recently, been funded through federal funds. Services are aimed at improving quality of care in educational and related programs.

For more information, contact: Anna Lou Pickett, director, NRCP, 470 E. West End Av., New York, NY 10024. Tel. (212) 840-1278 or (212) 873-8697.

CANADIAN ORGANIZATION OFFERS TOY LIBRARY GUIDES

A kit of four booklets and a wall chart published by the Canadian Association of Toy Libraries (C.A.T.L.) help to organize and select toys for special centers and lending libraries:

- Introduction and Bibliography,
- Selection Criteria,
- Organization and Toy Lending System, and
- Special Toys for the Physically Handicapped Child.

Toy Library (Continued)

"A Chart of Selected Toys and Related Skills" lists about 100 toys readily available. To order, send \$7.50 to C.A.T.L., 1207-50 Quebec Av., Toronto, Ontario M64 4B4, Canada.

HOW CURRENT IS YOUR LOCAL PUBLIC LIBRARY?

This was one of the questions asked last year by a group of concerned parents in the Association for Retarded Citizens (ARC) of Dakota County, who decided to find out. Since then, five local libraries were contacted, and over 60 books about mental disabilities were thoroughly reviewed and evaluated. Over 50 books are yet to be scrutinized. As was anticipated, several documents were found to be outdated and other information was missing altogether.

As a response, packets of materials were assembled on certain topics, such as on Downs Syndrome, and were distributed to each library as well as to medical clinics and hospitals. These volunteer parents hope to make their book reviews available to library users, and plan to explore some fund-raising ideas for future library purchases. "Not only has this project served as an excellent learning experience," said Diane Halverson, ARC staff member. "but it has been the type of project that has involved volunteers during flexible hours and has great promise of providing a needed service to the general community."

For more information, contact Diane Halverson, ARC/Dakota County, 33 E. Wentworth Av., Suite 105, W. St. Paul, Minn. 55113. Tel. (612) 457-2588.

PUBLICATIONS

New Directions and Capitol Capsule are two monthly newsletters published by the National Association of State Mental Retardation Program Directors, Inc. (NASMRPD). These resources provide current information on congressional legislation, federal administration activities, program techniques, funding

Publications (Continued)

sources, state legislation and litigation. New subscribers will receive a complimentary copy of the NASMRPD "Update on the Medicaid Home and Community Care Waiver Authority". Annual subscription rates are \$40 for both publications, \$30 each if ordered separately. Contact NASMRPD, 113 Oronoco St., Alexandria, Va. 22314. Tel. (703) 683-4202.

Longitudinal Study of the Court-Ordered Deinstitutionalization of Pennhurst: Implementation Analysis #3: Issues Affecting Complex Litigation, Human Services Research Institute, 1983. As part of a larger study, the report focuses on the key issues affecting the implementation of the court decree in the Pennhurst case in Pennsylvania and compares these issues with similar deinstitutionalization efforts through court actions in Maine, Michigan, Massachusetts and Minnesota. Project staff designed a comparative analysis to assess the following four potential effects of the litigation within a state:

- State legislative "backlash" against mental disabilities litigation and/or deinstitutionalization;
- Strong and vigorous opposition to continued deinstitutionalization on the part of unions representing institutional employees;
- Alienation between the compliance monitor or master and state mental retardation authorities; and
- Schisms among parents of retarded citizens regarding the future of institutional care.

Two cross-cutting themes were observed throughout the discussion "that appear to shape the events in virtually every state." The first major theme is the effect that scarcity and austerity have on the acceptability of litigation, on the reaction of key groups in the system and to broad scale reform. The second theme that emerges is the durability of court-ordered reform over time and the factionalization and polarization that sometimes occurs as implementation of a decree extends over a prolonged period of time.

Pennhurst Report (Continued)

A limited supply of this report is available at the cost of \$10 from: Human Services Research Institute, 120 Milk St., 8th floor, Boston, Mass. 02109.

Behavioral Residential Treatment is a new quarterly journal focusing on utilization of behavioral techniques in residential treatment environments. For subscription information, contact Journals Division, Van Nostrand Reinhold Co. Inc., 135 W. 50th St., New York, NY 10020.

EVENTS

Dec. 3.

"Positive Touch," with Alan R. Zimmerman, Ph.D. presenting, is a workshop on the importance of physical contact (touching) in healthy human relationships. Fee: \$35. (.7 continuation education credits available). Location and more information available through: Registration, University of Minnesota, Rochester Center, Friedell Bldg., 1200 S. Broadway, Rochester, Minn. 55904. Tel. (507) 288-4584 or (612) 224-3106.

Dec. 3, 4

"Fourth Annual TDD Fair" at Hamline University will feature telecommunication devices for the deaf (TDD). It will be held at the A. G. Bush Student Center on Snelling and Hewitt Avs. in St. Paul. Admission is free and there will be door prize drawings. For more information, contact Robert Cook, 8355 Glenbrook Av., Cottage Grove, Minn. 55016.

Dec. 15, 16

"Creating Well-Rounded Activity Programs" is the theme of this one and one-half day in-service training program sponsored by the Association of Residences for the Retarded in Minnesota (ARRM). It will be held at the Holiday Inn--Capitol in St. Paul. For further information, contact: ARRM, 459 Rice St., Suite 302B, St. Paul, Minn. 55103. Tel. (612) 291-7475.

YEARNING FOR LEARNING

The state Developmental Disabilities (DD) Program Office has acquired several education, training and resource materials. They may be borrowed from each of the regional DD offices and from the state program office in St. Paul. Each month, we highlight selections from these resources.

A Reader's Guide for Parents of Children with Mental, Physical or Emotional Disabilities, Maryland State Planning Council on Developmental Disabilities, 1983 Update. The authors of this comprehensive, annotated bibliography maintain that, "Raising a child who is handicapped requires more knowledge and understanding--of the child, of oneself, and of others--than is required in raising a child who is not handicapped. Reading about the experiences of others, learning about sources of help, and becoming familiar with what professionals are advising are activities that can provide a bewildered parent with some of the tools that will make the job of child-rearing more successful and satisfying."

Victims, Aggressors and the Family Secret, C. R. Watkins, Minnesota Department of Public Welfare, 1982. This book explores what is known about violence when it occurs in the family. It identifies the commonalities among family aggressors and victims and the factors that facilitate violence. Intervention strategies are examined, and recommendations for action are made.

HOW TO BORROW:

These two selections are available from the state office only. Call (612) 296-4018, or write Developmental Disabilities Program, 201 Capitol Square Bldg., 550 Cedar St., St. Paul, Minn. 55101